

Barrington Public Schools
Special Education Advisory Committee (SEAC)
Meeting Agenda

Wednesday, March 17, 2021 @ 7:00 pm

ZOOM LINK

<https://us02web.zoom.us/j/85892155614?pwd=bHFOsSjZhVG1kVklaVTFoa1dXbzE5Zz09>

Meeting ID: 858 9215 5614
Passcode: 502223

1. Call to order
2. Approval of the minutes from the Feb 10th SEAC meeting
3. Follow up from last meeting
4. Discussion Topic:
 - a. ***Coping with COVID Using Positive Psychology***
 - i. Guest Presenter: ***Pam Garramone, M.Ed.***
If you're feeling extra stressed or anxious, you're not alone. First time in a pandemic, first time working from home, first time homeschooling, the list goes on. A lot of first times can equal more stress and anxiety. In this interactive presentation, learn about Positive Psychology, the Science of Happiness, and how this approach can help you weather this pandemic. Participants will learn practical strategies to increase resiliency, coping skills, and happiness for you and your children during this difficult time.
 - b. Special Education Task Force Updates
5. Public Comment
6. Adjourn

All are welcome at our meetings. Individuals requiring any accommodations for disabilities, please notify Barrington Public Schools at 401-245-5000 (TTD 401-247-3750) not less than 48 hours in advance of the meeting.

Posted on Friday, March 12, 2021 at Barrington School Administration, Barrington Town Hall and Rhode Island Secretary of State web site.

Next SEAC Meeting is Wednesday, April 14, 2021 @ 7:00 pm