

# **ROE#39–Upcoming FY24 PD Workshops**

## **Updated 2/1/2024**

(All training links are also available at [roe39.org](http://roe39.org) under Professional Development)  
(A copy of this document with clickable links will be emailed the first part of every month.  
(Please add [roe39@learning-stream.com](mailto:roe39@learning-stream.com) to your address book.)

### **Independent Book Study – K-2: Shifting the Balance: 6 Ways to bring the Science of Reading into the Balanced Literacy Classroom**

**Location:** Online

**Dates:** Now until March 31

**Cost:** \$25

**PD Credit:** 8

**Facilitator:** Sarah Smith

**Description:** This is an independent book study for K-2 teachers for the book: Shifting the Balance- 6 Ways to bring the Science of Reading into the Balanced Literacy Classroom.

Participants are responsible for buying or borrowing their own book.

Participants will read each chapter (there are 6) and answer 5 questions about the chapter.

After going through the entire book, participants will email the responses to Sarah Smith at the regional office via email.

Completing this book study is worth 8 professional development hours.

The book study must be completed by March 31st. [To Register:](#)

### **Unlocking Your Leadership Potential – Dr. Lionel Allen**

**Location:** Online via Zoom

**Dates:** See Below

**Time:** 8-10am

**Cost:** Fees are covered by the Area 4 SEL Hub

**PD Credit:** 2

**Presenter:** Dr. Lionel Allen

**Description:**

Join us for exclusive sessions with the renowned Dr. Lionel Allen, a dynamic and inspiring leader in the field of education. Dr. Allen's sessions are not just informative; they are transformative! Each time you engage with him, you can expect fresh insights, innovative perspectives, and practical strategies that you can immediately apply in your role. Dr. Allen's sessions are meticulously curated to address the current challenges and opportunities that administrators face in today's ever-evolving educational landscape. He brings cutting-edge ideas and research to the forefront, ensuring that you stay ahead of the curve. This professional development opportunity is not just about learning from a seasoned expert; it's also about connecting with other administrators. You'll have the chance to collaborate, share experiences, and build a valuable network of peers who can support you on your leadership journey.

**Session 6 - February 8, 2024**

Organizational Culture/What ‘Followers’ Need – [To Register:](#)

**Session 7 - March 21, 2024**

Building Organizational Capacity – Registration will come later

**Session 8 - April 25, 2024**

Cycles of Inquiry – Registration will come later

**Session 9 - May 16, 2024**

Feedback as a Tool for School Improvement – Registration will come later

**Developing Special Education Leaders Series (Online via Zoom)**

**Time:** 9am-11am

**Cost:** Fees paid by IESE Network in partnership with OSEP and ISBE.

**PD Credit:** 2

**Presenter:** Melina Miethe of IESE

**Description:**

This training is for administrators and teacher leaders who are looking to grow their knowledge, skills, and leadership in special education. In this series, participants will take a deep dive into the processes and procedures for helping students with disabilities, from the early stages of intervention through facilitating productive IEP meetings. Each session will feature a deep dive, opportunities to build your leadership toolkit exploration of current issues, community resources, and roundtable discussions.

**Dates and Topics:**

**Feb. 13th-** Administrators Role in the IEP process [To Register:](#)

## **Assistant Principal Leadership Network-LAST 2 SESSIONS!!**

**Location:** ROE #39

**Dates:** See Below

**Time:** 4pm-6pm

**Cost:** \$25 each session

**PD Credit:** 2 each session

**Presenter:** Sarah Smith

**Description:** Calling all Assistant Principals!!! Come join us for collaboration sessions with others who do the work you do! We will host 7 sessions this school year around a variety of topics. The following are the topics and sessions we will be offering.

2/20- Session 6 - Procedures and Processes to support you [To Register:](#)

4/16- Session 7 - Reflecting Back and Planning Forward [To Register:](#)

Sessions will have tips to take with you, time to talk through problems of practice, guest speakers, resources and snacks! We hope to see you there!

## **Taking Care of Ourselves so We Can Give Our Best to Others-6 Sessions**

**(Sessions 1-5 Online via Zoom; Session 6-In-Person at ROE #39)**

**Dates:** See below

**Time:** Sessions 1-5 3:30-5pm; Session 6-8:30am-3pm

**Cost:** Paid for by the Area IV SEL Hub

**PD Credit:** 1.5 hrs (Session 6 is 6 pdh)

**Presenter:** Brenda Bucher & Carrie Hogue

**Description:**

**1/31/24-Session 2- Our Bodies on Stress:** We will explore the way stress and emotions impact our mental, physical and emotional health and develop strategies to release emotions in a healthy way to take better care of ourselves and others.

[To Register:](#)

**2/28/23-Session 3-Life's Toxins and Clutter are Keeping Us Unhealthy-** We will explore strategies to help us detoxify and de-clutter our minds, bodies, classrooms, and homes to allow us to be more present for ourselves and others.

[To Register:](#)

**4/17/23-Session 4-Fuel or Filler?:** We will explore how we fill our physical, emotional, and mental tanks and develop strategies to make positive changes to improve our physical, mental, and emotional health. [To Register:](#)

**5/1/24-Session 5-Quieting the Soul: Strategies to Quiet Our Racing Minds and Restless Bodies:** In this session, we will learn several strategies to help quiet our racing minds and restless bodies to reduce anxiety and stress so we can show up for ourselves and those who need us. [To Register:](#)

**6/12/24-Session 6-(In-Person at ROE #39)-Self Care Retreat-Loving and Healing the Body, Mind, and Spirit:** This in-person workshop will provide us with the opportunity to develop and implement self-help practices that will rejuvenate the body, mind, and spirit. We will explore strategies and provide time to develop self-care plans and practice the skills we learn. [To Register:](#)

**Create an Emotionally Healthy Classroom: Strategies to Increase Student Engagement, Reduce Disruptive Behaviors, and Build a Culture of Learning-**  
**Sessions 1-5 are Online via Zoom-Session 6 is In-person (see below)**

**Time:** 3:30pm-5pm

**Cost:** Paid for by the Area IV SEL Hub

**PD Credit:** 1.5 each sessions 1-5

**Presenter:** Brenda Bucher and Carrie Hogue

**Description:**

**2/15/24:** (Session 2 of 6) Making Connections and Building Relationships with Students, Parents, and Colleagues. In this session, we will discuss struggles that impede the development of relationships with our students, their parents, and our colleagues and explore strategies to make connections and build relationships, which will create a healthier classroom. [To Register:](#)

**3/7/24:** (Session 3 of 6) Understanding and Working with Apathetic and/or Disruptive Students. We will explore the stress and trauma students bring to the classroom and how they manifest in student behaviors. We will examine strategies that reduce student anxiety, apathy, and disruptive behaviors and create an inviting learning environment. [To Register:](#)

**4/18/24:** (Session 4 of 6) Creating Engaging Classroom Activities to Increase Student Learning and Improve Interpersonal Relationship Skills. We will explore a variety of engaging teaching methods and instructional strategies that can be modified for any grade level, subject area, and

student ability, and we will provide time for educators to personalize the methods and strategies to meet the needs of their own students. [To Register:](#)

**5/9/24:** (Session 5 of 6) Think Outside the “Classroom Box”. We will explore ideas that stretch our thinking beyond read, answer questions, turn them in, repeat. We will develop strategies and activities specific to your subject area that will take student engagement and classroom learning to new heights. [To Register:](#)

**6/13/24:** (Session 6 of 6) 6 PD hours- **In-Person Session at ROE #39**. In this in-person session, we will map out the upcoming school year, including beginning of the year activities, strategies to embrace the hills and valleys of the school year, district and state testing, student mobility, and student trauma. [To Register:](#)

### **Becoming a Mindfulness-based SEL Classroom-Online via Zoom-6 Sessions** **(see below)**

**Location:** Online via Zoom

**Dates:** See Below

**Time:** 3:30pm-5pm

**Cost:** Paid for by the Area IV SEL Hub

**PD Credit:** 1.5 each session

**Presenter:** Lindsey Frank and Carrie Hogue

**Description:** For educators and leaders who have already completed Level 1 or who have a solid foundation in mindfulness. Become confident with integrating Mindfulness-Based SEL (MBSEL) into your classroom, school, and life. Create a classroom and school culture where educators and students are connected, emotionally supported, focused, and thrive through infusing MBSEL.

Session 2: 01/30/2024 - Creating a Mindful Classroom Culture [To Register:](#)

Session 3: 02/13/2024 - Moving Through Resistance [To Register:](#)

Session 4: 02/27/2024 - Embedding Mindfulness Throughout the School Day [To Register:](#)

Session 5: 04/16/2024 - Empower Your Confidence & Creativity [To Register:](#)

Session 6: 04/23/2024 - Gaining Support and Sustainability [To Register:](#)

### **Media Mastery:Connecting AI, Social-Emotional Learning, and Media** **Literacy for 21<sup>st</sup> Century Classrooms-6 Sessions**

**Sessions 1-5 (Online via Zoom)**

**Dates:**

Session 1: Tuesday, January 23, 2024 [To Register:](#)

Session 2: Tuesday, February 6, 2024 [To Register:](#)

Session 3: Thursday, March 14, 2024 [To Register:](#)

Session 4: Wednesday, April 10, 2024 [To Register:](#)

Session 5: Tuesday, May 7, 2024 [To Register:](#)

**Time:** 3:45-4:45pm

**Cost:** Paid for by Area IV SEL Hub

**PD Credit:** 1

**Session 6 (In-Person at ROE #39) [To Register:](#)**

Session 6: Tuesday, June 11, 2024 from 8:30am-11:30am

**Presenter:** Julie Smith and Carrie Hogue

**Description:** Navigating today's world isn't just critical thinking - it's critical. This program will help you connect media literacy, SEL, and AI regardless of grade or content area. You'll end up with countless resources to help your students become savvy consumers of the media they consume at the average rate of 11hrs/day. Join Professor, Author, Speaker, and Social Media Evangelist Julie Smith virtually as she introduces the concept & schedule and gives an overview of media literacy.

**ParaEducators – Understanding Eligibility**

**Location:** ROE #39- at 3433 Rupp Parkway

**Date:** 2/14/2024

**Time:** 12:30-3pm

**Cost:** Fees paid by IESE Network in partnership with OSEP and ISBE.

**PD Credit:** 2.5

**Presenter:** Melina Miethe of IESE

**Description:** Understanding a student's disability will allow participants to serve students with strategies to meet their academic and behavior needs. During this professional development participants will learn the 13 eligibility categories that students qualify for Special Education. Participants will gain knowledge of best instructional practices, how to address executive functioning deficits and develop skills in students, as well as strategies to improve academic engagement. [To Register:](#)

### **Special Educators – Effective IEP Meetings**

**Location:** ROE #39- 3433 Rupp Parkway, Decatur

**Date:** 3/13/2024

**Time:** 12:30-2:30pm

**Cost:** Fees paid by IESE Network in partnership with OSEP and ISBE.

**PD Credit:** 2

**Presenter:** Melina Miethe of IESE

**Description:** Running effective IEP meetings will save time and build capacity of relationships between key stakeholders on the IEP team. During this professional development, participants will gain resources to use so that their time is managed well during IEP meetings and key members of the IEP team are present and all voices are heard. This professional development will assist in building a collaborative team and a well written IEP that will be implemented with fidelity. [To Register:](#)

### **ParaEducators – Prompting Students**

**Location:** ROE #39- at 3433 Rupp Parkway

**Date:** 4/24/2024

**Time:** 12:30-3pm

**Cost:** Fees paid by IESE Network in partnership with OSEP and ISBE.

**PD Credit:** 2.5

**Presenter:** Melina Miethe of IESE

**Description:** Understanding the research and strategies behind prompting students will allow support personnel to guide students to become more independent. During this professional development participants will gain an understanding of the prompting hierarchy and when to use specific prompting. Participants will also use prior professional development background information to conduct real life scenarios to practice techniques and skills taught over the series for ParaEducators. [To Register:](#)