GRANBY PUBLIC SCHOOLS INVITE YOU TO JOIN IN A SERIES OF COMMUNITY CONVERSATIONS

Restorative Practices: Strategies for Home

Presented by School Climate Consultants Tuesday, March 26, 2024 6:00 pm Granby Memorial Middle School Cafeteria



Join School Climate coaches Jo Ann Freiberg, PhD., & Patricia A. Ciccone, C.A.G.S., L.P.C. to discuss the value of a restorative approach to resolving conflicts and

managing challenging behaviors. Jo Ann and Pat will explain how restorative work is connected to the new school climate and bullying legislation and provide an overview of how restorative practices are utilized in the school setting. Strategies that extend into the home environment will be shared, including discussion techniques such as the "circle" approach and restorative questioning as well as the use of affective statements.

Growth, Gratitude & Giggles

Presented by Katie Wood Tuesday, April 2, 2024 6:00 pm Kelly Lane Primary School Cafeteria

Nationally renowned author Katie Wood is an Avon native and busy mom of four young children. As a former teacher, Katie recognizes the importance of instilling a



growth mindset in children. Katie will share her daily journal, *A Simple Seed*, and practices to help children build habits to choose love over hate, forgiveness over anger, and courage over fear. In support of a growth mindset, these practices help children learn to trust themselves to meet life's challenges with confidence and inner strength and that they have control over their effort and attitude. Books will be available for purchase the night of the event.

Social Media & Internet Safety

Presented by Trooper First Class James White Tuesday, April 16, 2024 6:00 pm Granby Memorial High School Auditorium



Trooper First Class James White from the Connecticut State Police will lead an interactive session for parents and caregivers to explore a wide range of

topics including the various social media platforms students use, their behaviors online, and how they employ games and apps to keep information hidden. Participating in this session (bring a phone, tablet or laptop) will help you stay-up-to-date with the latest trends and equip you with the knowledge and tools necessary to help keep our children safe in the digital world.

QPR Suicide Prevention

Presented by Justine Ginsberg Thursday, May 2, 2024 6:00 pm Wells Road Intermediate School Cafeteria

Justine Ginsberg from the Farmington Valley Health Department will engage audience members in a discussion of the common causes and



warning signs of suicide and how to get help for someone in crisis. The QPR Method involves learning how to Question, Persuade and Refer a person who may be having suicidal thoughts. According to the CDC, 9% of high schoolers reported suicide attempts in 2021 in addition to the estimated 224,321 hospital visits for self harm among youth that year. Join us for an important conversation to learn more about preventing suicide.

