



**School Information:** Menus are subject to change  
This institution is an equal opportunity provider



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Pulled Pork  
French Fries  
Broccoli  
Fruit  
Milk

5

Calzone  
Carrots  
Green Beans  
Fruit  
Milk

6

Rotini  
Romaine Salad  
Carrots  
Fruit  
Milk

7

Chicken Nuggets  
Celery  
Cauliflower  
Fruit  
Milk

1

Taco Triangles  
Refried Beans  
Peppers  
Fruit  
Milk

2

Corn Dog  
Corn  
Carrots  
Fruit  
Milk

12

Quesadilla  
Refried Beans  
Peppers  
Fruit  
Milk

13

Chicken Nuggets  
Sweet Potato Fries  
Broccoli  
Fruit  
Milk

14

Hamburger  
French Fries  
Celery  
Fruit  
Milk

15

Pizza  
Green Beans  
Carrots  
Fruit  
Milk

16

Chicken Strips  
Mash Potatoes  
Corn  
Fruit  
Milk

19

Burrito  
Black Beans  
Peppers  
Fruit  
Milk

20

Rib Sandwich  
Carrots  
Green Beans  
Fruit  
Milk

21

Sloppy Joe  
Sweet Potato Fries  
Celery  
Fruit  
Milk

22

Alfredo Bread stick  
Cauliflower  
Broccoli  
Fruit  
Milk

23

Fish  
French Fries  
Celery  
Fruit  
Milk

26

French Bread Pizza  
Carrots  
Broccoli  
Fruit  
Milk

27

Hotdog  
French Fries  
Carrots  
Fruit  
Milk

28

Grilled Cheese  
Tomato soup  
Peppers  
Cauliflower  
Fruit  
Milk

29