

# JANUARY 2024

## Hamilton Community Schools

### BREAKFAST



**School Information:** \*Menu subject to change  
\*This institution is an equal opportunity provider.



**Nutrition Tip:** Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

### MONDAY

Christmas Break

1

### TUESDAY

Christmas Break

2

### WEDNESDAY

Christmas Break

3

### THURSDAY

Christmas Break

4

### FRIDAY

Christmas Break

5

Christmas Break

8

Cinnamon Toast  
Crunch Bar  
Fruit  
4oz Juice  
Milk

9

Cinnamon Rolls  
Fruit  
4oz Juice  
Milk

10

French Toast  
Fruit  
4oz Juice  
Milk

11

Blue Berry Twist  
Fruit  
4oz Juice  
Milk

12

Breakfast Bagel  
Fruit  
4oz Juice  
Milk

15

Pop-Tart  
Fruit  
4oz Juice  
Milk

16

French Toast  
Fruit  
4oz Juice  
Milk

17

Cereal  
Fruit  
4oz Juice  
Milk

18

Breakfast Wrap  
Fruit  
4oz Juice  
Milk

19

Apple Strudel  
Fruit  
4oz Juice  
Milk

22

Breakfast Calzone  
Fruit  
4oz Juice  
Milk

23

Muffin and Yogurt  
Fruit  
4oz Juice  
Milk

24

Yogurt Parfait  
Fruit  
4oz Juice  
Milk

25

Sausage Biscuit  
Fruit  
4oz Juice  
Milk

26

Breakfast Pizza  
Fruit  
4oz Juice  
Milk

29

Cereal Bar  
Fruit  
4oz Juice  
Milk

30

Pop-Tart  
Fruit  
4oz Juice  
Milk

31

