

OCTOBER 2023

Hamilton Community Schools

BREAKFAST



School Information:

*Menu subject to change

*This institution is an equal opportunity provider.



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

Breakfast Bagel
Fruit
4oz Juice
Milk

2

TUESDAY

Pancakes and Sausage
Fruit
4oz Juice
Milk

3

WEDNESDAY

Yogurt Parfait
Fruit
4oz Juice
Milk

4

THURSDAY

Egg Sandwich
Fruit
4oz Juice
Milk

5

FRIDAY

Breakfast Wrap
Fruit
4oz Juice
Milk

6

Cereal Bar
Fruit
4oz Juice
Milk

9

Pop-tart
Fruit
4oz Juice
Milk

10

Waffle and Hash Brown
Fruit
4oz Juice
Milk

11

Breakfast Pizza
Fruit
4oz Juice
Milk

12

Cereal and Yogurt
Fruit
4oz Juice
Milk

13

Cinnamon Rolls
Fruit
4oz Juice
Milk

16

Sausage Biscuit
Fruit
4oz Juice
Milk

17

French Toast
Fruit
4oz Juice
Milk

18

Breakfast Bar
Fruit
4oz Juice
Milk

19

**Parent Teacher
Conference No School**

20

**Fall Break
NO School**

23

**Fall Break
NO School**

24

**Fall Break
NO School**

25

**Fall Break
NO School**

26

**Fall Break
NO School**

27

Pancakes and Sausage
Fruit
4oz Juice
Milk

30

Breakfast Wrap
Fruit
4oz Juice
Milk

31

