

# OCTOBER 2023

## Hamilton Community Schools

### LUNCH



#### School Information:

\*Menu subject to change

\*This institution is an equal opportunity provider.



**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



#### MONDAY

Pizza  
Corn  
Green Bean  
Fruit  
Milk

2

#### TUESDAY

Corn Dog  
Side Salad  
Tater Tots  
Fruit  
Milk

3

#### WEDNESDAY

Quesadilla  
Refried Beans  
Peppers  
Fruit  
Milk

4

#### THURSDAY

Chicken Nuggets  
Sweet Potato Fries  
Broccoli  
Fruit  
Milk

5

#### FRIDAY

Hamburger (cookout)  
Celery  
Carrots  
Fruit  
Milk

6

Pulled Pork Sandwich  
Mashed Potatoes  
Celery  
Fruit  
Milk

9

Calzone  
Carrots  
Broccoli  
Fruit  
Milk

10

Rotini Pasta  
Cauliflower  
Broccoli  
Fruit  
Milk

11

Fiestada  
Black Beans  
Peppers  
Fruit  
Milk

12

Stromboli  
Carrots  
Green Beans  
Fruit  
Milk

13

Chicken Strips  
Sweet Potato Fries  
Mixed Veggies  
Fruit  
Milk

16

Burrito  
Peppers  
Refried Beans  
Fruit  
Milk

17

Rib Sandwich  
Carrots  
Peas  
Fruit  
Milk

18

Sloppy Joe  
Cauliflower  
Celery  
Fruit  
Milk

19

**Parent Teacher  
Conference No School**

20

**Fall Break  
NO School**

23

**Fall Break  
NO School**

24

**Fall Break  
NO School**

25

**Fall Break  
NO School**

26

**Fall Break  
NO School**

27

Pizza  
Green Beans  
Corn  
Fruit  
Milk

30

Popcorn Chicken  
Sweet Potato Fries  
Broccoli  
Fruit  
Milk

31

