

# NOVEMBER BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1 1:30 EARLY DISMISSAL</b>	<b>2</b>	<b>3</b>
		Coffee Cake <b>OR Cereal</b>	Egg Patty <b>OR Cereal</b>	Oatmeal <b>OR Cereal</b>
All bread and buns served are whole-grain.	Milk served daily: 1% white milk	Pears	Toast w/Jelly	Yogurt
All pasta and rice served are whole-grain.	Skim white milk	Orange Juice	Oranges	Mixed Fruit
	Skim chocolate milk		Grape Juice	Fruit Punch Juice
<b>6</b>	<b>7</b>	<b>8 1:30 EARLY DISMISSAL</b>	<b>9</b>	<b>10 Veterans Day Pgm 10:30</b>
Donuts <b>OR Cereal</b>	Scrambled Eggs <b>OR Cereal</b>	Coffee Cake <b>OR Cereal</b>	French Toast Sticks w/Syrup <b>OR Cereal</b>	Egg Patty <b>OR Cereal</b>
Peaches	Toast w/Jelly	Yogurt	Oranges	Sausage Link
Apple Juice	Applesauce	Pears	Grape Juice	Toast w/Jelly
	Berry Juice	Orange Juice		Mixed Fruit
				Fruit Punch Juice
<b>13</b>	<b>14</b>	<b>15 1:30 EARLY DISMISSAL</b>	<b>16</b>	<b>17</b>
Breakfast Pizza <b>OR Cereal</b>	Pancake on a Stick w/Syrup <b>OR Cereal</b>	Coffee Cake <b>OR Cereal</b>	Scrambled Eggs <b>OR Cereal</b>	Cinnamon Roll <b>OR Cereal</b>
Pears	Applesauce	Yogurt	Toast w/Jelly	Yogurt
Apple Juice	Berry Juice	Pears	Oranges	Mixed Fruit
		Orange Juice	Grape Juice	Fruit Punch Juice
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Waffle w/Syrup <b>OR Cereal</b>	Oatmeal <b>OR Cereal</b>			
Peaches	Yogurt	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
Apple Juice	Applesauce			
	Berry Juice			
<b>27</b>	<b>28</b>	<b>29 1:30 EARLY DISMISSAL</b>	<b>30</b>	
French Toast Sticks w/Syrup <b>OR Cereal</b>	Egg Patty <b>OR Cereal</b>	Coffee Cake <b>OR Cereal</b>	Scrambled Eggs <b>OR Cereal</b>	
Peaches	Toast w/Jelly	Yogurt	Toast w/Jelly	
Apple Juice	Applesauce	Pears	Oranges	
	Berry Juice	Orange Juice	Grape Juice	

# NOVEMBER LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1 1:30 EARLY DISMISSAL</b>	<b>2</b>	<b>3</b>
		Chicken Nuggets	Crispito	Chicken Patty w/Bun
All bread and buns served are whole-grain.	Milk served daily:	Chips	Fiesta Beans, Salsa	Green Beans
All pasta and rice served are whole-grain.	1% white milk	Cucumbers	Romaine Lettuce	Broccoli
	Skim white milk	Dragon Juice	Nacho Chips, Cheese	Rosy Applesauce
	Skim chocolate milk	Apple	Pineapple	
<b>6</b>	<b>7</b>	<b>8 1:30 EARLY DISMISSAL</b>	<b>9</b>	<b>10 Veterans Day Pgm 10:30</b>
Creamed Chicken over Biscuit	Stuffed Crust Pepperoni Pizza	BBQ Rib w/Bun	Hot Dog w/Bun	Lasagna
Corn	Romaine Lettuce	Potato Smiles	Chips	Cheesy Breadstick
Baby Carrots	Red Bell Pepper Strips	Corn	Baked Beans	Romaine Lettuce
Pears	Celery	Peaches	Cucumbers	Cauliflower
	Strawberries		Mixed Fruit	Applesauce
<b>13</b>	<b>14</b>	<b>15 1:30 EARLY DISMISSAL</b>	<b>16</b>	<b>17</b>
Meatballs	Popcorn Chicken	Turkey & Ham Sandwich	Salisbury Steak	Pork Tenderloin w/Bun
Butter Noodles	Mashed Potatoes	Chips	Dinner Roll	Baked Beans
Romaine Lettuce	Corn	Tomatoes	Mashed Potatoes	Romaine Lettuce
Mixed Vegetables	Buttered Bread	Cucumbers	Green Beans	Cooked Carrots
String Cheese	Peaches	Dragon Juice	Oranges	Apple
Banana		Grapes		
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Scalloped Potatoes w/Ham	Chicken Strips			
Dinner Roll	Mashed Potatoes			
Peas	Glazed Carrots	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
Broccoli	Mixed Fruit			
Pears	Cinnamon Roll			
<b>27</b>	<b>28</b>	<b>29 1:30 EARLY DISMISSAL</b>	<b>30</b>	
Mandarin Orange Chicken	Beef Taco	Macaroni & Cheese	Little Smokies	
Brown Rice	Fiesta Beans	Dinner Roll	Buttered Bread	
Garlic Breadstick	Romaine Lettuce	Peas	Corn	
Cooked Carrots	Salsa	Cauliflower	Celery	
Broccoli	Applesauce	Grapes	Rosy Applesauce	
Strawberries	Frozen Sherbet Cup	Yogurt		