

## WAYNESBORO AREA SCHOOL DISTRICT SENIOR HIGH SCHOOL FOOD COURT

MAY 2024
Please visit <u>www.schoolcafe.com</u> to apply for Free/Reduced Meals!

Meal Prices
BREAKFAST IS FREE
FOR ALL LEARNERS!
Reduced Lunch: FREE
Secondary Lunch \$2.95

Adult Lunch \$4.75

## BREAKFAST AVAILABLE DAILY IN THE FOOD COURT & AT THE BREAKFAST CART!

Monday,	Tuesday,	Wednesday, 5/1	Thursday, 5/2	Friday, 5/3
	**	Main Line Special Meatball Sub 34g OR Chicken Parmesan Sub 39g	Main Line Special Chicken Strips wl Dinner Roll 36g	Main Line Specials Buffalo Chicken Wrap 29g or Ranch Chicken Wrap 34g
		Quick Bite Special Bacon Cheddar Grilled Chicken Sub 29g	Quick Bite Special Cheeseburger on Roll 29g	Quick Bite Special Chicken Patty on Roll 42g
		Vegetable Choices Fresh Garden Salad 2g Sweet Potato Fries 25g Steamed Peas 11g Wild Cherry Icee 19g Goldfish Cheddar Crackers 14g	<u>Vegetable Choices</u> Mashed Potatoes 21g Glazed Carrots 9g	Vegetable Choices Oven Baked French Fries 17g Crunchy Celery Sticks 2g Dessert: Chocolate Pudding 24g

Monday, 5/6	Tuesday, 5/7	Wednesday, 5/8	Thursday, 5/9	Friday, 5/10
Main Line Special General Tso's Chicken w/White Rice 58g	Main Line Special Ham & Cheese Hoagie w/Chips 47g OR Turkey & Cheese Hoagie w/Chips 47g	Main Line Special Grilled Cheese 34g or Grilled Ham & Cheese 32g	<b>Main Line Special</b> Chicken Fries w/ Dinner Roll 32g	<u>Main Line Special</u> Max Sticks w/Dipping Sauce 54g
<b>Quick Bite Special</b> BBQ Bacon Cheddar Burger 41g Corn Dog 30g	Quick Bite Special Chicken Patty on Roll 42g	Quick Bite Special Spicy Chicken on Roll 46g	Quick Bite Special Cheeseburger on Roll 33g	Quick Bite Special Rib-B-Que on Roll 37g Cheese Steak Sub 33g
Vegetable Choices Steamed Broccoli Florets 5g Baked French Fries 16g	<u>Vegetable Choices</u> Vegetable Soup 28g Crinkle Cut Fries 15g	Vegetable Choices Tomato Soup 18g Steamed Green Beans 4g Sweet Potato Fries 25g Goldfish Cheddar Crackers 14g	<u>Vegetable Choices</u> Mashed Potatoes 24g Steamed Garden Peas 11g	Vegetable Choice Potato Smiles 18g Bush's Baked Beans 30g Cucumber Wheels 2g

## **Customize Your Meal**

Students are encouraged to "Make A Meal" by choosing a meat or meat alternate, vegetable, fruit and milk from one of the many serving areas.

The serving areas include the Main Line, Pizza Station, Quick Bite, or Sandwich Bar.

You may have 5 items (one from each category); but, must take a minimum of 3 items to "Make A Meal." One of the three items must be a fruit or vegetable. Vegetable and Fruit Bar available daily for additional options!

Other Entrée Choices

Pizza Station 35g

Cold Sandwich Bar 37g

Chef Salads 26g

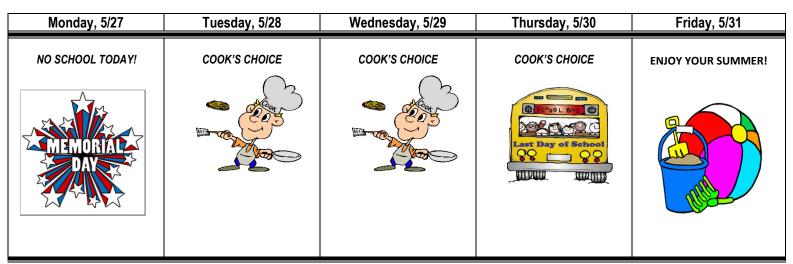
Chicken Caesar Salad 32g

Snack Pack Muffin Lunch 74g

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Monday, 5/13	Tuesday, 5/14	Wednesday, 5/15	Thursday, 5/16	Friday, 5/17
Main Line Special Walking Taco 35g	Main Line Specials Pasta Bar w/Garlic Breadstick 35g	Main Line Special Pancakes w/Sausage 46g	Main Line Special Popcorn Chicken wl Dinner Roll 35g	Main Line Special Buffalo Chicken Dip w/ Tortilla Chips 37g OR Chicken Grinder 40g
Quick Bite Special Spicy Chicken on Roll 46g	Quick Bite Special Cheesesteak Sub 32g Hot Dog w/Cheese 31g	Quick Bite Special Bacon Chicken Melt Sub 30g	Quick Bite Special Cheeseburger on Roll 33g	Quick Bite Special Bacon Cheddar Grilled Chicken Sub 29g
Vegetable Choices Steamed Corn 16g Refried Beans 28g Crinkle Cut Fries 12g	Vegetable Choices Fresh Caesar Salad16g Sweet Potato Fries 25g Goldfish Cheddar Crackers 14g	Vegetable Choices Fresh Baby Carrots 7g Celery Sticks 3g Crispy Tater Tots 14g	<u>Vegetable Choices</u> Mashed Potatoes 24g Steamed Green Beans 4g	Vegetable Choices Baked Beans 30g Garden Salad 2g Potato Smiles 18g Dessert: Chocolate Chip Cookie 27g

Monday, 5/20	Tuesday, 5/21	Wednesday, 5/22	Thursday, 5/23	Friday, 5/24
Main Line Specials Chicken & Waffles w/Syrup 62g	Main Line Special Hot Ham & Cheese on Croissant Roll 30g OR Hot Turkey & Cheese on Croissant Roll 30g	Main Line Specials Lasagna w/Garlic Breadstick 54g	Main Line Specials Chicken Nuggets wI Dinner Roll 36g	Main Line Special Mozzarella Cheese Sticks w/Marinara Sauce 61g
Quick Bite Special Turkey Bacon Ranch Melt 33g OR Rib B Que on Roll 37a	Quick Bite Special Cheeseburger Sub 31g	Quick Bite Special Spicy Chicken on Roll 46g OR Hot Dog w/Cheese on Roll 31g	Quick Bite Special Cheeseburger on Roll 33g	Quick Bite Special Chicken Patty on Roll 42g OR Corn Dog 30g
Vegetable Choices Bush's Baked Beans 30g Deli Roasters 21g	Vegetable Choices Scalloped Potatoes 22g Crunchy Tater Tots 15g Wild Cherry Icee 19g Dessert: Cheez-It Crackers	Vegetable Choices Fresh Romaine Salad 2g Plump Cherry Tomatoes 6g Sweet Potato Fries 25g	Vegetable Choices  Mashed Potatoes 24g  Steamed Broccoli  w/ Cheese 7g	Vegetable Choices Crispy Baked Fries 17g Baby Carrots 7g Dessert: Chocolate Pudding 24g



Menus are available on the web at <a href="www.wasd.k12.pa.us">www.wasd.k12.pa.us</a>
All menus are subject to change due to item availability.
Pizza and Bread Are Whole Grain or Whole Wheat.