

WAYNESBORO AREA SCHOOL DISTRICT Elementary School Menu April 2024



Please visit <u>www.schoolcafe.com</u> to apply for Free/Reduced Meals!

Monday, 4/1	Tuesday, 4/2	Wednesday, 4/3	Thursday, 4/4	Friday, 4/5
NO SCHOOL TODAY!	NO SCHOOL TODAY!	NO SCHOOL TODAY!	Breakfast: Apple Frudel 36g, Pineapple Tidbits 22g and Milk 21g	Breakfast: Cereal 21g, Cheese Stick 2g, Chilled Diced Pears 21g and Milk 21g
			Today's Lunch Choices	Today's Lunch Choices
SPIRAL COOLER	SPILA COOME	COULTE	(A) Chicken Nuggets w/Dinner Roll 28g (B) Hamburger Steak wl Dinner Roll 20g Vegetable & Fruit Choices	(A) Stuffed Crust Pizza 29g (B) Chicken BLT Salad 19g (Romaine Lettuce, Diced Chicken, Bacon Crumbles & Mozzarella Cheese) w/Cheez-It Crackers & Croutons Vegetable & Fruit Choices
			Mashed Potatoes 24g Glazed Carrots 8g Chilled Applesauce 14g	Crispy Crinkle Cut Fries 12g Broccoli Trees 1g Chilled Pineapple 22g

Monday, 4/8	Tuesday, 4/9	Wednesday, 4/10	Thursday, 4/11	Friday, 4/12
Breakfast: Mini Maple Pancakes 35g, Chilled Diced Peaches 20g and Milk 21g	Breakfast: Bacon, Egg & Cheese Sandwich 31g, Chilled Pineapple 22g and Milk 21g	Breakfast: Apple Churro w/Cherry Vanilla Yogurt 46g, Chilled Applesauce 14g, and Milk 21g	Breakfast: Mini Cinnis 40g, Chilled Diced Pears 21g, and Milk 21g	Breakfast: Cereal 22g, Frosted Cinnamon Pop Tart 36g, Fresh Apple Slices 7g and Milk 21g
Today's Lunch Choice	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices
(A) Nacho Nuevo's 53g	(A) Pancakes w/Sausage 32g	(A) Cheeseburger on Roll 32g (B) Snack Pack Muffin Lunch	(A) Chicken Strips w/Dinner Roll 29g	(A) French Bread Pizza 32g
(B) Com Dog 30g	(B) Hot Ham & Cheese on Croissant Roll 30g	73g	(B) Pork Patty w/Dinner Roll 32g	(B) Hot Dog on Bun 29g
Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices
Steamed Golden Corn 22g Refried Beans 24g Cinnamon Applesauce 14g	Crunchy Tater Tots 14g Celery Dippers 4g Chilled Mandarin Oranges 23g	Tossed Garden Salad 1g Cheery Cherry Tomatoes 6g Chilled Pineapple 22g <u>Dessert:</u> Chocolate Chip Cookie 27g	Mashed Potatoes 24g Steamed Green Beans 4g Chilled Diced Peaches 20g	Potato Smiles 18g Broccoli Trees 2g Banana 28g

Menus reflect grams (g) for carbohydrates only.

THIS INSTITIUTION IS AN EQUAL OPPORTUNITY PROVIDER.

What Makes a Lunch?

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2-cup serving of vegetable MUST accompany a reimbursable meal.

Meal Prices
FREE BREAKFAST FOR
ALL LEARNERS!
Reduced Lunch-FREE
Elementary Lunch \$2.80
Adult Lunch \$4.75

Monday, 4/15	Tuesday, 4/16	Wednesday, 4/17	Thursday, 4/18	Friday, 4/19
Breakfast: Mini Maple Waffles 35g, Chilled Mandarin Oranges 23g and Milk 21g	Breakfast: Breakfast Pizza 26g, Chilled Diced Peaches 20g and Milk 21g	Breakfast: Super Bakery Donut 30g, Chilled Pineapple Tidbits 22g and Milk 21g	Breakfast: Funnel Cake 43g, Chilled Diced Pears 15g and Milk 21g	Breakfast: Cereal 25g Cheese Stick 2g, Fresh Orange Wedges 22g and Milk 21g
Today's Lunch Choices (A) Chicken Pattie on Roll 42g	Today's Lunch Choices Taco Tuesday (A) Soft Shell Beef Taco	Today's Lunch Choices (A) Spaghetti w/ Meat Sauce & Breadstick 71g	Today's Lunch Choices (A) Chicken Fries w/Dinner Roll 29g	Today's Lunch Choices (A) Mickey's Pizza 28g
(B) Snack Pack Muffin Lunch 73g	w/Cheese 29g (Fixings avail.) (B) Rib B Q on Roll 37g	(B) Grilled Chicken on Roll 30g	(B) Hamburger Steak w/Roll 20g	(B) Popcom Chicken Salad 37g w/Dinner Roll
Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices
Baked Beans 30g	Crunchy Celery Dippers 4g	Romaine Salad 2g	Mashed Potatoes 24g	Crispy Oven Fries 17g
Fresh Baby Carrots 7g Chilled Diced Pears 15g	Steamed Garden Peas 11g Wild Cherry Icee 19g	Plump Grape Tomatoes 6g Chilled Applesauce 14g	Steamed Cheesy Broccoli 6g Chilled Mandarin Oranges 23g	Crunchy Cucumber Wheels 2g Banana 28g

Monday, 4/22	Tuesday, 4/23	Wednesday, 4/24	Thursday, 4/25	Friday, 4/26
Breakfast: Warm Cinnamon Bun 38g, Chilled Diced Pears 15g and Milk 21g	Breakfast: Egg & Cheese Sandwich 31g, Chilled Mandarin Oranges 23g and Milk 21g	Breakfast: Strawberry Yogurt 19g, Blueberry Muffin 30g Diced Peaches 20g and Milk 21g	Breakfast: Mini Chocolate Chip French Toast 35g, Applesauce 14g, and Milk 21g	Breakfast: Cereal 23g, Frosted Fudge Pop Tart 36g, Pineapple Tidbits 22g and Milk 21g
Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices
(A) Chicken Nuggets w/Goldfish Crackers 27g	(A) Toasted Cheese 34g	(A) Walking Taco 35g	(A) Popcorn Chicken w/ Dinner Roll 32g	(A) 4x6 Pizza 35g
(B) Snack Pack Muffin Lunch	(B) Peanut Butter & Grape Jelly Uncrustable 32g	(B) Fiestada Pizza 43g	(B) Pork Patty wl Dinner Roll 32g	(B) Fish & Cheese Fillet on Roll 45g
Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices
Baked Beans 30g Crunchy Cucumber Wheels 2g Fresh Apple Slices 7g	Tomato Soup 18g Fresh Baby Carrots 7g Chilled Applesauce 14g	Steamed Corn 16g Refried Beans 28g Chilled Pineapple Tidbits 22g	Mashed Potatoes 24g Steamed Cheesy Broccoli 6g Wild Cherry Icee 19g	Potato Smiles 18g Crunchy Celery Dippers 4g Fresh Orange Wedges 22g Chocolate Pudding 24g

Monday, 4/29	Tuesday, 4/30	Wednesday	Thursday,	Friday,
Breakfast: Super Bakery Donut 30g, Chilled Applesauce 14g and Milk 21g	Breakfast: Ham, Egg, & Cheese Sandwich 31g, Chilled Diced Peaches 20g and Milk 21g			♠ □
Today's Lunch Choices (A) Max Sticks wl Dipping Sauce 39g (B) Turkey & Cheese on Croissant Roll 30g Vegetable & Fruit Choices	Today's Lunch Choices (A) Chicken & Waffles 63g (B) Ham & Cheese on Roll 30g Vegetable & Fruit Choices			
Caesar Salad 20g Cheery Cherry Tomatoes 6g Chilled Mandarin Oranges 23g <u>Dessert:</u> Lays Original Chips 15g	Baked Beans 30g Celery Sticks 4g Chilled Diced Pears 15g			