


**WAYNESBORO AREA SCHOOL DISTRICT**  
**Elementary School Menu**  
**March 2024**



Please visit [www.schoolcafe.com](http://www.schoolcafe.com) to apply for Free/Reduced Meals!

Monday,	Tuesday,	Wednesday,	Thursday,	Friday, 3/1
				<b>Breakfast:</b> Cereal 23g, Frosted Fudge Pop Tart 36g, Pineapple Tidbits 22g and Milk 21g
				<b>Today's Lunch Choices</b> (A) 4x6 Pizza 35g (B) Fish Sticks w/Dinner Roll 35g  <b>Vegetable &amp; Fruit Choices</b> Potato Smiles 18g Crunchy Celery Dippers 4g Fresh Orange Wedges 22g <b>Dessert:</b> Chocolate Pudding 24g

Monday, 3/4	Tuesday, 3/5	Wednesday, 3/6	Thursday, 3/7	Friday, 3/8
<b>Breakfast:</b> Super Bakery Donut 30g, Chilled Applesauce 14g and Milk 21g	<b>Breakfast:</b> Sausage, Egg & Cheese Sandwich 31g, Chilled Diced Peaches 20g and Milk 21g	<b>Breakfast:</b> Funnel Cake 43g, Chilled Mandarin Oranges 23g and Milk 21g	<b>Breakfast:</b> Apple Frudel 36g, Pineapple Tidbits 22g and Milk 21g	<b>Breakfast:</b> Cereal 21g, Cheese Stick 2g, Chilled Diced Pears 21g and Milk 21g
<b>Today's Lunch Choices</b> (A) Max Sticks w/ Dipping Sauce 39g (B) Turkey & Cheese on Croissant Roll 30g  <b>Vegetable &amp; Fruit Choices</b> Caesar Salad 20g Cheery Cherry Tomatoes 6g Chilled Mandarin Oranges 23g <b>Dessert:</b> Lays Original Chips 15g	<b>Today's Lunch Choices</b> (A) Chicken & Waffles 63g (B) Ham & Cheese on Roll 30g  <b>Vegetable &amp; Fruit Choices</b> Baked Beans 30g Celery Sticks 4g Chilled Diced Pears 15g	<b>Today's Lunch Choices</b> (A) Baked Rotini w/Garlic Bread Stick 66g (B) Rib B Q on Roll 37g  <b>Vegetable &amp; Fruit Choices</b> Tossed Garden Salad 1g Cheery Cherry Tomatoes 6g Chilled Diced Peaches 20g	<b>Today's Lunch Choices</b> (A) Chicken Nuggets w/Dinner Roll 28g (B) Hamburger Steak w/ Dinner Roll 20g  <b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 24g Glazed Carrots 8g Chilled Applesauce 15g	<b>Today's Lunch Choices</b> (A) Stuffed Crust Pizza 29g (B) Fish & Cheese Sandwich 45g  <b>Vegetable &amp; Fruit Choices</b> Crispy Crinkle Cut Fries 12g Broccoli Trees 1g Chilled Pineapple 22g

Menus reflect grams (g) for carbohydrates only.

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**


Breakfast Fruit Selection may include 100% Fruit Juice or Fresh Fruit Daily!


**What Makes a Lunch?**



You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable **MUST** accompany a reimbursable meal.



**Meal Prices**  
**FREE BREAKFAST FOR ALL LEARNERS!**  
Reduced Lunch-FREE  
Elementary Lunch \$2.80  
Adult Lunch \$4.75

Monday, 3/11	Tuesday, 3/12	Wednesday, 3/13	Thursday, 3/14	Friday, 3/15
<b>Breakfast:</b> Mini Maple Pancakes 35g, Chilled Diced Peaches 20g and Milk 21g	<b>Breakfast:</b> Breakfast  Chicken Patty on Biscuit 36g, Chilled Pineapple 22g and Milk 21g	<b>Breakfast:</b> Apple Churro w/Cherry Vanilla Yogurt 46g, Chilled Applesauce 15g, and Milk 21g	<b>Breakfast:</b> Mini Cinni's 40g, Chilled Diced Pears 21g, and Milk 21g	<b>Breakfast:</b> Cereal 22g, Frosted Cinnamon Pop Tart 36g, Fresh Apple Slices 7g and Milk 21g
<b>Today's Lunch Choice</b> (A) Nacho Nuevo's 53g  (B) Corn Dog 30g	<b>Today's Lunch Choices</b> (A) Pancakes w/Sausage 32g  (B) Hot Ham & Cheese on Croissant Roll 30g	<b>Today's Lunch Choices</b> (A) Cheeseburger on Roll 32g  (B) Snack Pack Muffin Lunch 73g	<b>Today's Lunch Choices</b> (A) Chicken Strips w/Dinner Roll 29g (B) Pork Patty w/Dinner Roll 32g	<b>Today's Lunch Choices</b> (A) French Bread Pizza 32g  (B) Hot Dog on Bun 29g
<b>Vegetable &amp; Fruit Choices</b> Steamed Golden Corn 22g Refried Beans 24g Cinnamon Applesauce 14g	<b>Vegetable &amp; Fruit Choices</b> Crunchy Tater Tots 14g Celery Dippers 4g Chilled Mandarin Oranges 23g	<b>Vegetable &amp; Fruit Choices</b> Tossed Garden Salad 1g Cheery Cherry Tomatoes 6g Chilled Pineapple 22g <b>Dessert:</b> Chocolate Chip Cookie 27g	<b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 24g Steamed Green Beans 4g Chilled Diced Peaches 20g	<b>Vegetable &amp; Fruit Choices</b> Potato Smiles 18g Broccoli Trees 2g Banana 28g

Monday, 3/18	Tuesday, 3/19	Wednesday, 3/20	Thursday, 3/21	Friday, 3/22
<b>Breakfast:</b> Mini Maple Waffles 35g, Chilled Mandarin Oranges 23g and Milk 21g	<b>Breakfast:</b> Breakfast Pizza 26g, Chilled Diced Peaches 20g and Milk 21g	<b>Breakfast:</b> Super Bakery Donut 30g, Chilled Pineapple Tidbits 22 g and Milk 21g	<b>Breakfast:</b> Funnel Cake 43g, Chilled Diced Pears 15g and Milk 21g	<b>Breakfast:</b> Cereal 25g Cheese Stick 2g, Fresh Orange Wedges 22g and Milk 21g
<b>Today's Lunch Choices</b> (A) Chicken Patty on Roll 42g  (B) Snack Pack Muffin Lunch 73g	<b>Today's Lunch Choices</b>  <b>Taco Tuesday</b> (A) Soft Shell Beef Taco w/Cheese 29g (Fixings avail.) (B) Rib B Q on Roll 37g	<b>Today's Lunch Choices</b> (A) Spaghetti w/ Meat Sauce & Breadstick 71g (B) Grilled Chicken on Roll 30g	<b>HOLIDAY MEAL</b> (A) Roast Turkey and Filling 90g	<b>Today's Lunch Choices</b> (A) Mickey's Pizza 28g  (B) Fish Nuggets w/Roll 36g
<b>Vegetable &amp; Fruit Choices</b> Baked Beans 30g Fresh Baby Carrots 7g Chilled Diced Pears 15g	<b>Vegetable &amp; Fruit Choices</b> Crunchy Celery Dippers 4g Steamed Garden Peas 11g Wild Cherry Icee 19g	<b>Vegetable &amp; Fruit Choices</b> Romaine Salad 2g Plump Grape Tomatoes 6g Chilled Applesauce 15g	<b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 24g Steamed Golden Corn 22g Cranberry Relish 35g Dessert: Chocolate Chip Cookie 27g	<b>Vegetable &amp; Fruit Choices</b> Crispy Oven Fries 17g Crunchy Cucumber Wheels 2g Banana 28g

Monday, 3/25	Tuesday, 3/26	Wednesday, 3/27	Thursday, 3/28	Friday, 3/29
<b>Breakfast:</b> Warm Cinnamon Bun 38g, Chilled Diced Pears 15g and Milk 21g	<b>Breakfast:</b> Egg & Cheese Sandwich 31g, Chilled Mandarin Oranges 23g and Milk 21g	<b>Breakfast:</b> Strawberry Yogurt 19g, Blueberry Muffin 30g, Diced Peaches 20g and Milk 21g	<b>NO SCHOOL TODAY!</b>	<b>NO SCHOOL TODAY!</b>
<b>Today's Lunch Choices</b> (A) Chicken Nuggets w/Goldfish Crackers 27g  (B) Snack Pack Muffin Lunch 73g	<b>Today's Lunch Choices</b> (A) Toasted Cheese 34g  (B) Peanut Butter & Grape Jelly Uncrustable 32g	<b>Today's Lunch Choices</b> (A) Walking Taco 35g  (B) Fiestada Pizza 43g		
<b>Vegetable &amp; Fruit Choices</b> Baked Beans 30g Crunchy Cucumber Wheels 2g Fresh Apple Slices 7g	<b>Vegetable &amp; Fruit Choices</b> Tomato Soup 18g Fresh Baby Carrots 7g Chilled Applesauce 15g	<b>Vegetable &amp; Fruit Choices</b> Steamed Corn 16g Refried Beans 28g Chilled Pineapple Tidbits 22g		