



JANUARY



2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|---|---|--|--|
| | 1 | 2 | 3 First Day of Spring Semester NO WORKOUTS | 4 Workouts 6:00am-7:00am | 5 Workouts 6:00am-7:00am | 6 |
| 7 | 8 Workouts 6:00am-7:00am | 9 Workouts 6:00am-7:00am | 10 Workouts 6:00am-7:00am | 11 Workouts 6:00am-7:00am | 12 Competition Uniform Issue 6:30am | 13 Bay City Meet 8:30am Start Time |
| 14 | 15 STUDENT HOLIDAY NO WORKOUTS | 16 Workouts 6:00am-7:00am | 17 Workouts 6:00am-7:00am | 18 Workouts 6:00am-7:00am | 19 Competition Uniform Issue 6:30am | 20 Palacios Meet 8:30am Start Time |
| 21 | 22 Workouts 6:00am-7:00am | 23 Workouts 6:00am-7:00am | 24 Workouts 6:00am-7:00am | 25 Workouts 6:00am-7:00am | 26 NO WORKOUTS | 27 |
| 28 | 29 Workouts 6:00am-7:00am | 30 Competition Uniform Issue 6:30am | 31 Brazos Meet 2:00pm Start Time | *SCHEDULE SUBJECT TO CHANGE AT ANY TIME* | | |

Needville High School Blue Jays Powerlifting 2024



Boys Coach: Coach Torres

Girls Coach: Coach Kalinowski



FEBRUARY



2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|---|---|---|--|
| | | | | 1 Workouts 6:30am-7:15am | 2 NO WORKOUTS | 3 |
| 4 | 5 Workouts 6:00am-7:00am | 6 Workouts 6:00am-7:00am | 7 Workouts 6:00am-7:00am | 8 Workouts 6:00am-7:00am | 9 Competition Uniform Issue 6:30am | 10 Louise Meet 9:00am Start Time |
| 11 | 12 Workouts 6:00am-7:00am | 13 Workouts 6:00am-7:00am | 14 Workouts 6:00am-7:00am | 15 Team/Individual Picture Day 6:30am-7:30am | 16 STUDENT HOLIDAY Competition Uniform Issue 9:00am | 17 Ganado Meet 8:15am Start Time |
| 18 | 19 STUDENT HOLIDAY NO WORKOUTS | 20 Regional Qualifiers Workout 6:00am-7:00am | 21 Regional Qualifiers Workout 6:00am-7:00am | 22 Regional Qualifiers Workout 6:00am-7:00am | 23 Regional Qualifiers Workout 6:00am-7:00am | 24 OPEN WEEKEND for Possible Boys Last Qualifying Meet |
| 25 | 26 Regional Qualifiers Workout 6:00am-7:00am | 27 Regional Qualifiers Workout 6:00am-7:00am | 28 Regional Qualifiers Workout 6:00am-7:00am | 29 Regional Qualifiers Workout 6:00am-7:00am | *SCHEDULE SUBJECT TO CHANGE AT ANY TIME* | |

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MARCH



2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| *SCHEDULE SUBJECT TO CHANGE AT ANY TIME* | | | | | 1 | 2 |
| | | | | | Competition Uniform Issue 6:30am | Girls Regional Meet @ Bay City HS |
| 3 | 4 Regional/State Qualifiers Workout 6:00am-7:00am | 5 Regional/State Qualifiers Workout 6:00am-7:00am | 6 Competition Uniform Issue / Travel Day | 7 Boys Regional Meet @ Colmesneil HS | 8 NO WORKOUTS | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| SPRING BREAK | | | | | | |
| | State Qualifiers Workout 9:00am-10:00am | State Qualifiers Workout 9:00am-10:00am | State Qualifiers Workout 9:00am-10:00am | Girls State Championship Meet Comerica Center-Frisco, TX | | |
| 17 | 18 State Qualifiers Workout 6:00am-7:00am | 19 State Qualifiers Workout 6:00am-7:00am | 20 State Qualifiers Workout 6:00am-7:00am | 21 | 22 | 23 Boys State Championship Meet Taylor County Expo Center Abilene, TX |

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