

PCHS School Health Requirements:

Physical examination and immunizations requirements MUST be on file prior to the first day of attendance.

9th Grade:

-General Physical: All students entering the ninth grade must have a *General* physical exam (sports physical not acceptable) complete on the CCHE (Certificate of Child Health Examination) form with up to date immunizations reviewed and signed off by primary physician PRIOR to the first day of school.

*Parents- Please complete the health history portion and sign/date.

-Dental Exam: All students entering the ninth grade are required to have a dental examination. Dental examinations are due by May 15th of the year the student is enrolled in ninth grade. A current examination is one that was completed within 18 months of May 15th. If dated earlier than the 18 month mark, students will be asked to have a new exam completed that meets the requirements stated above.

12th Grade:

-MCV4 (Meningococcal Conjugate Vaccine): All students entering the twelfth grade must provide a complete immunization record signed/reviewed by a physician that shows proof that student has received the second MCV4 dose as required for all seniors prior to the first day of their senior year. The immunization record should show two doses of the Meningococcal (MCV4) vaccine with the 1st dose being on or after the 11th birthday & second dose on or after the 16th birthday UNLESS the first dose was administered after the age 16 years then one dose is required.

EXEMPTIONS: for any medical or religious exemptions regarding health records, please see the student handbook on page 20 under Chapter V- Health & Safety for further details.

Find all information regarding required health documents starting on page 20 of the student handbook.

-**Sports Examination**: Athletes must have a sports physical examination completed by a physician/nurse practitioner or physician assistant each year before they try out for any sport. A sports physical form may not be submitted in lieu of the State of Illinois Certificate of Child Health Examination form as the sports form is an abbreviated physical exam done annually for participation in athletics.

Grades 9-12: All students are asked to complete an Emergency Card and School Medication Parent Authorization Form and return at registration to the school nurse. Please complete the front and back side of the ER card. The Medication Authorization Form needs to be completed & signed by the parent/guardian—please check any medications you are okay with the authorized staff administering to your student while at school.

Asthma/Epi-Pen/Diabetic/Seizures: If your student has any of the noted health issues or any health concerns not listed above, please reach out to the nurse for the appropriate forms to be completed by the parent/physician. More information regarding Asthma, Epipens, and Diabetes may be found in the School handbook under Health & Safety.

-Transfer Students (Never attended an Illinois school): Must have a complete physical done with updated immunizations to meet IL school requirements. Any student entering an Illinois school for the first time is required to have an eye examination. Examinations must be performed by a licensed optometrist or medical doctor who performs eye examinations, as specified in the Illinois Department of Public Health administrative rules. Contact the nurse for proper forms.

-Transfer Students (from Illinois school): New students who transfer from a school within IL are required to provide a copy of their ninth grade or current physical with immunizations.

Prescription/Over the Counter Medication: Only those medications which are absolutely necessary for the critical health and well-being of a student and to maintain the student in school shall be administered during school hours. Contact the school nurse and complete the appropriate forms before sending medications to school. Medications are to be kept in the health office. **No medication, either prescription or over the counter, may be carried at school by a student except; Inhalers, Epi-pen and glucose as ordered by a physician.**

-School Medication Authorization Physician Form

The medical forms can be found on the PCHS website under Health Services.