

Dr. Cory Steiner- Superintendent
Crysta Schenck- Elementary Principal
Doug Margerum- Secondary Principal
Bryce Laxdal- Activities Director
Sam Johnson- Dean of Learners
Paige Carlson- Business Manager

NORTHERN CASS EDUCATORS OF THE YEAR



Educator of the Year

Carla Wolsky



Specialist Educator of the Year

Officer Lindsey Nettetstad



Support Staff Educator of the Year

Carrie Petersen

UPCOMING EVENTS

March 4- Gearing up for Kindergarten
(6:00-7:15PM)

March 11- Special Board of Education Meeting (4:00PM)
Board of Education Meeting (5:30PM)
Secondary Mandatory Registration

March 11-12- Parent/Educator Conferences

March 12- Regional Acalypmics (Oak Grove HS)
PreACT and ACT Test (Levels 10-11)

March 13- Level 5 Job Shadow

March 14-15- Spring Break NO SCHOOL

March 18- ABLE Games Practice
Gearing up for Kindergarten (6:00-7:15PM)

March 21-Musical (7:00PM)

March 22-Musical (7:00PM)

March 23- Baseball Clinic (Level 3-6) (9-11:30AM)
Musical Performance (4:00 and 7:00PM)

March 29- April 1st- NO SCHOOL



Jaguar Athletics Page

Varsity games will be

broadcast on:

YOUR LIVE EVENT.COM

Families,

At Northern Cass, we believe every learner can change the world; therefore, we will provide a world class education. To be able to do this, we follow our Collective Commitments which guide the daily behavior of educators. These commitments are ‘what’ we do at Northern Cass.

- ‘We are dedicated and passionate about relationships, teaching & learning, self-reflection, acknowledging greatness, and service to the Northern Cass community.’
- ‘We are driven toward continuous improvement.’

We will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

A Few Thoughts

Recently, I have found myself reflecting on the concept of capacity. A simple google search will provide definitions for capacity. The definitions are related to the maximum amount that something can contain or the amount that something can produce. I disagree with these definitions. I wonder if there is such a thing as the maximum amount something can contain or produce. I’m making the claim we need to reconsider what we believe we know about capacity.

Throughout all of history, capacity has been proven ‘wrong’. Let me use a few examples. In 1954, Roger Bannister was the first recorded human being to break the four-minute mile. He did so and ran a time of 3.59.4. At that time, it was something many believed was not possible. The human body did not have the capacity to achieve this milestone. The current record for the mile is 3.43.13. My guess is this will be broken many more times throughout history. Capacity was proven ‘wrong’.

In 2013, Joey Chestnut ‘ate’ 69 hot dogs in ten minutes. Not only did he win the event by 18, he also set a new world record breaking his own record of 68 set in 2009 and 2012. Currently, he holds the world record at 76. Multiple books have been written about him and a common theme exists. There was a point throughout his career where they didn’t believe he could ‘eat’ more. Yet, his world record continues to climb. Capacity was proven ‘wrong’.

You can ‘see’ this concept of capacity in almost every aspect of human life. The initial telephone to the smart phone, the first automobile to self-driving cars, and the first computer (which filled an entire room) to a variety of devices which can do more in a much ‘smaller package’. There are few things in our lives which have ‘held’ true to the definition of capacity. I’m not sure capacity truly exists. I believe we live in a time where capacity should be approached differently. When we ‘reach’ capacity, we should simply take time to celebrate the accomplishment and to reflect on how it was achieved (and by who/what) and then commit to finding a way to go above and beyond what was never thought possible.

Why do I write about this? I believe this concept is what makes Northern Cass great. We look at capacity (of what we used to do and believe was possible) and then strive to establish a new ‘capacity’. Great organizations respect capacity but realize their greatness relies on never allowing it to dictate their growth. Northern Cass has created a system of learning which has re-established capacity (many times) and what we thought was possible. If we can continue to honor capacity and commit to re-establishing it EACH time, we will create a world class system of education which honors every learner as an individual.

Congratulations

Congratulations to the following:

1. Carla Wolsky—Northern Cass Educator of the Year. Carla will advance to the Cass County competition. If she were selected as the recipient for Cass County, she would advance to the state competition.
2. Officer Lindsey Nettekstad—Northern Cass Specialist of the Year.
3. Carrie Petersen—Northern Cass Support Staff of the Year.

Congratulations



Brody G. (#215), Isabelle E. (#118), and Gavin G. (#121), represented Northern Cass at the North Dakota State Wrestling tournament in Fargo last month. Gavin and Brody placed 8th at the East Region Boys Individual Tournament making them state qualifiers and Isabelle placed 6th at the East Region Girls Individual Tournament making her a state qualifier.

Isabelle and Brody also made Academic All State Wrestling. These Wrestlers met the minimum GPA of 3.4 and qualified for the top 8 in the East or West Regions.

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"Learning from the best, you will eventually become the best if you have the talent already, if you have that potential." – Randy Orton



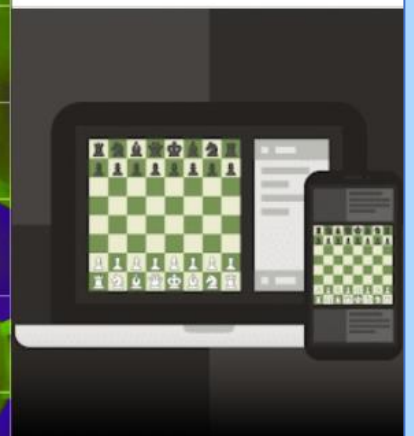
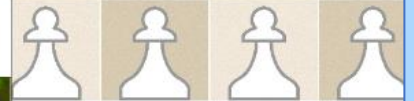
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ESPORTS

Fenworks has the premiere competitive Esports league in the Midwest for learners. Through seasonal leagues, professional coaching, and spirited competition, we enable students to tap into their enthusiasm for gaming and technology, acquiring invaluable skills that pave the way for their future.



Chess



Northern Cass learners competed in the Fenworks 2023 - 2024 ND/MN Esports State Tournament on February 22nd-24th in Grand Forks at the UND Memorial Union.

Congratulations on making it to State: Tucker R., Vova H., Wyatt F., Brody M., Bradly B., Cooper M., Eli O., Bristyn S., and Noah C.!!

The Northern Cass Poetry Out Loud Recitation Competition wrapped up on January 30th. Learners in grades 9–12 compete at the classroom level, reciting one poem from the Poetry Out Loud website; then the top competitors in each class are invited to compete at the school final. This year, ten learners moved on to the final, where they each recited two poems. Maleah P won the competition again this year and represented Northern Cass at the POL state competition on February 26th in Bismarck, where she placed 5th in state for Poetry Out Loud. Northern Cass has taken part in this national competition since 2008. Our school boasts several state podium finishers and two North Dakota Poetry Out Loud State Champions: Zach Howatt and Kylie Howatt.

2024 competitors:

Brody V, Marley W, Avery D, Trever L, Riland B

Marshall S, Nora S, Maren M, Lila D, Maleah P



Northern Cass Public School brought five spellers (Micayla C., Grayce N., Lucy J., Carter L., and Isaac B.) to the Cass County Spelling Bee. They competed in a written round against 11 other schools and almost 50 spellers.



We were proud to announce that Micayla C. advanced into the top 12 spell off at the Cass County Spelling Bee, where she finished in the top six!

Congratulations to the Varsity Girl's Basketball Team on making it to the State Tournament!!



SPORTS **INFORUM**
POWERED BY THE FORUM AND WGNR

Northern Cass downs Valley City Hi-Liners to win girls Region 1 title, advance to Division A state tournament

The Jaguars built up a lead through the middle section of the game to pull away from Valley City and punch their ticket to the Division A state tournament.



INFORUM

Northern Cass Jaguars ready for first girls basketball state tournament appearance in 19 years

While none of the current Jaguars were born when Northern Cass played in the 2005 state tournament, one player and an assistant coach were both in attendance for that year's region tournament.



During their science/social class, Level 4 students learned about static electricity with the help of a guest scientist, Mr. Klapp. The photos showcase some interesting arcs of electricity! They then used their knowledge on energy transfer to create cities that light up through circuits of electricity.



Philanthropy /phi·lan·thro·py /fəˈlanθrəpē/

noun

the desire to promote the welfare of others, expressed especially by the generous donation of money to good causes.



Thank you, Mackenzie Tadych, for all your hard work with educating our learners about philanthropy on Giving Hearts Day. You are inspiring and we are grateful to have you as a Northern Cass educator.

Jag on the Job

Take Jags to work!



Jag Travels

Thank you to the Bauer, Danielson, Feeken, Head and Swift families for taking Jags with them on vacation!



Take Jags on your next trip!

For the month of March, Levels 9, 10, 11, and 12 will participate in an attendance challenge. Each Level is seeded 1-4, based on January average daily attendance rate. (Absences that are excused with medical notes and school sponsored activities are not factored into the challenge). Using average daily attendance data, a tournament-style bracket will be used to advance the winning class to the next round.

Juniors will be the #1 seed with 96.34%
Freshman will be the #2 seed with 95.50%
Sophomores will be the #3 seed with 95.45%
Seniors will be the #4 seed with 94.94%

March 4th to March 13th - we will be tracking average daily attendance between classes. The classes with the best attendance will move on to the next round.

March 18th to March 29th will be the championship round for tracking between the last two classes. We will still follow and monitor the 3rd place round as well.

Goals

Raise awareness of the importance of being in class every day.
Decrease "spring slump" in attendance.

Prizes

Winning class -
Eat lunch first for the month of April.
Pizza delivered one day for lunch

Individual class members will be eligible for weekly gift card drawings

MARCH MADNESS ATTENDANCE

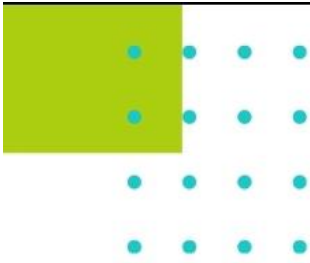
MARCH 4-29TH, 2024
NORTHERN CASS SECONDARY



Nurse's Corner

The Benefits of Breakfast

Breakfast is widely considered to be the most important meal of the day. This is because it is the time when your body refuels itself after a night's rest. While we sleep, our body continues to work and burn energy, which means that when we wake up in the morning, our body (and especially our brain) needs more glucose, also known as blood sugar. This is the primary source of energy for the brain. Eating breakfast can provide us with more strength, better concentration, improved memory, and sharper problem-solving abilities. In addition, eating breakfast regularly can reduce the need for frequent doctor visits, as well as lower the risk of developing obesity, diabetes, and heart disease, according to the American Heart Association. Children who eat breakfast are more likely to meet their daily nutritional needs, maintain a healthy weight, have lower cholesterol levels, and attend school regularly. Let's make sure we get each day off to a good start by eating a healthy breakfast.



Exciting News!

The Northern Cass Community Health & Wellness Center (NCCHWC), a 501(c)(3) nonprofit, is delighted to announce a commitment from Dakota Heritage Bank, marking a pivotal moment in the development of this innovative community resource. In collaboration with Essentia Health, the NCCHWC aims to address the holistic health and wellness needs of individuals and families within the region it will serve. This project intends to be privately funded.

Dakota Heritage Bank's generous support will be commemorated through the naming of the Grocery Pantry & Personal Care space within the Wellness Pantry, reflecting their dedication to ensuring access to essential resources for all community members. With Dakota Heritage Bank's commitment, the Grocery Pantry & Personal Care space will serve as a vital resource hub, providing necessary items to support individuals and families in times of need.

The NCCHWC project, currently in its capital campaign phase, plans to construct a facility on-site at Northern Cass Public School's campus which will include a clinic, wellness center, daycare, community space, as well as the aforementioned grocery and personal care pantry.

"We are immensely grateful for Dakota Heritage Bank's commitment to our cause," said Susie Carlson, president of the NCCHWC Board of Directors. "Their dedication to the community aligns perfectly with our vision of fostering holistic well-being for all. Together, we are creating a space where individuals can access not only medical care but also essential resources that contribute to overall health and happiness in our rural communities."

"Dakota Heritage Bank is honored to be part of this innovative project," Jason Hauff, president at Dakota Heritage Bank said. "This new facility will help fulfill and expand on the services that are needed in our communities and school district. Many rural areas face the same challenges we do, but thank you to the NCCHWC Board as they have come up with a solution to address those needs."

Northern Cass Community Health & Wellness Center is actively seeking support for its capital campaign and looks forward to continuing its discussions on collaborations with local businesses, organizations, and families dedicated to enhancing community well-being.

For more information on how you can support the Northern Cass Community Health & Wellness Center project, visit www.ncchealthwellness.org.

<https://www.ncchealthwellness.org/>

www.facebook.com/NCCHWCTF/

Family Engagement Survey Results 2024

In January 2024, Northern Cass School sent a survey to learn family perspectives on what makes for meaningful family engagement. 113 families participated, representing all communities. Below are the themes that came out of the survey. The next steps are to talk more about family engagement with families and find ways to support the theme areas identified in the survey.

THEMES



91% of families indicated communication is an important part of their child's success. Types of communication identified were:

- Communication about school events and activities via the newsletter and online
- Communication between parents and educators about their child
- Parent-Educator Conferences
- Resources for adults to help their children at home



- 65% of families felt opportunities to participate in classroom activities are important to their child's success.
- 48% felt opportunities to be part of committees for school decision-making was important to their child's success.

Additionally, 53% felt at-home opportunities to engage in their child's school work was important.



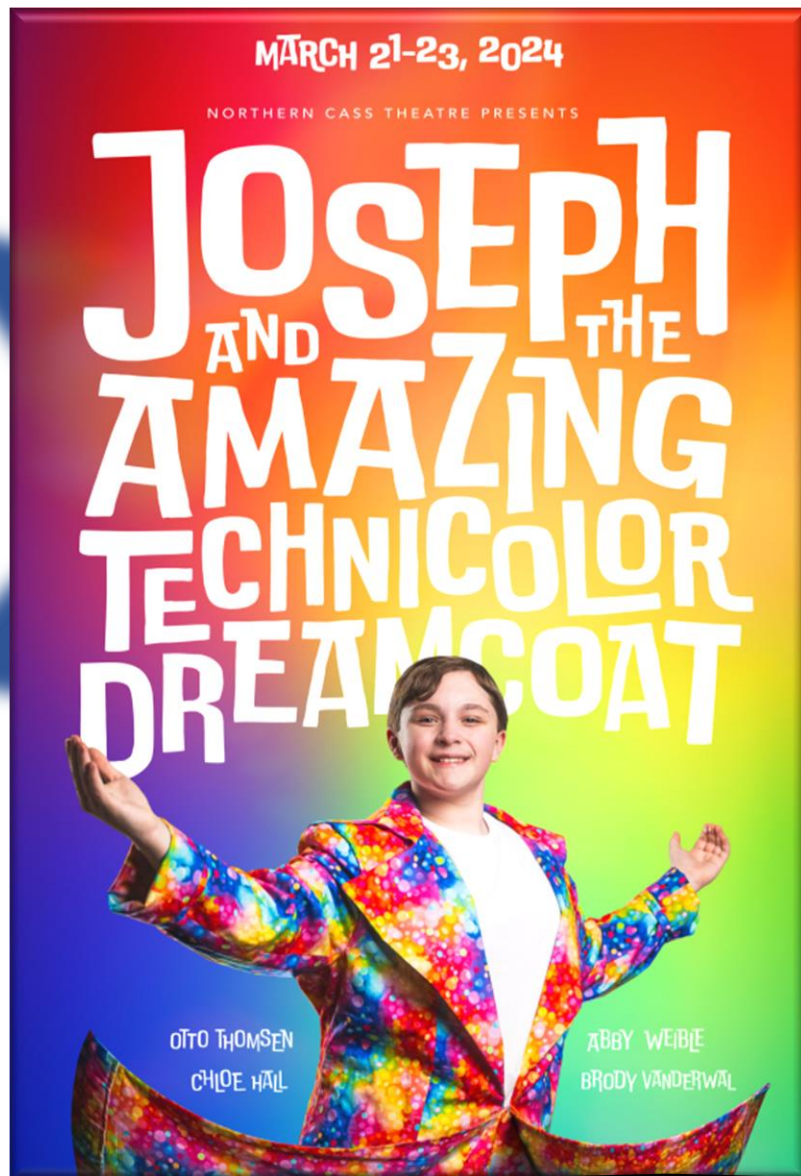
How often are you able to spend meaningful time together as a family? (e.g. playing games, reading together, cooking together, doing a shared hobby together, etc.).
112 responses



The survey demonstrated that meaningful engagement is happening at home. Most of the engagement happening outside of school, termed "invisible engagement" has an impact on learner success.

In Your Words...

"Family engagement is how schools and family units can work together to better the education and experience of every learner, while growing their own skills and abilities."



[PURCHASE TICKETS HERE](#)



MISSOULA
CHILDREN'S
THEATRE

A PRODUCTION OF MOT. INC.

The Secret Garden

Adapted by Michael McGill • Music & Lyrics by Michael McGill

April 15-20

Father-Son Baseball Clinic

(Any "father" figure can participate - grandparent, aunt/uncle, older sibling, etc)

Northern Cass Baseball will be running a skills clinic for younger players interested in baseball! The skills will be set up in rotations and led by our current varsity players.

We kindly ask to **RSVP by March 15th** so we can plan accordingly.

Contact **Sam Johnson** with any questions!

Levels: 3-6

Date: March 23rd

Time: 9:00-11:00 (clinic)
11:00-11:30 (lunch)

Location: Northern Cass Gym (outdoors - weather permitting)

Cost: \$30 per athlete (covers lunch and T-shirt)

*Max \$50 per family

Wear gym shoes, bring a glove, and bat if you have one!

Sign up using the QR code below **OR** the back of this form. (not both)



Email Address (used for communicating any changes with the event):

Phone Number: _____

Name of Athlete: _____

Grade: _____

Other son(s) and grades: _____

T-Shirt sizes needed for son(s) _____

Dietary Restrictions _____

Parental consent signature _____ Date _____

The participant attending the father/son clinic does so at his own risk. The Northern Cass baseball staff, players, and Northern Cass Public Schools are not liable for any damage arising from personal injury sustained by the participants during the father/son clinic. The participant and his parents assume full responsibility for any damage or injuries which may occur to the participant during the father/son clinic and hereby exonerate and discharge, release and hold harmless the Northern Cass baseball staff, players, and Northern Cass Public Schools. I certify to the best of my knowledge, the participant is in good physical condition and has no disease or injury or medical condition that would impair performance in activities participated in during the father/son clinic.

Cost: \$30 per athlete (max \$50 per family)

Make checks payable to "Northern Cass Baseball"

Place an 'X' on this line if you plan to pay on March 23rd: _____

Northern Cass
**Dollars for
SCHOLARS®**
A Program of Scholarship America®



NORTHERN CASS PATRONS

PLEASE DON'T HANG UP when your phone rings on Sunday, March 10th after 6:30 pm.

We are very excited to announce that the Burgum Foundation will be matching your donation this year. For every dollar that you donate, it will **DOUBLE!!!!**

Northern Cass School seniors' class of 2024 will be making calls to all the patrons in our school district on the evening of March 10th. All money raised will stay in our area and go towards scholarships for our 2024 graduates and an endowment fund, which is a permanent fund whose interest will be used to provide scholarships to qualifying seniors each year.

If, for some reason, you are not contacted and wish to donate, please forward your donation to:

Northern Cass Dollars for Scholars
PO Box 268
Hunter, ND 58048

For electronic giving please go to NorthernCassSchool.org – click on activities-Dollars for Scholars – and the “Donate Now” link.

■ ■ ■ The Northern Cass School Board would like to invite you to an

**OPEN
MEETINGS
TRAINING**





Monday, March 11
4:00 PM
Northern Cass Library
16021 18th St SE, Hunter ND

Email Paige Carlson for an questions
paige.carlson@northerncassschool.com

Zoom link posted on the
Northern Cass School Board website

EARLY LEARNING FAIR



SATURDAY, APRIL 6TH

8:30-11:30 AM

NORTHERN CASS SCHOOL

**For families with children birth-age 5
potentially attending Northern Cass**

- SENSORY ACTIVITIES
- HANDS-ON SNACK DEMONSTRATION
- STORY TIME
- GROSS MOTOR ACTIVITIES
- SCHOOL AND BUS TOURS
- INFORMATIONAL BOOTHS
- DOOR PRIZES



INTERESTED IN
ATTENDING?

PLEASE
COMPLETE
FORM



JESSICA.REGNER@NORTHERNCASSSCHOOL.COM

701-874-2322





NORTHERN CASS S. T. E. A. M. CAMP

**3 DAYS OF FUN
FOR LEARNERS ENTERING
GRADES 1-6 FALL 2024**

Register for 1, 2, or all 3 Days!



**STRUCTURES
TUESDAY,
MAY 28**

**SPACE
WEDNESDAY,
MAY 29**

**LEGOS
THURSDAY,
MAY 30**

Need To Knows

- ✓ \$40/Day or \$110 for all 3 Days
- ✓ Bussing from Several Locations
- ✓ Bring Own Lunch/Snacks Provided
- ✓ 9:00AM - 3:00PM
- ✓ *Looking for Level 7-12 Helpers!

Northern Cass School

16021 18th St SE; Hunter ND

Registration Link



**Registration
Closes April 26th**

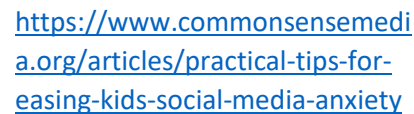
**MORE
INFORMATION**

Contact: Ashley Krinke 701-874-2322
ashley.krinke@northerncassschool.com



<https://www.commonsensemedia.org/articles/parents-ultimate-guide-to-snapchat>

<https://www.common sense media.org/articles/parents-ultimate-guide-to-tiktok>



Start Dates		August 22 & January 2						
<i>Aug 19 BACK TO SCHOOL/MEEET THE EDUCATOR EVENT from 6-8pm</i>								
End Dates		December 20 & May 22						
Wednesday PLCs	school starts 9:00am							
Graduation		May 25 at 2pm						
Holidays/Breaks for Learners * indicates educators have professional learning /indicates storm day								
Labor Day	September 2							
Indigenous People's Day	October 14							
NDCEL Conference	October 17-18							
Veterans Day	November 11							
Thanksgiving	November 27 - 29							
Christmas/New Years	December 23 - January 1							
Martin Luther King Day	January 20							
Winter Breaks	February 17 March 10, 13 - 14							
Spring Breaks	April 11, 18 (Good Friday), April 21							
Parent/Educator Conferences	October 14 March 10							
Total Learner Contact Days =	172							
NC Total Learner Hours=	1124.5 hours (172 x 6.5 hours)							
State requirement= 962.5 for elementary and 1050 for secondary								
Educator Professional Learning Days								
New Staff	August 5, 6, 7							
All Certified Staff (before school)	August 14, 15, 19, 20							
Throughout Year	certified educators October 14, January 20, March 10 April 11=Senior Capstone/Educator Exhibitions							
EDUCATOR COMP DAYS	November 29 & March 14							
<div> <p>Northern Cass Public School 16021 18th St SE Hunter, ND 58048</p> <p> Northern Cass School District #97</p> <p> @NCS97</p> </div>								

August										learner contact days	January										learner contact days
				1	2	3								1	2	3	4				
4	5	6	7	8	9	10					5	6	7	8	9	10	11				
11	12	13	14	15	16	17					12	13	14	15	16	17	18				
18		20	21	22	23	24					19	20	21	22	23	24	25				
25	26	27	28	29	30	31				7	26	27	28	29	30	31					21
No PLCs Aug 22																					
September											February										
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8	9	10	11	12	13	14					2	3	4	5	6	7	8				
15	16	17	18	19	20	21					9	10	11	12	13	14	15				
22	23	24	25	26	27	28					16	17	18	19	20	21	22				
29	30									20	23	24	25	26	27	28					19
October											March										
		1	2	3	4	5														1	
6	7	8	9	10	11	12					2	3	4	5	6	7	8				
13	14	15	16	17	18	19					9	10	11	12	13	14					

March

2024

* Whole grain bread, fruit, and vegetable available daily

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Fruit & Yogurt, Parfait, Granola, Fruit, Juice, Milk Cheese Pizza Quesadilla, Mac 'n' Cheese, Broccoli, Salad Bar, Fruit, Milk	2
3	4 Apple Frudel, Fruit, Juice, Milk Corn Dog, Tator Tots, Salad Bar, Fresh Fruit, Milk	5 Mini Pancakes, Fruit, Juice, Milk Chicken Bacon Ranch Pasta, Peas, Salad Bar, Fresh Fruit, Milk	6 Egg & Cheese Bagel, Fruit, Juice, Milk Garlic French Bread, Green Beans, Salad Bar, Fresh Fruit, Milk	7 Blueberry Muffin, Fruit, Juice, Milk Chicken Sticks, Mashed Potatoes, Salad Bar, Fresh Fruit, Milk	8 Lemon Bread, Fruit, Juice, Milk Popcorn Shrimp, French Fries, Salad Bar, Fresh Fruit, Milk	9
10	11 Maple Waffle Bites, Fruit, Juice, Milk Chicken Quesadillas, Corn, Salad Bar, Fresh Fruit, Milk	12 Mini Cinni, Fruit, Juice, Milk Walking Tacos, Toppings, Salad Bar, Fresh Fruit, Milk	13 French Toast, Sausage, Fruit, Juice, Milk Egg bake, Pancakes, Salad Bar, Fresh Fruit, Milk	14 NO SCHOOL	15 NO SCHOOL	16
17	18 Pop Tarts, Fruit, Juice, Milk Hot Dogs, Baked Beans, Salad Bar, Fresh Fruit, Milk	19 Cinn. Toast Cr. Bar, Fruit, Juice, Milk Popcorn Chicken, Mashed Potatoes, Salad Bar, Fresh Fruit, Milk	20 Breakfast Pizza, Fruit, Juice, Milk Spaghetti w/Meat Sauce, Salad Bar, Fresh Fruit, Milk	21 Banana Bread, Fruit, Juice, Milk Rib Patty on a Bun, Mac 'n' Cheese, Salad Bar, Fresh Fruit, Milk	22 French Toast Bites, Fruit, Juice, Milk Individual Pizzas, Salad Bar, Fresh Fruit, Milk	23
24	25 Strawberry Bagel, Fruit, Juice, Milk Pancake Wrapped Saus., Hashbrown Patty, Salad Bar, Fresh Fruit, Milk	26 Blueberry Waffle Bites, Fruit, Juice, Milk Hamburgers, French Fries, Salad Bar, Fresh Fruit, Milk	27 Saus/Egg & Cheese Sand, Fruit, Juice, Milk Soup and Sandwich, Salad Bar, Fresh Fruit, Milk	28 Vanilla Long John, Fruit, Juice, Milk Big Daddy's Pizza, Corn, Salad Bar, Fresh Fruit, Milk	29 NO SCHOOL	30/31

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