

**Our Why:** We believe every learner can change the world; therefore, we will provide a world class education.

**Our Values:** Northern Cass will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

**Our Collective Commitment:** We are dedicated and passionate about teaching and learning, self-reflection, acknowledging greatness, and service to the Northern Cass community. We are driven towards continuous improvement.

Families, Update 2/2/24

Please read for updates related to Northern Cass:

- 1. IMPORTANT for Levels 8-11; Northern Cass High School Mandatory Registration Meetings! Get ready for the 2024-25 school year by attending our mandatory in-person registration meetings at Northern Cass School on the evening of February 27th. These meetings are mandatory for all levels 8-11 learners and their parents/guardians. You will find out graduation requirements, courses and opportunities offered next year as well as choose your desired courses. Hotdogs, beans and chips will be served for learners and parents to eat before or after their designated session. The following is the schedule: LEVEL 11: 4-5pm, LEVEL 10: 5-6pm, LEVEL 9: 6-7pm, and LEVEL 8: 7-8:15pm. Please click on the following link on how many will attend so we can prepare the right amount of food (Registration Link).
- 2. Senior Parents: Please see the attached letter regarding the requirements and specifications for senior photos. These photos will be used not only for the yearbook, but also for the class composite, the TouchWall, and any local media requests (e.g. Fargo Forum, etc.). Our deadline is March 8 because the local media requests photos at least 2 months in advance of graduation. Click here to view.
- 3. Seeking Feedback from Alumni: Northern Cass is seeking feedback from Northern Cass alumni from the past six years. Please forward this onto anyone you know who may be able to provide us valuable feedback about their experience at our school: Alumni Survey.
- **4.** Class Composite Pictures: When you are Northern Cass, please stop by the TouchWall (outside east gym) and view the new class composite pictures which have now been uploaded!
- **5. Parent Guidance:** Parents, there is a superhero in all of us, sometimes we just need help to find a little courage. Let us help you find your courage and be a protector of your children. Parent Coaching is a free resource that connects you with a parenting coach and content created by therapists. Click here to register for support from a coach:

  <a href="https://cookcenter.info/coaching">https://cookcenter.info/coaching</a>
  Please also see <a href="https://cookcenter.info/coaching">Superhero coaching flyer</a>.
- 6. Summer Theater a POSSIBILITY for Learners Kindergarten through Level 8: We are surveying families to plan an exciting new opportunity Northern Cass Summer Theater Camp! Pending results, we will be able to finalize times and groups. The dates will be the 3rd week of June. Times and dates for the show will be announced soon. The Northern Cass Theater Camp would have an emphasis on acting skills, gaining confidence on stage, increasing self-esteem and working together as a group through games, storytelling, and rehearsals. We will end the week with performances! We will base this summer's camp offerings on the interest survey (see below), so please be sure to watch for more information following this survey.
- 7. Learn to Ride a Bike Program: Link
- **8. Northern Cass Informational Videos:** This is a video library of resources to help navigate programs here at Northern Cass. <u>Click here to view.</u>

- 9. Yearbooks in TouchPro & On-Line: The digital yearbooks which have been sponsored are now on the Touchwall TV beside the east gym and available on-line (Yearbooks). The following yearbooks have been added: Northern Cass High School-1998, 2001, 2002, 2003, 2007, and 2018; Grandin-1972; Cass Valley North-1978, 1985, 1990, 1991, and 1996); Dakota High School-1972, 1987, and 1992). If you are interested in adding a yearbook to the site, please contact Stacy Erickson at <a href="mailto:stacy.erickson@northerncassschool.com">stacy.erickson@northerncassschool.com</a> to become a sponsor!
- 10. Parent Coaching: February is the month focused on love and relationships. Join Parent Coaching to help nurture and strengthen your relationship with your children. Parent Coaching is a free resource that connects you with a parenting coach and content created by therapists. Click <a href="HERE">HERE</a> to register for on-going support from a coach:</a>
  Stick Figures coaching flyer
  Spanish Stick Figures coaching flyer
- **11. Parent Portal:** We have added a <u>Jaguar Parent Portal</u> under Parents on the school website. This page is full of resources and information for parents and caregivers. Take a look!
- 12. Unlock the power of emotional regulation in **February's Mental Health Newsletter** (English). Emotional regulation is the key to building resilient, well-adjusted children. In today's fast-paced world, it's crucial for parents to be in the know about nurturing emotional intelligence. Join us and start by reading this month's newsletter. As always, check out the <u>ParentGuidance.org</u> resources where you can access free courses led by licensed therapists on more than 50 topics. Check out the course titled, **Parenting with Purpose**. To access the course, simply navigate to ParentGuidance.org and click On-Demand Courses.
- **13. Health and Wellness Center:** Click <u>here</u> for an update on the Northern Cass Community Health & Wellness Center project. You can also find past information and stay up-to-date by visiting <u>Northern Cass Community Health and</u> Wellness Center Task Force | Hunter ND | Facebook.
- **14. Northern Cass Inquiry and/or Complaint Form:** As Northern Cass continues to expand opportunities for communication, please consider utilizing the Inquiry Form (under the Quick Links tab on the website) for questions/concerns you have about the district. Please click on the <a href="Inquiry and/or Complaint Form">Inquiry and/or Complaint Form</a>.
- **15. Maintenance Request Online Form:** Now available on our website under Quick Links, we have an online maintenance request form to help educators and learners report maintenance needs on the school property: <u>Maintenance Request</u>
- **16.** The Jaguar Wellness Pantry and Lunch Repack is Open! If your child or family is in need contact us at pantry@northerncassschool.com.



Dr. Cory Steiner, Superintendent for Northern Cass School District