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Dr. Cory Steiner- Superintendent
Crysta Schenck- Elementary Principal
Doug Margerum- Secondary Principal
Bryce Laxdal- Activities Director
Sam Johnson- Dean of Learners
Paige Carlson- Business Manager

Upcoming Events

November 6, 7, 9- Varsity Volleyball Regional Tournament (Lisbon)

November 8- Level 5 Grandparents Day (2:00-3:30PM)

T4 Career Event for Levels 8-12

Acalympics @ Central Valley

November 9- Professional Learning Day NO SCHOOL

2024-25 Preschool informational meeting (5:30PM)

November 10- NO SCHOOL

November 13- Board of Education meeting (5:30PM)

One Act Play Performance (7:00PM)

November 14- ASVAB (Juniors)

November 15- Speech Interest Meeting (8:30AM)

Children's Theatre @ MSUM, Level 3

State of the District Virtual Meeting (6:00PM)

November 16- Football Banquet

November 20- Vision Screening (PK-6)

ABLE Games

November 20-21- Fill the Dome

November 22-24- NO SCHOOL

November 30- Freshman Career Expo at the Fargodome

VETERANS DAY

Saturday, November 11th



HONORING ALL WHO SERVED
IN TIMES OF WAR - IN TIMES OF PEACE



WWW.VA.GOV

Families,

On Wednesday, November 1st, Northern Cass School will be hosting visitors from the ND Bureau of Criminal Investigation. They will be presenting on staying safe while online. They will also be presenting and sharing the message on cyber bullying, sexting, sextortion and leaving your digital footprint. A key focus of the presentation is educating learners to understand once they delete something it isn't gone.

There are two different presentations. One is for middle school learners and the other for high school learners. The presentations will be similar but delivered in a different format for the age levels. Each presentation will last approximately fifty minutes. The middle school presentation will be held from 10:00am to 10:50am, and the high school presentation will be held from 11:00am to 11:50am.

We look forward to hosting this event and providing learners with this opportunity. Please take the time to visit with your learner about their experience after this event. If you have any questions, please reach out to Doug Margerum, Secondary Principal, doug.margerum@northerncassschool.com.

Jaguar Athletics

<https://www.northerncassschool.org/page/athletics-home>

Varsity games will be broadcast on:

YOUR.LIVE.EVENT.COM



At Northern Cass, we believe every learner can change the world; therefore, we will provide a world class education. To be able to do this, we follow our Collective Commitments which guide the daily behavior of educators. These commitments are ‘what’ we do at Northern Cass.

- ‘We are dedicated and passionate about relationships, teaching & learning, self-reflection, acknowledging greatness, and service to the Northern Cass community.’
- ‘We are driven toward continuous improvement.’

Our Northern Cass values are we will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

I have traveled a lot for work the past few years. Although I have participated in a significant amount of formal education, I have learned more from when I travel than I have in any program in which I have participated. I believe I have learned everything I needed to know about life on an airplane. This newsletter is a unique take on experiences which helped reinforce my perspective on how we should live and act in today’s world.

1. Do not recline your seat.

As I watched a young man recline his seat and hit the man behind him in the knees, I realized there was a lesson in this often normal (and accepted) behavior. I understood why the man reclined...self-satisfaction...being more (or somewhat) comfortable. It makes sense. However, we must look outside our own comfort if we are to truly do what is right by others. By not reclining, you are telling the person you respect them. You are willing to sacrifice (for a time) your satisfaction so they can have a ‘little’ more space. This should be who we strive to be in life. We must be willing to sacrifice our own comfort to positively impact others. It is when we impact others that we can live a fulfilled life.

2. Young children will cry on an airplane.

We see the crying child in the check-in line, and we are all thinking the same thing. Please do not let them sit by (or near) me. We roll our eyes when the child cries or will not sit still. We wonder why parents cannot ‘control’ their children. I will let you in on a secret. There is not a parent in the world who hopes their child will not behave appropriately on an airplane. There is not a parent in the world who is praying for an event free trip. How does this relate to us (if you do not have children or are the one parent whose children never melt down on a plane)? Simply put...we need to stop blaming others and control what we can control. We must empathize instead of criticize! Offer a helpful word or gesture because we know it will make a difference. We can choose not to blame; we can forgive, forget, and focus on helping.

3. A Message Matters but How the Message is Delivered Matters Most

We can script ‘life’ as much as we want, but effectiveness boils down to the person delivering the script. When James Earl Jones reads, I listen...not because of the content, but because of the sound. When George Costanza (Seinfeld reference to those too young to remember) reads, I doze off to sleep. On my trip to California, I listened to five flight attendants go through safety protocol. I cannot recall four of them. However, one of them stood out. The message was no different, but the delivery was unique. It was someone who was (or pretended well to be) excited about the content. They made the content seem real to me and I found myself paying close attention. At that moment, I realized something. We all have a message to share. However, the message will always be secondary to how the message is shared.

4. Say Thank You

Many years ago, my wife and I arrived in Minneapolis from a vacation. The bags which were checked planeside were arriving via a machine. There was a mass of people standing in front of it. My wife and I happened to be directly in front of all the bags. We looked at each other and said, 'let's get to work'. We started unloading the bags and handing them to people as they walked into the airport. I am not telling you this because we want to be recognized. I am telling you because of what did not happen. We finished handing out the bags (probably 35-40), grabbed our bags, and headed to our next gate. On the walk, my wife said something I would have never noticed. She said, "Did you notice not one person said thank you?" She was right. I do not think we were on a plane with only rude people. I was with a group of people who were tired from flying and wanted to get home. We go so fast in life that we often forget the power of a 'thank you'. We must make time to say thank you for what others do for us. When we do not do this, we lose an opportunity to make someone's day.

5. The person is more powerful than the process.

It is clear flight attendants have a process when they are on a flight. Personality makes a difference, but on one flight, I did not see personality (or lack thereof) from any of the flight attendants. I saw the process and it intrigued me. I realized it did not matter who the person was, but rather, the process the organization put into place. A strong process endures while a strong person...well...you never know. Great organizations are not about an individual, but rather about the collective responsibility of an organization to build its own capacity. It is the process and not the person that is key.

As I have gotten older, I realized the opportunity to learn is around us...at all times. We have to take advantage of those times. My challenge for you is to be mindful of what is happening around you. Observe...learn...and your next 'airplane' ride will become filled with learning and inspiration.



NORTHERN CASS COMMUNICATION PLAN

Northern Cass School District's comprehensive communication plan ensures two-way communication strategies with all stakeholders. The plan will be transparent and inform all stakeholders of district decisions and activities.

School District Communication to Stakeholders

Type of Communication	Timeline:	WEBSITE	FACEBOOK INSTAGRAM	EMAIL	PHONE CALL	TEXT MESSAGE
Emergency Announcements	As Needed					
Late Start, Early Dismissal, Closure	As Needed					
District Newsletter	Monthly					
Dr. Steiner's Weekly Memo	Weekly					
School Celebrations	Ongoing					
PK-5 Educator to Family Communication	As Needed					
6-12 Educator to Family Communication	As Needed					
School-Wide Flyers	Ongoing					
Forms & Documents	Annually & Ongoing					
School & Activity Calendars	Ongoing					
Learner Handbooks	Annually					

NOTE: This Communication Plan matrix is a guide. Every effort will be made to adhere to it; however, circumstance may dictate deviation.

Activities Communication

Type of Communication	Purpose	Timeline	Audience	Person Responsible for Communication
School Webpage: Activities	Central repository of Activities information: general activities information, individual activity websites.	Ongoing	Learners, Parents, Educators, Community	AD, Webmaster, Coaches & Advisors
Forms & Documents	Participation forms required by NDHSAA. On Activities website page.	Ongoing	Learners, Parents, Coaches & Advisors	Activities Director & Webmaster
Activities Handbook	Expectations for all learner participants. On Activities website page.	Annually	Learners, Parents, Coaches & Advisors	Activities Director & Administration
Remind App	Keep learners and parents updated practice or game communication.	Ongoing	Learners & Parents	Coaches & Advisors
rSchool Today & Live Feed	Game schedules and schedule changes. On website live feed. rSchool also available as an app.	Ongoing	Learners & Parents	Activities Director
Twitter: @jags_ad	Celebrating Jaguar Activities and sharing schedule and activity information updates - as a back up.	Ongoing	Learners, Parents, Community	Activities Director
Your Live Event	YouTube livestream Varsity Athletic home events. Link found on school website under Quick Links.	As Needed	Community	AD & Tech Director
Jags Online	Livestream concerts and school events. Link found on school website homepage.	As Needed	Community	AD & Tech Director

Educator/School to Learner/Parent Communication

Type of Communication	Purpose	Timeline	Audience	Person Responsible for Communication
Back to School Night	Introduce parents and learners to educators and a new school year.	Annually Before Start of School Year	Learners, Parents, Educators & Administration	Administration & Webmaster
Parent-Educator Conferences	Individual meetings to discuss learner progress, academic growth & concerns.	Biannually & As Needed	Learners, Parents, Educators & Administration	Educators & Administration
Learner Progress Report & Report Cards	Communicate academic growth to parents and learners.	Quarterly (MS/HS) Trimester (Elem)	Learners & Parents	Educators
SeeSaw App (PK-2) Empower (gr. 3-12)	Keep learners and parents updated on academic progress.	Ongoing	Learners & Parents	Educators
Educator Phone Calls	Communicate successes and challenges to parents and families.	As Needed	Parents	Educators
Gmail Accounts	Communicate and respond to parent and patron questions and concerns.	Checked Daily; Response w/in 24 hr.	Learners & All Staff Educators	All Staff Educators
School Facebook & Instagram Pages	Sharing newsworthy events and information.	As Needed	Learners, Parents, Educators, Community	School Staff Assigned by Admin
School Webpage	Central repository of vital school information.	Ongoing	Learners, Parents, Educators, Community	Webmaster
Eligibility Report	Regarding Academic/Habits of Work eligibility for activity participation.	Weekly on Mondays	Learners & Parents	Activities Director, Dean of Learner
Daily Announcements	Providing daily updates to learners and patrons.	Daily	Learners & Educators	School Staff Assigned by Admin
School Newsletters	Announcements and reminders of important dates and information.	Monthly	Learners & Parents	School Staff Assigned by Admin
School Marquee Sign	Reflects upcoming events.	Ongoing	Learners, Parents, Staff, Community	School Staff Assigned by Admin
AlertNow	Mass call, text, and email system to notify parents of school events.	As Needed	Parents	Administration & Webmaster

Administration/Educator/Support Staff Internal Communication

Type of Communication	Purpose	Timeline	Audience	Person Responsible for Communication
Gmail Accounts	To communicate between staff	Checked Daily	All Admin, Educators, Support Staff	All Admin, Educators, Staff
Weekly Calendar	Announcements and reminders of important dates, expectations, info	Weekly	Educators & Staff	Staff Assigned by Administration
Staff Handbook	Communicates updates of policies and procedures relevant to staff.	Annually	Educators & Support Staff	Administration
Staff Advisory Council	Forum for feedback to support, advocate, & cultivate staff community.	Monthly	Educators	Administration
Faculty Meetings	Open communication with staff regarding news updates, professional development, and school calendar	Monthly	Educators	Administration
PLC Meetings	Professional Learning Community teams meet to discuss curriculum issues/concerns and learner data	Weekly	Classroom Educators	Administration & Educators

Rev. 8/15/2022

The Secret Life of Educators

By: Skylar Johnson

Northern Cass has its fair share of amazing educators, but how much do we really know about them? Their greatest fears, their darkest secrets, how they possibly keep their sanity after a long day of handling ~~animals~~ wonderful learners? Let's dive deep and get to know the people that make our school a family.

Believe it or not, **Mr. Johnson** was a high school student *before* he was the Dean of Students. When he wasn't focused on school, he was killing it at sports. Everyone goes through an awkward high school phase... Mr. Johnson had to get his jeans custom made; he was "so tall and too skinny"! After his high school endeavors, he went on bigger adventures. Mr. Johnson had the opportunity to spend 3 weeks in Kenya, Africa, for a college practicum. He taught math and learned about their culture.

Mrs. Walter is up for any challenge! She proved it when she climbed the stairs to the top of the Great Wall of China. After the hike to the top, she demonstrated her bravery again. She took a sketchy toboggan ride all the way down to the bottom. When she's not busy exploring the world, Mrs. Walter gets to relax at home with her dogs. Jax the Aussie and Penny the Corgi provide her with the emotional support snuggles any educator needs after a long day at Northern Cass.



It's no surprise that **Mr. Sitte** was known as Mr. President in high school. Although he was a social butterfly in high school, Mr. Sitte focused on himself in college. He followed his inner presidential calling and lived in Washington, D.C for an entire month. The opportunity allowed him to experience and blend into east coast culture. Mr. Sitte can teach you a lot of things! From politics to the importance of family to whistling with your hands to make a train noise, Mr. Sitte knows it all.

We've all done silly things to impress our friends when we were younger. **Mrs. Davis** broke an arm jumping off a fence. In the end, looking cool outweighed the risk. Sadly, this wasn't the last injury she faced. Mrs. Davis tore her ACLs in both knees while playing basketball her junior year of high school... then again, her senior year!

From daring adventures to high school antics, there is a lot more to our educators than first meets the eye. Every educator has an interesting story to tell. Don't be shy to stop and ask them about their life... you might just be surprised what you find out!

Attendance

Keeping Your Child Healthy and in School

A regular attendance routine is important for your child's well-being, learning and long-term success.

Nutrition, Sleep and Exercise

- Ensure your child eats a good breakfast every morning or eats school breakfast.
- Maintain a regular bedtime and morning routine.
- Keep screens out of the bedroom and limit use prior to bedtime.
- Encourage your child to stay active for at least 60 minutes a day.

Hygiene

- Stress hand washing, particularly before eating, and after using the restroom.
- Remind your child to brush their teeth twice a day.
- Avoid close contact with individuals who are sick. Don't share cups, utensils, hair brushes or combs.
- Cover coughs and sneezes with a tissue, or cough/sneeze into an elbow.

Wellness

- Ensure your child visits their health care provider for:
A physical once a year; All recommended Immunizations, including Flu and COVID-19;
Chronic health issues such as asthma or diabetes.
- Visit the dentist twice a year.
- Try to schedule non-urgent medical appointments outside of school hours.
- If your child doesn't have health or dental insurance, reach out to your Nurse Allison to help connect you with resources.
- If you are concerned that your child may have a contagious illness (including COVID-19), call your child's health care provider or Nurse Allison for advice.
- If your child needs to stay home for a prolonged period due to illness, talk to your child's educator to find out about resources they can use at home to keep learning once they feel well enough

Families of Secondary Learners;

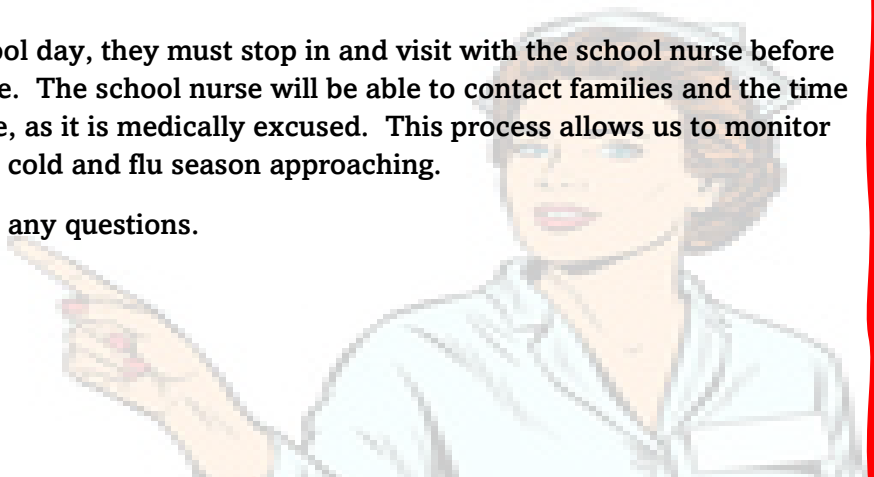
If your learner starts to feel ill during the school day, they must stop in and visit with the school nurse before you pick them up or allow them to drive home. The school nurse will be able to contact families and the time missed will not count against their attendance, as it is medically excused. This process allows us to monitor symptoms in our building, especially with the cold and flu season approaching.

Thank you and please contact me if you have any questions.

Doug Margerum

Secondary Principal

Northern Cass High School/Middle School



Winter Gear

In need of a warm coat, boots,
snow pants, gloves and hats?
We have you covered!

FREE WINTER
GEAR FOR KIDS

Located
behind the
auditorium
stage



Jaguar Wellness Pantry Needs:

Individual Size Cracker Packs
Fruit Cups
Fruit Snacks
Cereal Bars
Juice Boxes

Thank
you!



Northern Cass Community Health & Wellness Center



QUESTIONS? CONTACT

cory.steiner@northerncassschool.com
amber.lockhart@northerncassschool.com
paige.carlson@northerncassschool.com

EXCITING NEWS!

Fundraising has officially
begun to support the
Northern Cass Community
Health and Wellness Center.

For updates and additional information, visit
<https://www.ncchealthwellness.org>

SCAN THE
QR CODE
TO MAKE A
PLEDGE



Music Lessons at Northern Cass

Every Thursday & Friday
during the school day!

We have an exciting opportunity at Northern Cass this year!
Mrs. Hope Brown-Johnson is the owner of FM School of Music. Mrs. Hall is
our music educator substitute and also teaches lessons.
They will be traveling to Northern Cass during the day to teach piano lessons!

**If interested in voice, piano, guitar or ukulele lessons,
please contact Mrs. Kohl to arrange scheduling.**

*Tuition: \$30/lesson

*Calendar based on NC Schedule

*Recital Opportunities!

*Semester-based & Every Other Week options available.

*We have a variety of books to use and available to purchase.

Please let Mrs. Kohl, Mrs. Hope or Mrs. Hall know if you have any questions!
stephanie.kohl@northerncassschool.com or contact@fmschoolofmusic.com



Mrs. Diede took level 4 on a fossil dig at the end of September, to collect samples of rocks and fossils from the Drift Prairie for their Geology unit in Social Studies and Science. The learners had a blast excavating and making their own discoveries. (Museum exhibits to come at the end of November.)



In October, the Level 8 Rugged Reading studio went on their yearly camping trip to the Sheyenne National Grasslands in Richland County. The learners spent the last 5 weeks working in survival teams to plan and prepare for the overnight field trip, ensuring we were prepared with all of our shelter, food, water, fire, safety, and hygiene needs. After 10+ miles of hiking, lots of campfires, and full of memories & smores, the group is home, tired and proud of their hard work. "I need to go camping more," one learner realized. "I forgot how much fun this is."

-Mrs. Breiland



Cursive Writing - Bridging the Gap

In this year's cursive studio, we had some returning learners as well as new learners. They practiced writing every day - starting with the lower-case letters and moving to the upper case. Some learners even tried calligraphy. The class wrote greatness cards, taught some younger learners their signature, invited grandparents and parents to visit one afternoon, made inspirational posters, and corresponded with local members of Community of Care.

The highlight of the studio was getting to meet their pen pals. The returning cursive learners had asked to have the same pen pal as last year. The afternoon was a sweet sound of chatter between generation gaps.

Mrs. McPherson



Grandparent Reports

After the level six learners wrote reports about their grandparents, they invited them to hear the reports read aloud. The event was spread over two days, but still didn't seem long enough. Having the guests in the learning center was enjoyed by everyone - the learners read with pride and the grandparents couldn't be prouder. The last few minutes of each phase the guests were asked if they had anything to share and time flew by too fast with all the memories shared.



Family and Consumer Sciences

Educator:

Stacy Riendeau

What is it?

Family and Consumer Sciences is a field of study focused on the science and the art of living and working well in our complex world.

- FACS is a common abbreviation
- In 1994, Home Economics was changed to Family and Consumer Sciences to more accurately describe the complexity of the profession
- There are approximately 5 million FCS secondary students in the United States.

Snapshot of NC FACS classes

Restaurant Management	Discovering FOODS I	Discovering FOODS II
Learners manage and serve at our coffee shop, Jaguar Java before school	Topics in this class include: History of Food, Food Safety, Grains, Fruit, Vegetables, Dairy, Eggs, Meat, Poultry, Fish and Shellfish	Topics in this class include: Cake, Cookies, Candy, Bread, Soup, Sauce, Casserole, Appetizers, Menu Planning, Presenting Food
Child Development I	Child Development II	Family Living
Topics in this class include: Theorists, Influences, Teen Pregnancy, Parenting, Conception, Labor and Delivery, Newborns and Infants	Topics in this class include: The Physical, Emotional, Social and Intellectual Development of: Toddlers, Preschoolers, School-Age Infants	Topics in this class include: Personal Growth, Leadership, Relationships, Families, Community Roles
Living On Your Own	Fashion and Clothing	FACS 7
Topics in this class include: Careers, Cleaning/Laundry Care, Housing, Finance, Healthy Eating, Mental Health	Topics in this class include: History of Clothing, Cultures/ Customs, Fashion Designers, Fashion Industry, Fibers and Fabrics	Topics in this class include: Nutrition Labels, Measuring Ingredients, Nutritional Needs and Sewing skills *All Level 7 learners will take this trimester course.



Family, Career and Community Leaders of America

A Career and Technical Student Organization that functions as an integral part of the Family and Consumer Sciences education curriculum and operates within the school system.

Why FCCLA? To promote personal growth and leadership development through Family and Consumer Sciences education. Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.

Competitive Events? Students Taking Action with Recognition (STAR) Events are Competitive Events in which members compete at the regional/district, state, and national levels. Students are recognized for proficiency and achievement in chapter and individual projects, leadership skills, and career preparation.





BIO GIRLS NORTHERN CASS FINALE RUN!

SUNDAY,
NOVEMBER

5

3:30-5PM

**WE ARE EXCITED TO INVITE YOU TO CHEER FOR
2ND THROUGH 6TH GRADE GIRLS AND THEIR
MENTORS AS THEY WALK & RUN 3 MILES TO
COMPLETE THE BIO GIRLS SEASON.**

GOAL:

Recruit energetic, encouraging and positive learners, educators, family members, teachers, staff, community members and teams to inspire the girls. Your presence will make the run meaningful and fun for the girls!

DETAILS:

The girls will run 3 one mile loops on the campus of Northern Cass on Sunday, November 5th. The run will start at 3:30pm.

We ask that supporters arrive at least 5 minutes early to find a spot around the course to cheer. Access to the parking lot will be limited once the run begins to maintain safety for the runners.

Please bring your noisemakers, bluetooth speakers, costumes, decorations, instruments, and encouraging signs!



NORTHERN CASS SCHOOL

GRANDPARENTS

DAY - LEVEL 5



**Wednesday
November
8th, 2023
@ 2:00pm**
**Grandparents of learners
in Grade 5**

**Check in at the
front door.
Homeroom classes
begins at 2:00pm.
Fall Music Showcase-
Auditorium at 2:45pm.**

Northern Cass has revamped Grandparents Day to better accommodate guests and ensure the safety of all in our growing district. The last Grandparents Day held in 2022 put us over capacity with so many in attendance! This year, Level 5 is hosting Grandparents Day with activities, showcase music concert & reception.

There will not be a limit on how many grandparents per child but please RSVP so we can plan for the reception following the Fall Showcase.

The Fall Music Showcase audience will only be Grandparents, but will be available on Live Stream & recorded.

Please reach out to your child(rens) educator with any questions!



**Please RSVP- Scan the QR
code or call
701- 874-2322
by November 3rd-
Thank you!**



ATTENTION PARENTS/GUARDIANS



NORTHERN CASS

SPEECH TEAM

INFORMATIONAL MEETING

The 2024 Speech Season is fast approaching so it is time to encourage your learners to attend the upcoming informational meeting on November 15th. Competition starts in January and runs through mid-April. Practices will start in December. Learners in grades 7 through 12 are encouraged to participate in this fun and rewarding extra-curricular activity.

BENEFITS OF JOINING SPEECH

- ✓ Increases self-confidence
- ✓ Improves writing, research, and critical thinking skills
- ✓ Excellent prep for job interviews
- ✓ Everyone participates
- ✓ Boosts classroom performance
- ✓ Practice public speaking



WEDNESDAY, NOVEMBER 15, 2023

8:30 AM – 9:00 AM

Location: **The Auditorium** (Before classes begin)

Coach: Ross Lockhart

FOR SPEECH UPDATES/KEY DATES: @NCSPEECH24 IN THE REMIND APP

Vision Screening

The North Dakota Lions SIGHT 4 KIDZ Project provides Free Vision Screening to ensure that “no child needs to suffer with an undetected vision disability.” To date, approximately 20,000 children state-wide have been screened and with a referral rate of 10% to 12% that means that 2,000 to 2,400 children who were living with an undetected vision disability have been referred to an eye care professional. Members from the Fargo Lions club and Lions clubs throughout the state use state-of-the-art technology (Plusoptix S12C Mobile Vision Screeners) to determine if children are experiencing vision issues.

The Mobile Screener can measure many eye-health issues at the same time:

- Anisometropia—compares refraction of both eyes.
- Astigmatism—checks corneal curvature
- Myopia—checks nearsightedness

The more than 46,000 Lions clubs and 1.4 million Lions throughout the world are “focused on service”. Two of the Fargo Lions club’s major focuses are on vision issues and service to youth. Lions of North Dakota have long served people’s vision needs by providing programs such as: recycling glasses and assisting with the purchase of glasses for the needy, video magnifiers for the aged, and in 2014 the Lions across North Dakota launched the SIGHT 4 KIDZ program for the children. The programs designed to detect vision disabilities at an early age when vision issues are the most treatable.

The Fargo Lions with the assistance of our PTO volunteers will conduct our vision screening on Monday, November 20th for Preschool through 6th grade students. If you have any questions or concerns, please contact Nurse Allison. The process is quick with no discomfort to the child.



Coaching for Parents...

Do you need insight, energy and validation?

FREE Parent Coaching includes:

- Regular calls with a coach
- 24/7 texting with 24 hr response
- Guided, step-by-step resources
- Tools & tips to help you parent
- Confidential help

*A Parenting Coach
can be the
support you need!*

Scan to register for Coaching
<https://cookcenter.info/coaching>





**GREAT PLAINS
FOOD BANK**

FILL THE DOME

Since 2007, area elementary, middle school and high school students have come together each year to collect food to fill the floor of the Fargodome that will eventually benefit those in need.

Join us **November 20-21, 2023**, where students once again will have a tremendous impact in the fight to end hunger.

Now celebrating the 16th year of the event, Fill the Dome has collected more than 2.4 million pounds of food and more than \$700,000 to help feed hungry children, seniors and families in the region.



We are looking to make Fill the Dome bring in more food and money than previous years. The link below takes people to the virtual drive website, specific for our school. This helps people who want to get involved, but don't have any items to donate.

Northern Cass Virtual Drive

Our goal is to gather non-perishable food items, and hygiene items for local food pantries to help those in our communities!

(canned protein and vegetables, peanut butter, pasta, pantry staples, toothpaste, soap etc.)

***Bring all items to designated classrooms:
by Thursday November 16th***

- Level 12: Sitte**
- Level 11: Riendeau**
- Level 10: Whiteaker**
- Level 9: Hollister**
- Level 8: Breiland**
- Level 7: Meyers**
- Level 6: McPherson**

**School wide goal of
4000 ITEMS**

****each grade will be competing against each other to bring the most items !**

Each grade must bring AT LEAST 250 ITEMS in order to earn the prize reward for completing the 250 item goal:

The top middle and high school levels that bring the most items will earn a trip to the movies!

Thank you for making a difference!

Gage Sitte

Preschool & Kindergarten

Northern Cass School
Grandparents Day &
Winter Concert

Wednesday December 6th, 2023

2:00pm Grandparents Day

* Classrooms

2:40pm Winter Concert

* West Gym

Reception to follow

**All family members are invited to the Winter
Concert & Reception.**

*Please be sure to RSVP via Google Form so our kitchen staff can plan
how much to prepare for the reception. RSVP forms will be sent Monday
November 13th & due Friday December 1st.*

*There will be a Live Stream of the Concert for anyone unable to attend in
person. Learners can dress in any festive, dress up outfit! Please no
heels, light-up jewelry or athletic clothing. Please wear your concert
clothing to school that day.*

Please contact stephanie.kohl@northerncassschool.com with
any questions! We look forward to a wonderful afternoon!

Holidays around the World Northern Cass Elementary 2023 Winter Concert

Join us as Level 1 through Level 4 perform a
festive Holiday Concert!

Thursday, December 7th, 2023

Northern Cass School West Gym

6:00pm Level 1 & Level 2

7:00pm Level 3 & Level 4

Attire: Dress festive and fancy! Options could be
tie/bow tie & shirt, dress, tunic & leggings, or nice
slacks & collared shirt. Please no heels, jeans, or
athletic clothing.

Speaking Parts: Level 2 and 4 learners have the
opportunity to have a speaking part! It is optional- they
just need to let me know if they would like one!

Virtual Showing Option: We will Live Stream the
concert (<https://video.ibm.com/channel/jaguars-online>)
to share with family members that can't join us in
person. Recording will be available the next day.

If you have any questions, please contact Mrs. Kohl –
stephanie.kohl@northerncassschool.com

Musically yours,

Mrs. Kohl



Winter Concerts

Northern Cass Music

Tuesday December 5th, 2023
6th-12th Band 6:00pm
5th-12th Choir 7:15pm



Wednesday December 6th, 2023
Preschool & Kindergarten
Grandparents Day - 2:00pm
Winter Concert - 2:40pm



Thursday December 7th, 2023
1st & 2nd 6:00pm
3rd & 4th 7:00pm



all located in West Gym

The Scholastic book fair is coming during the holiday concert week! **December 4th-10th**
All week the fair will be open for learners to shop during the school day.

Monday:	3:30-4:30 Open to public
Tuesday:	5:30-9:00 Open before, between and after Band/choir concerts
Weds:	3:00-4:00 Open to public (after PreK/K grandparents day event)
Thurs:	5:30-8:30 Open before, between and after Elementary concerts
Friday:	3:30-4:30 Open to public

**There will be tax charged on all purchases, so please plan ahead!*

 SCHOLASTIC

BOOK FAIRS
Books bring us together!

November 2023

* Whole grain bread, fruit and vegetable available daily

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30 Cinnamon Bagel, Fruit, Juice, Milk Hot Dogs, French Fries, Salad Bar, Fresh Fruit, Milk	31 Long Johns w/Choc Icing, Fruit, Juice, Milk Chicken Nuggets, Mashed Potatoes, Salad Bar, Fruit, Milk	1 Banana Bread, Fruit, Juice, Milk Stuffed Cheese Sticks, Tomato Soup, Salad Bar, Fresh Fruit, Milk	2 Chocolate Chip B-fast Bar, Fruit, Juice, Milk Pancake around Saus, Hashbrown, Salad Bar, Fresh Fruit, Milk	3 Blueberry Waffle Bites, Fruit, Juice, Milk Pizza Quesadilla, Corn, Salad Bar, Fresh Fruit, Milk	4
5	6 Assorted Cereals, Fruit, Juice, Milk Chicken Sticks, Mashed Potatoes, Salad bar, Fresh Fruit, Milk	7 Pumpkin Bread, Fruit, Juice, Milk Old School Pizza, Peas, Salad Bar, Fresh Fruit, Milk	8 Mini Cinnl, Fruit, Juice, Milk Hamburgers, Baked Beans, Salad Bar, Fresh Fruit, Milk	9 NO SCHOOL	10 NO SCHOOL	11
12	13 Pop Tart, Yogurt, Fruit, Juice, Milk Corn dog, Mac & Cheese, Salad Bar, Fresh Fruit, Milk	14 Cinnamon Tst Crunch Bar, Fruit, Juice, Milk Big Daddy's Pizza, Corn Salad Bar, Fresh Fruit, Milk	15 Chocolate Bread, Fruit, Juice, Milk Scalloped Potatoes & Ham, Salad Bar, Fresh Fruit, Milk	16 Apple Frudel, Fruit, Juice, Milk Popcorn Chicken, Mashed Potatoes, Salad Bar, Fruit, Milk	17 French Toast Bites, Fruit, Juice, Milk Rib Sandwich, Chips, Salad Bar, Fresh Fruit, Milk	18
19	20 Choc Chip B-fast Bar, Fruit, Juice, Milk Garlic Fr. Bread, Green Beans, Salad Bar, Fresh Fruit, Milk	21 Strawberry Bagel, Fruit, Juice, Milk Turkey, Potatoes/Gravy Stuffing, Salad Bar, Fresh Fruit, Milk	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25
26	27 Nutri Grain Bar, Yogurt, Fruit, Juice, Milk Chicken O's, Puzzle Tots Salad Bar, Fresh Fruit, Milk	28 Lemon Bread, Fruit, Juice, Milk Individual Pizzas, Corn, Salad Bar, Fresh Fruit, Milk	29 Waffle Bites, Fruit, Juice, Milk Chicken Quesadilla, Black Beans, Salad Bar, Fresh Fruit, Milk	30 Chocolate Chip Muffin, Fruit, Juice, Milk Spaghetti & Meatballs, Salad Bar, Fresh Fruit, Milk	12-1 Mini Cinnl, Fruit, Juice, Milk Chicken Patty/Bun, French Fries, Salad Bar, Fresh Fruit, Milk	

'This Institution is an Equal Opportunity Provider'