

\* Whole grain bread, fruit and vegetable available daily

# November

# 2023

| Sunday | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday |
|--------|---|---|---|--|---|----------|
|        | <p>30<br/>Cinnamon Bagel, Fruit, Juice, Milk</p> <p>Hot Dogs, French Fries, Salad Bar, Fresh Fruit, Milk</p>              | <p>31<br/>Long Johns w/Choc Icing, Fruit, Juice, Milk</p> <p>Chicken Nuggets, Mashed Potatoes, Salad Bar, Fruit, Milk</p> | <p>1<br/>Banana Bread, Fruit, Juice, Milk</p> <p>Stuffed Cheese Sticks, Tomato Soup, Salad Bar, Fresh Fruit, Milk</p> | <p>2<br/>Chocolate Chip B-fast Bar, Fruit, Juice, Milk</p> <p>Pancake around Saus, Hashbrown, Salad Bar, Fresh Fruit, Milk</p> | <p>3<br/>Blueberry Waffle Bites, Fruit, Juice, Milk</p> <p>Pizza Quesadilla, Corn, Salad Bar, Fresh Fruit, Milk</p> | 4        |
| 5      | <p>6<br/>Assorted Cereals, Fruit, Juice, Milk</p> <p>Chicken Sticks, Mashed Potatoes, Salad bar, Fresh Fruit, Milk</p>    | <p>7<br/>Pumpkin Bread, Fruit, Juice, Milk</p> <p>Old School Pizza, Peas, Salad Bar, Fresh Fruit, Milk</p>                | <p>8<br/>Mini Cinni, Fruit, Juice, Milk</p> <p>Hamburgers, Baked Beans, Salad Bar, Fresh Fruit, Milk</p>              | <p>9<br/>NO SCHOOL</p>   | <p>10<br/>NO SCHOOL</p>   | 11       |
| 12     | <p>13<br/>Pop Tart, Yogurt, Fruit, Juice, Milk</p> <p>Corndog, Mac &amp; Cheese, Salad Bar, Fresh Fruit, Milk</p>         | <p>14<br/>Cinnamon Tst Crunch Bar, Fruit, Juice, Milk</p> <p>Big Daddy's Pizza, Corn Salad Bar, Fresh Fruit, Milk</p>     | <p>15<br/>Chocolate Bread, Fruit, Juice, Milk</p> <p>Scalloped Potatoes &amp; Ham, Salad Bar, Fresh Fruit, Milk</p>   | <p>16<br/>Apple Frudel, Fruit, Juice, Milk</p> <p>Popcorn Chicken, Mashed Potatoes, Salad Bar, Fruit, Milk</p>                 | <p>17<br/>French Toast Bites, Fruit, Juice, Milk</p> <p>Rib Sandwich, Chips, Salad Bar, Fresh Fruit, Milk</p>       | 18       |
| 19     | <p>20<br/>Choc Chip B-fast Bar, Fruit, Juice, Milk</p> <p>Garlic Fr. Bread, Green Beans, Salad Bar, Fresh Fruit, Milk</p> | <p>21<br/>Strawberry Bagel, Fruit, Juice, Milk</p> <p>Turkey, Potatoes/Gravy Stuffing, Salad Bar, Fresh Fruit, Milk</p>   | <p>22<br/>NO SCHOOL</p>   | <p>23<br/>NO SCHOOL</p>  | <p>24<br/>NO SCHOOL</p>   | 25       |
| 26     | <p>27<br/>Nutri Grain Bar, Yogurt, Fruit, Juice, Milk</p> <p>Chicken O's, Puzzle Tots Salad Bar, Fresh Fruit, Milk</p>    | <p>28<br/>Lemon Bread, Fruit, Juice, Milk</p> <p>Individual Pizzas, Corn, Salad Bar, Fresh Fruit, Milk</p>                | <p>29<br/>Waffle Bites, Fruit, Juice, Milk</p> <p>Chicken Quesadilla, Black Beans, Salad Bar, Fresh Fruit, Milk</p>   | <p>30<br/>Chocolate Chip Muffin, Fruit, Juice, Milk</p> <p>Spaghetti &amp; Meatballs, Salad Bar, Fresh Fruit, Milk</p>         | <p>12-1<br/>Mini Cinni, Fruit, Juice, Milk</p> <p>Chicken Patty/Bun, French Fries, Salad Bar, Fresh Fruit, Milk</p> |          |

‘This Institution is an Equal Opportunity Provider’