

Our Why: We believe every learner can change the world; therefore, we will provide a world class education.

Our Values: Northern Cass will commit to purposefully build trust, develop authentic relationships, and engage in innovative practices which will empower learners to be choice ready.

Our Collective Commitment: We are dedicated and passionate about teaching and learning, self-reflection, acknowledging greatness, and service to the Northern Cass community. We are driven towards continuous improvement.

Families, Update 10/13/23

Please read for updates related to Northern Cass:

- 1. Flu Clinic 2023: Click here for the direct link to sign up for flu shots on October 17, 2023 from 4-7pm. You may also go to www.NDVAX.org and search "Northern Cass" in the location field only. Flu shots will be available for ages 3 years old and up. There will be a limited supply of the nasal vaccine available, please call the pharmacy directly if interested. Most insurances are accepted. If you have Cigna insurance, please call your insurance company first to be certain it is covered. Medicaid ONLY accepted for those 18 and over. Uninsured cash price for the flu shot is \$40, senior (age 65+) flu shot is \$80 and nasal vaccine is \$45. Please call Arthur Drug at 701-967-8900 with any questions.
- 2. Amazing Opportunity with Old Yearbooks: Northern Cass has invested in a TouchWall that allows individuals to access digital media from past school years. Please click the link to see what is currently included. The next step is to upload yearbooks from the prior schools, including each of the 6 communities, Dakota and Cass Valley North. This will allow the yearbooks to be uploaded to a website for everyone to access, even if you're not able to visit the school. To accomplish this task, we're looking for individuals to sponsor yearbooks at \$50 per book. Your name will be listed on the webpage as a sponsor for the year you have selected. Please contact Stacy Erickson at stacy.erickson@northerncassschool.com to see if the year(s) you'd like to sponsor are available. The completed project will look similar to Moorhead Public Schools.
- 3. Annual Sock Drive: The <u>Cass County Sheriff's Office</u> is hosting their annual Sock Drive for <u>Golden Drive</u> <u>HomelessKids</u>. From now until November 4th, you may drop off socks of all sizes to the collection bin at Northern Cass. Last year, our school was the leading sock contributor. Let's help Officer Nettestad collect as many as possible again this year.
- **4. Health and Wellness Center:** Click <u>here</u> for an update on the Northern Cass Community Health & Wellness Center project. You can also find past information and stay up-to-date by visiting <u>Northern Cass Community Health and Wellness Center Task Force | Hunter ND | Facebook.</u>
- **5. Parent-Educator Conferences:** Conferences will be held on Monday, October 16th and Tuesday, October 17th from 4:00-8:00 p.m. Information on signing up for elementary conferences was recently sent out, if you did not receive any information, please contact the school.
- **6. Help Support Performance Art**: Northern Cass One Act is looking to borrow old furniture for their set this year a 1910 farmhouse. If you have any of these items to share, please contact alyssa.danielson@northerncassschool.com. In search of: 1) A small, wooden kitchen table with four chairs 2) Two wooden rocking chairs 3) Two small wooden end tables 4) One living room rug, simple or antique-looking
- 7. ND Scholarship Presentation and FAFSA Overview Event: Get ahead of the game on finances and make sure your learner is on track for the ND scholarship! Junior and senior parents and learners are invited to attend this 90 minute event on Tuesday, October 17 (PT conference night) at 6-6:30 pm (FAFSA) and 6:30-7:30 pm (ND Scholarship) in the Library.
- **8. Parent Portal:** We have added a <u>Jaguar Parent Portal</u> under Parents on the school website. This page is full of resources and information for parents and caregivers. Take a look!

- **9. Title I Parent Notification:** Please see information related to being a Schoolwide Title I school in Levels K-8. School Parent Compact (Link) and Parent Involvement (Link).
- **10. Northern Cass Inquiry and/or Complaint Form:** As Northern Cass continues to expand opportunities for communication, please consider utilizing the Inquiry Form (under the Quick Links tab on the website) for questions/concerns you have about the district. Please click on the <u>Inquiry and/or Complaint Form</u>.
- 11. Maintenance Request Online Form: Now available on our website under Quick Links, we have an online maintenance request form to help educators and learners report maintenance needs on the school property: Maintenance Request
- **12.** The Jaguar Wellness Pantry and Lunch Repack is Open! If your child or family is in need contact us at pantry@northerncassschool.com.
- 13. Parent Guidance: Pave the way for your child's social success. Friendships are the cornerstone of your child's social development, and as a parent, you can empower them with the tools for success. The October Mental Health Newsletter (English) (Spanish) is a trusted resource for understanding why teaching your child how to make and maintain healthy friendships is vital. Join our community of informed parents and equip your child with the skills they need for a lifetime of enriching relationships. As always, check out the ParentGuidance.org resources where you can access free courses led by licensed therapists on more than 50 topics. To access the course, simply navigate to ParentGuidance.org and click on-demand courses.
- 14. October is National Bullying Prevention month. Together as a partnership, we want to help you support your parents. In order to help spread the word about the amazing coaching resource your district is offering to parents, I have created a new coaching flyer that can be shared through your social media outlets. Please download and share this new coaching flyer with your families. Bullying Coaching Flyer. Bullying and cyberbullying are serious problems in the United States. Parents, you want to help your child, but may be looking for the best approach when handling difficult situations. Parent Coaching is a FREE resource that connects parents with a parenting coach. Your coach can be a good listener or offer suggestions on how to help your child. Click here to register for a Parent Coach: https://cookcenter.info/coaching

We're guaranteed opportunity, and we're guaranteed adversity (Brian Kight).

Dr. Cory Steiner, Superintendent for Northern Cass School District