

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Blueberry Waffle, Fruit, Juice, Milk Corn Dog, Baked Beans, Salad Bar, Fresh Fruit, Milk	3 Nutri Gr. Bar, Yogurt, Fruit, Juice, Milk Popcorn Chicken, Mashed Potatoes, Salad Bar, Fresh Fruit, Milk	4 Pumpkin Bread, Fruit, Juice, Milk Chili, Cinnamon Roll, Salad Bar, Fresh Fruit, Milk	5 Cinn. Toast Crunch Bar, Fruit, Juice, Milk Stuffed Cheese Sticks, Corn, Salad Bar, Fresh Fruit, Milk	6 Asst. Cereals, Yogurt, Fruit, Juice, Milk Pulled Pork/Bun, Potato Chips, Salad Bar, Fresh Fruit, Milk	7
8	9 Strawberry Bagel, Fruit, Juice, Milk Hamburger, French Fries, Salad Bar, Fresh Fruit, Milk	10 Pop Tart, Yogurt, Fruit, Juice, Milk Chicken Fingers, Mac 'n' Cheese, Salad Bar, Fruit, Milk	11 Lemon Bread, Fruit, Juice, Milk Individual Pizzas, Green Beans, Salad Bar, Fresh Fruit, Milk	12 Cinn. Streusel Muffin, Fruit, Juice, Milk Egg Bake, Pancakes, Salad Bar, Fresh Fruit, Milk	13 Choc Chip Bfst Bar, Fruit, Juice, Milk Chicken Fajita Hotdish, Salad Bar, Fresh Fruit, Milk	14
15	16 Waffle Bites, Fruit, Juice, Milk Chicken Strips, Mashed Potatoes, Salad Bar, Fruit, Milk	17 Mini Cini, Fruit, Juice, Milk Garlic Fr. Bread, Peas, Salad Bar, Fresh Fruit, Milk	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21
22	23 Banana Bread, Fruit, Juice, Milk Sweet/Sour Chicken, Fried Rice, Salad Bar, Fresh Fruit, Milk	24 French Toast Bites, Fruit, Juice, Milk Big Daddy's Pizza, Corn, Salad Bar, Fresh Fruit, Milk	25 Pkn Ch Chip Muffin, Fruit, Juice, Milk Meatballs/Gravy, Mashed Potatoes, Salad Bar, Fruit, Milk	26 Strawberry Bagel, Fruit, Juice, Milk Chicken Patty/Bun, Tator Tots, Salad Bar, Fresh Fruit, Milk	27 Fruit & Yogurt Parfait, Granola, Juice, Milk Walking Tacos, Toppings, Salad Bar, Fresh Fruit, Milk	28
29	30 Cinnamon Bagel, Fruit, Juice, Milk Hot Dog, Fr. Fries, Salad Bar, Fresh Fruit, Milk	31 Happy Halloween Logn John/Choc Fruit, Juice, Milk Chicken Nuggets, Mashed Potatoes, Salad Bar, Fruit, Milk				