SAP at TJHS



Background

Student Assisance Program

The Student Assistance Program (SAP) is a school-based program designed to identify and support students and families who are having school-related concerns/issues.

Students, parents, teachers, administrators may make referrals to a SAP team member. Students who violate the school's drug and alcohol policy are automatically referred to SAP. Referrals can be made by contacting anyone on the SAP team, calling the school or requesting a meeting at school by calling Mrs. Stahr at 717-436-2165 ext 5048 or by email, jstahr@jcsdk12.org.

Parent / guardian must provide signed consent for SAP.

SAP Team Members

Mrs. Strawser- Principal

Mr. Kennington- Assistant Principal

Mrs. Stahr- School Counselor

Ms. Abram- Teacher

Mrs. Reed- Teacher

Mrs. Murray- Teacher

Mr. St. Clair- Teacher

Ms. Ehrenzeller- Teacher

Nikki Knepp- Drug/Alcohol Liaison:

Clear Concepts

Molly Picketts Drug/Alcohol

Liaison: Clear Concepts

Tammy Snavely- Mental Health

Liaison: Youth Advocate Programs

Kim McKee- Juniata County

Children & Youth Liaison

Korinne Walters- Juniata County

Probation Liaison

Dom Kirchoff- Juniata County

Probation Liaison



TJHS SAP

Mrs. Stahr 717-436-2165 jstahr@jcsdk12.org



Signs that SAP might be Necessary

- Sudden negative changes in grades
- Poor or irregular school attendance
- Moodiness
- Withdrawal from friends/ changes in friends
- Talk of death or suicide, giving away possessions
- Loss of interest in hobbies/activities
- · Expression of anger at self and the world
- Change in eating/sleeping patterns

Other Community Services

Mental Health/ Behavioral Resources:

Merakey 717-248-8540

Newport Family Counseling Center. 717-567-3524

SAM, Inc 717-242-0351

Clear Concepts Counseling. 717-436-9634

Cenclear. 717-248-8197

ReDCo 833-249-0225

Solutionz, LLC. 717-953-9571

Wellsprings Conseling Center, LLC. 717-363-4973

Enlighten Psychiatric Services. 717-437-9000

Hope In The Journey Counseling Center 717-712-3474

The Life Recovery Ministry 717-535-0022 ext 203

PAL Therapy Center 570-658-7710

Choices, 814-237-0567

Beacon of Hope 717-436-8406

Silver Lining Counseling. 717-953-9307

Family First Counseling. 717-436-2965

RedCo Group. 484-370-3881

Juniata Children & Youth. 717-436-7707

Youth Advocate Program. 814-542-3256

Drug & Alcohol Resources:

Clear Concepts Counseling. 717-436-9634

SAMHSA's National Helpline,1-800-662-4357

Tri-County D&A. 717-242-1446

Dr. Fred Benner. 717-242-1428

Med Management Resources:

Enlighten 717-437-9000

UCBH. 717-248-8197

Solutionz.LLC, 717-248-5411

Crisis Resources:

Juniata Valley Crisis 1-800-929-9583

Suicide and Crisis Lifeline, 988

Crisis Text Line Text "Talk" to 741741

Other Resoucres:

Raystown Developmental Services 814-643-0366