



HEEC LUNCH MENU April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL TODAY	2 Chicken Tenders Chips Green Beans Fruit & Veggies Milk	3 Burrito Refried Beans Mix Berry Cup Fresh Vegetables Milk	4 Mini Meatball Sub Smiley Fries Mixed veggies Fruit Variety Milk	5 Pizza Corn Cookie Fruit & Veggies Milk
8 NO SCHOOL TODAY	9 Hamburger/Bun Seasoned Fries Baked Beans Fruit & Veggies Milk	10 Popcorn Chicken Savory Rice California Blend Veggies Fruit Variety Milk	11 Soft Shell Taco Perfect Pinto Beans Frozen Fruit Cup Fresh Vegetables Milk	12 Pizza Max Sticks Dipping Sauce Honey Roasted Carrots Cookie Fruit Variety Milk
15 NO SCHOOL TODAY	16 Chicken Patty/Bun Chips Green Beans Fruit & Veggies Milk	17 Hot Dog/Bun Seasoned Fries Baked Beans Fruit & Veggies Milk	18 Cheesy Pull Apart Corn Rosy Applesauce Fruit & Veggies Milk	19 Pizza Broccoli w/cheese Cookie Fruit & Veggies Milk
22 Happy Earth Day!! 	23 Chicken Nuggets Veg Lo Mein Mixed veggies Fruit Variety Milk	24 Super Nachos Refried beans Cinnamon Churro Fruit & Veggies Milk	25 Ham & Cheese Melt Chips Honey Roasted Carrots Fruit Variety Milk	26 Bosco Stick Dipping Sauce California Blend Veggie Cookie Fruit Variety Milk
29 NO SCHOOL TODAY	30 Saucy Meatballs Savory Rice Corn Fruit & Veggies Milk			

Fresh Vegetables. Fruits, whole grain and Milk offered daily
Menu are subject to change


This Institution is an Equal Opportunity Provider



HEEC Breakfast Menu

April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL TODAY	2 Cereal Variety Juice Yogurt Milk	3 Breakfast Bread Variety Fruit Cup Milk	4 Mini French toast Fruit Cup Milk	5 Cereal Variety Yogurt Juice Milk
8 NO SCHOOL TODAY	9 Cereal Variety Yogurt Juice Milk	10 Donut Long John Fruit Cup Milk	11 Oatmeal Round Fruit Cup Milk	12 Cereal Variety Yogurt Juice Milk
15 NO SCHOOL TODAY	16 Cereal Variety Yogurt Juice Milk	17 Fruadel Fruit Cup Milk	18 Mini Cinnis Fruit Cup Milk	19 Cereal Variety Yogurt Juice Milk
22 	23 Cereal Variety Yogurt Juice Milk	24 Muffin Mini Loaf Fruit Cup Milk	25 Waffle Bites Mini Fruit Cup Milk	26 Cereal Variety Yogurt Juice Milk
29 NO SCHOOL TODAY	30 Cereal Variety Yogurt Juice Milk	1 Muffin Variety Fruit Cup Milk	2 Pop Tart Fruit Cup Milk	3 Cereal Variety Yogurt Juice Milk

Whole grains, Fruit and Milk offered daily

Menus are subject to change

ALL MEALS ARE FREE FOR ALL STUDENTS

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