

# Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: 5/22/2023	Name of School District: Marion County		Number of Schools in District: 2
<b>Nutrition Education &amp; Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Students shall receive nutrition education that teaches the skills they need to adopt and maintain healthy eating behaviors	Completed	2	This happens in PE/health and science classes along with FNW classes in the high school.
2. Nutrition education shall be offered in the school cafeteria as well as in the classroom, with coordination between school nutrition staff and other school personnel.	Completed	2	Signage is posted in the cafeteria offering nutrition education. Staff also offers nutrition education when younger students struggle with selecting food items.
3. Students shall receive consistent nutrition messages from all aspects of the school program.	Completed	2	In PE/Health, science, FNW pathway and within the building
4. Nutrition education, as appropriate, shall be integrated into the health education and core curricula (e.g., math, science, language arts) and may include participatory activities such as classroom projects.	Completed	2	This is done in science and health most often.
5. Nutrition education will promote fruits, vegetables, whole-grain products, low-fat dairy products, and accurate portion sizes.	Completed	2	My Plate, etc are posted in the building. Staff makes sure to make fruit and veggies attractive with the package.
6. Nutrition education and promotion will be provided to families via handouts, newsletters, and postings on the school district website.	Completed	2	Newsletters are sent home and posted online.

<b>Physical Education &amp; Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
<i>1. Students shall be given opportunities for physical activity through physical education (PE) classes, recess periods for elementary school students, and the integration of physical activity into the academic curriculum where appropriate.</i>	Completed	2	PE, recess, band and extracurricular sports are offered.
<i>2. Students shall be given opportunities for physical activity through a range of after school programs including, but not limited to, intramurals, and interscholastic athletics.</i>	Completed	2	PE, recess, band and extracurricular sports are offered.
<i>3. Attention shall be focused on the knowledge of physical activity behaviors, body composition (BMI) and cardiovascular risk factors in health classes.</i>	Completed	2	This is done in Health and PE with an emphasis placed on the FitnessGram.
<i>4. Employees will be encouraged to complete some type of health/wellness activity during each re- certification period.</i>	Completed	2	Biometric screenings and flu shots are offered on campus.

<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
<i>1. Students will be provided adequate time to eat school meals, at least 10 minutes for breakfast and 20 minutes for lunch, from the time the student is seated.</i>	Completed	2	Lunch is 30 minutes. Breakfast is eaten in the classroom for at least 15 minutes.
<i>2. The schools will strive to increase participation in the available federal Child Nutrition programs (e.g. school breakfasts, school lunches).</i>	Partially Completed	1	MCMHS is looking for ways to encourage participation.
<i>3. Students shall be encouraged to start each day with a healthy breakfast.</i>	Completed	2	Grab and go at LK and for 6 <sup>th</sup> and 7 <sup>th</sup> grade; Dining available for 8-12 <sup>th</sup> which also allows socialization.
<i>4. Parents/guardians of students shall be encouraged to reinforce and support healthy eating and physical activity.</i>	In Progress	0	We have transitioned from a weekly newsletter so another option will need to be implemented so as to communicate healthy eating and physical activity with families.
<i>5. Ice cream may be sold only after lunch period is over at the elementary school or after a student has eaten a lunch at the middle school. Emphasis will be on selling low fat ice cream, yogurt, or real fruit juice popsicles at all schools.</i>	Completed	2	Appropriate ice-cream is served after lunch period at LK and after students have eaten lunch at MCMHS.

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<b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. All schools in the district shall participate in available federal school meal programs.	Completed	2	CEP
2. All foods and beverages made available on campus during the school day shall be consistent with the minimum requirements of federal law and regulations and state requirements	Completed	2	
3. Guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the USDA pertaining to the Healthy, Hunger-free Kids Act of 2010 and state requirements regarding exempt fundraisers, as those regulations and guidance apply to schools.	Completed	2	

<b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> (i.e., classroom parties, foods given as reward)	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. All foods and beverages made available on campus during the school day shall be consistent with the minimum requirements of federal law and regulations and state requirements	Completed	2	

<b>Policies for Food and Beverage Marketing</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. The Superintendent or designee shall develop procedures for operation of school food services at each school during the day with the objectives of promoting school health and reducing childhood obesity.	Completed	2	

<b>Wellness Policy Leadership</b> Name of school official(s) who are responsible to ensure compliance.	<b>Title and School</b>	<b>Notes:</b>
1. Jamie Penoncello	Superintendent	
2. Loranda Holmes / Ron Hirst	FY23 / FY24 Principal at LKMES	
3. Derek Goodroe	FY23 / FY24 Principal at MCMHS	

<b>Wellness Committee Involvement</b> <i>List of committee members' names</i>	<b>Title and Organization</b>	<b>Notes:</b>
1. June Hagin	Healthcare Science Teacher / MCMHS	Registered Nurse
2. Megan Scott	FNW Teacher, FACS Sponsor, CTAE Director / MCMHS	
3. Lindi Wright	Assistant Principal / LKMES	Also a parent and recreation sports coach
4. Tiffany Wodzinski	School Nurse / MCMHS	LPN
5. Kim McKenzie	School Foods / MCMHS	
6. Becky Weaver	School Foods Manager / LKMES	
7. Sonya Faulk	School Foods Director / MCBOE	
8. Eliza Buice	Counselor / LKMES	
9. Melissa Jernigan	Counselor / MCMHS	
10. Jamie Penoncello	Superintendent / MCBOE	
11. John Dimitri	SPED Teacher, Coach, Athletic Director / MCMHS	
12. Freddie Vazquez	Migrant Tutor, Spanish Teacher, Coach / MCMHS	
13. Deana Dews	Attendance Officer, Homeless Navigator / MCBOE	
14. Shanitha Jones	Parent Mentor, Paraprofessional / MCMHS	
15. Loranda Holmes	SPED Director / MCBOE	
16. Derek Goodroe	Principal / MCMHS	Also a Parent
17. Jason Reese	Assistant Principal / LKMES	
18. Victoria Hudson	Student / MCMHS	
19. Lakishia Evans	Parent	
20. Cassandra Porter	Assistant Superintendent / MCBOE	Also a Parent, Federal Programs Director
21.		
22.		
23.		
24.		

<b>KEY</b>			
<b>Completed</b>	<i>select if you have met this goal at all schools</i>	<b>In Progress</b>	<i>select if you are working on the goal, but none of the schools have met the goal</i>
<b>Partially Completed</b>	<i>select if one or more schools has met this goal</i>	<b>Not Completed</b>	<i>select if you have not begun working on this goal</i>