



# IRONMEN OUTLOOK

- OCTOBER -

Edited By  
*Faith Branstetter*

## THERE'S A CHAMPION IN THE HOUSE

We have a champion in the house! On Sept 28, Leila Ewers became a state champion in cattle grading, beating out every one in all three divisions: Junior, 4H, and Adult. She scored a 408/450, winning scholarships and a big shiny belt buckle.



## It's Officially Autumn.

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It's that time of year again for warm apple turnovers, spice cake, and pumpkin pie. While Faith certainly cannot get behind the hype of the Fall Season, we can all get behind the sweets. In this edition, we'll review Halloween traditions and our favorite fall recipes.

### This is Halloween!

Halloween is right around the corner. It is a time full of candy, costumes, and scary movies. The roots of Halloween can be traced back as far as 2,000 years ago! Interestingly enough, the Celtics were the first to celebrate this holiday. Later on, as the Spaniards brought Catholicism to Mexico, the Aztecs adopted this tradition and mixed it with their own to create the day known as Dia de los Muertos, or The Day of the Dead.



**Image 1.2: Pre-snap setup**

# SPORTS NEWS

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Home of the Ironmen

## IRONMEN STUNG BY HORNETS

Last Friday, the Ironmen faced off against the Vinita Hornets to continue the longest-running Oklahoma High School Rivalry. The Ironmen would fall to 3-2 on the season. Peyton Trotter would score the only touchdown from a 65-yard run in the 2nd quarter. The offense started off very rocky with a turnover on the first set of downs. The Ironmen could not convert a 1st down until halfway through the first quarter. However, the Ironmen's defense held strong once again. Zach Long had another spectacular display on defense with a fumble recovery and a blocked extra point. Jerome Jackson, Talon Henderson, and Tyler Flower all got QB sacks for electric losses. However, the Hornets stung back in the second half prevailing for a 35-8 finish. The Ironmen go back on the road next week to play Pawhuska next week.

## HUSKIES OUTFRAN IRONMEN

On Oct 7, the Ironmen faced off against the Pawhuska Huskies. The game started with an Ironmen toss, which they elected to receive. The offense would immediately run into trouble with a sack that set them back 15 yards followed by a turnover on downs. The Huskies capitalized on this scoring a quick touchdown, making the score 8-0 just 1 minute into the game. The Huskies would then recover their own onside kick, drive 20 yards, and fumble for an Ironmen Defense Recovery by Adrian O'Dell. The Ironmen's defense would continue to hold tight, amounting to 2 fumble recoveries and one interception, but gave up a lot of passing yards, ultimately leading them to failure to contain the fiery Huskies offense. Peyton Trotter scored The lone touchdown late in the 4th quarter after the Ironmen went for it on 4th and nine from the Huskies 30. They would go on to lose this game 6-50.





**Image1.3: Faith Fights Coach Robb**

# SPORTS NEWS

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Home of the Ironmen

## ALUMNI WIN IN NEW SOFTBALL TRADITION

On October 3, the softball girls played against their parents and former alumni to start a new tradition in Ironmen Softball. The Lady Ironmen would lose 6-10 after some power hitters showed up including Coach Robb. Faith Branstetter went 2-3 with gap shots for a double and a single and Thad Hewitt (playing with the team) hit 2 back-to-back HRs to pace the Lady Ironmen offense. The Seniors were then announced in a ceremony that brought tears to even the strongest. Faith Branstetter gave a speech on resilience and personal growth, detailing how proud she was of “her girls” this season and how much she had grown in character because of it. The night ended with tears and hugs, taking down their banners and leaving the field for the last time.

## UPCOMING EVENTS:

October 19 - Fall Band Concert  
Starts @ 7:00

October 20 - Varsity Football at Rejoice  
Christian  
Kickoff @ 7:00

October 24 - Varsity Basketball Scrimmage  
at Pawhuska with Tonkawa  
Tipoff @ 4:00

October 27 - Varsity Football at Home vs  
Salina  
Senior Night @ 6:30  
Kickoff @ 7:00

October 30 - Varsity Basketball Scrimmage  
vs Claremore Sequoyah  
Tipoff @ 4:00



## CELEBRATING APPLE SEASON

It is once again the time of year: Harvest Season. Apple Season is one of my favorite times of year. There's apple turnovers, apple cider, apple pie... I tried a cake last year called Caramel Apple Cake, and this is my review:

**"A rich cake full of flavor. Bound to impress the whole family. Surprisingly easy!" - Faith**

This cake was definitely a whole-day project. I started this cake at 10 AM and finished it at 6 PM; of course, this involved little breaks for snacks and nap time!

The first thing you have to do is make caramel from scratch. Mix your sugar, syrup, and water together and then heat over medium-high. If you have a gas stove like me, heat over medium in a thick aluminum pan.

Next, you make the cakes with a blend of spices, applesauce, and apple cider. Easy stuff.

Now, while the cakes are cooling, I advise macerating your apples now. If you don't, you'll have more torn-up rosettes. You have to allow for time for those cell walls to break down and get flexible.

Then, you'll make your caramel buttercream. Make sure your house is at most 70 degrees. If it is hotter than that, your buttercream will separate, and you will have to restart with fresh ingredients. Assemble it according to instructions, and it will look beautiful. Happy Apple Season!

You can find this recipe at: <https://www.americastestkitchen.com/recipes/11169-caramel-apple-cake>

# This Month's Snaps!



## Cutting Ties

Faith Branstetter and the rest of the softball seniors cut down their banners as they leave the field for the last time as athletes.



## Watch the Ball

The coaches yell plays to the Ironmen defense to put up a stop in the endzone.



## Outside the Trenches

Jose Wilson lines up outside on defense. Meanwhile, the trenches leak nothing but tension.



## Drive, Drive, Drive!

The Offensive line holds just enough for Jose Wilson to squeak through for 6 yards.