

# April Menu Fremont-Mills



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| <p>1</p> <p><b>No School Spring Break</b></p>   | <p>2</p> <p><b>No School Spring Break</b></p>   | <p>3</p> <p><b>Breakfast-</b> Pancake on a stick, fruit, juice</p> <p><b>Lunch-</b> *Chicken patty/bun, calico beans, peaches</p>   | <p>4</p> <p><b>Breakfast-</b> Birthday cake bar, fruit, juice</p> <p><b>Lunch-</b> Macaroni &amp; cheese, meatballs, peas, pineapple tidbits</p>  | <p>5</p> <p><b>Breakfast-</b> *Long John, fruit, juice</p> <p><b>Lunch-</b> Popcorn chicken, california blend veggies, mixed fruit</p>              |
| <p>8</p> <p><b>Late Start- No Breakfast</b></p> <p><b>Lunch-</b> Misc. Pizza, mixed veggies, banana, cookie</p>         | <p>9</p> <p><b>Breakfast-</b> *Cereal bar, fruit, juice</p> <p><b>Lunch-</b> Crispito/cheese sauce, refried beans, peaches</p>                        | <p>10</p> <p><b>Breakfast-</b> Breakfast pizza, fruit, juice</p> <p><b>Lunch-</b> Pork Carnita Nachos, chips/cheese sauce, pears</p>  | <p>11</p> <p><b>Breakfast-</b> S'mores Bar, fruit, juice</p> <p><b>Lunch-</b> Chicken drumsticks, green beans, mashed potatoes/gravy, pineapple tidbits</p>   | <p>12</p> <p><b>Breakfast-</b> Breakfast bar, fruit, juice</p> <p><b>Lunch-</b> Hamburger patty/bun, fresh carrots, fresh broccoli, mixed fruit</p> |
| <p>15</p> <p><b>Late Start- No Breakfast</b></p> <p><b>Lunch-</b> Pepperoni Pizza, steamed broccoli, pears</p>          | <p>16</p> <p><b>Breakfast-</b> *Cereal cup, fruit, juice</p> <p><b>Lunch-</b> Taco Salad/chips, lettuce, fiesta beans, rosy applesauce</p>            | <p>17</p> <p><b>Breakfast-</b> Power Bites (sausage, eggs, cheese, potatoes &amp; breadcrumbs), fruit, juice</p> <p><b>Lunch-</b> *Biscuits/sausage gravy, clementines, side kick</p> | <p>18</p> <p><b>Breakfast-</b> *Poptart, fruit, juice</p> <p><b>Lunch-</b> Sloppy Joe/bun, carrot sticks, chips, peaches</p>  | <p>19</p> <p><b>Breakfast-</b> Breakfast Sandwich, fruit, juice</p> <p><b>Lunch-</b> Chicken nuggets, smiley fries, mixed fruit</p>                 |
| <p>22</p> <p><b>Late Start- No Breakfast</b></p> <p><b>Lunch-</b> Fiestada, steamed peas, pineapple tidbits, cookie</p> | <p>23</p> <p><b>Breakfast-</b> Chocolate cherry granola bar, fruit, juice</p> <p><b>Lunch-</b> BBQ Rib Patty/bun, sweet potato fries, mixed fruit</p> | <p>24</p> <p><b>Breakfast-</b> French toast sticks, fruit, juice</p> <p><b>Lunch-</b> Hot Dog/bun, baked beans, peaches</p>   | <p>25</p> <p><b>Breakfast-</b> *Breakfast cookie, fruit, juice</p> <p><b>Lunch-</b> Orange Chicken, veggies &amp; rice, fortune cookies, oranges</p>  | <p>26</p> <p><b>Breakfast-</b> *Cinnamon roll, fruit, juice</p> <p><b>Lunch-</b> Pizza crunchers, fresh carrots, fresh broccoli, pears</p>          |
| <p>29</p> <p><b>Late Start- No Breakfast</b></p> <p><b>Lunch-</b> Corn dogs, broccoli littles, mandarin oranges</p>     | <p>30</p> <p><b>Breakfast-</b> Banana bread, fruit, juice</p> <p><b>Lunch- Cook's Choice</b></p>  | <p><b>Breakfast/Lunch items that have an * (Asterisk *) placed next to them may contain peanuts/tree nuts</b></p>   | <p><b>Fun Facts</b></p> <ul style="list-style-type: none"> <li>-Apples float on water</li> <li>-Caterpillars have 12 eyes</li> <li>-Left-handedness is more common in boys than girls</li> <li>-The real word for the # symbol is not "hashtag" it's octothorpe</li> <li>-Omphalophobia- fear of belly buttons</li> </ul> | <p>17 days until the last day of school!</p>  |

**Student Prices:**

Breakfast:  
 DC-12th-  
 \$1.75/\$.40 for reduced  
 Lunch: DC-4th-  
 \$2.75/\$.40 for reduced  
 Lunch: 5th-12th-  
 \$2.90/\$.40 for reduced

**Adult Prices:**

Breakfast \$1.75  
 Lunch- \$4.85  
 Salad Bar \$4.85

\*This institution is an equal opportunity employer. If you have any questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission at 1-800-457-4416.

\*Menu changes are apt to occur due to the availability of food products