

Parents and Guardians, In our rapidly changing world, the mental well being of our students/children has never been more important. The mental health of kids is rising and we need to be aware of what they are doing on social media. This time of year is especially difficult for many reasons. Technology can be great but negative things occur on social media (Snapchat) and it can affect your child. There have been reports in Crawford County of kids self-harming, suicide attempts, and sexting. The Seneca School District does its best at monitoring student's on-line activity. The school uses filters and programs such as Go-Guardian and Gaggle to monitor student's school Chromebooks. However, students' access to the virtual world expands beyond their Chromebooks (and those safety tools). Please speak with your child about their use of the internet and establishing appropriate boundaries.

If you feel your child is struggling with mental health there are resources available including [County Crisis Services](#) (888) 552-6642 or dial 9-8-8 to connect with a trained counselor.

Alex Osterkamp,  
Seneca Area School District Principal