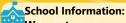
LUNCH

MARCH 2024Renaissance Academy Charter School of the Arts



We create our menus and food service

program to ensure that students get the nutrients they need to think clearly and concentrate on learning. Seeing students succeed in school is what drives our passion to serve high-quality meals every day!



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Build your own breakfast sandwich on WG roll, carrots & cucumbers, asstd. fruit & asstd. milk

Chef's choice pizza, side salad, oven roasted broccoli, strawberry cup, asstd. fruit &asstd. milk

Beef taco, shredded lettuce & cheese, black bean salad, cilantro lime rice, asstd. fruit &asstd. milk Pasta Fagioli, grilled cheese sandwich, wilted spinach & bacon salad, baby carrot pack, asstd. fruit &asstd. milk

Lasagna roll up, sweet corn, 7 cucumber slices, fresh grapes, asstd. fruit &asstd. milk

Cheeseburger on a WG bun, oven roasted green beans, coleslaw, asstd chip or cookie, asstd. fruit &asstd. milk

Chef's choice pizza, side salad, pepper slices, kiwi, asstd. fruit &asstd. milk Oven baked chicken, cool 12 bean salad, mashed potatoes, asstd. fruit & asstd. milk

Corndog, coleslaw, oven roasted broccoli, pears, asstd. fruit &asstd. milk

Chef salad(egg, ham, cucumber, cheese, tomato), dinner roll,, asstd. fruit &asstd. milk

Cheeseburger on a WG bun, oven roasted green beans, macaroni salad, asstd chip or cookie, asstd. fruit &asstd. milk

Chef's choice pizza, side salad, oven roasted broccoli, peaches, asstd. fruit &asstd. milk

PBJ sandwich, baby carrots, cherry tomatoes, asstd. chip, asstd. fruit &asstd. milk Sloppy joe sandwich, sweet corn, cucumber slices, spinach salad, asstd. fruit &asstd. milk Chicken jambalaya soup, corn bread, oven roasted green beans, asstd. fruit &asstd. milk

Cheeseburger on a WG bun, french fries, baked beans, oven roasted carrots, asstd. fruit &asstd. milk

Chef's choice pizza, side salad, pepper slices, kiwi, asstd. fruit &asstd. milk

Meatloaf, mashed potatoes & gravy with oven roasted carrots, asstd. fruit &asstd. milk Elote street corn soup, grilled cheese sandwich, cool bean salad, spinach side salad, asstd. fruit &asstd. milk

Chicken nuggets, baked beans, baby carrots, asstd chip or cookie, asstd. fruit &asstd. milk

NO SCHOOL

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