

MARCH 2024 Renaissance Academy Charter School of the Arts

LUNCH



School Information:

We create our menus and food service program to ensure that students get the nutrients they need to think clearly and concentrate on learning. Seeing students succeed in school is what drives our passion to serve high-quality meals every day!



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chef's choice pizza, side salad, oven roasted broccoli, strawberry cup, asstd. fruit & asstd. milk **4**

Beef taco, shredded lettuce & cheese, black bean salad, cilantro lime rice, asstd. fruit & asstd. milk **5**

Pasta Fagioli, grilled cheese sandwich, wilted spinach & bacon salad, baby carrot pack, asstd. fruit & asstd. milk **6**

Lasagna roll up, sweet corn, cucumber slices, fresh grapes, asstd. fruit & asstd. milk **7**

Build your own breakfast sandwich on WG roll, carrots & cucumbers, asstd. fruit & asstd. milk **1**

Cheeseburger on a WG bun, oven roasted green beans, coleslaw, asstd chip or cookie, asstd. fruit & asstd. milk **8**

Chef's choice pizza, side salad, pepper slices, kiwi, asstd. fruit & asstd. milk **11**

Oven baked chicken, cool bean salad, mashed potatoes, asstd. fruit & asstd. milk **12**

Corndog, coleslaw, oven roasted broccoli, pears, asstd. fruit & asstd. milk **13**

Chef salad(egg, ham, cucumber, cheese, tomato), dinner roll,, asstd. fruit & asstd. milk **14**

Cheeseburger on a WG bun, oven roasted green beans, macaroni salad, asstd chip or cookie, asstd. fruit & asstd. milk **15**

Chef's choice pizza, side salad, oven roasted broccoli, peaches, asstd. fruit & asstd. milk **18**

PBJ sandwich, baby carrots, cherry tomatoes, asstd. chip, asstd. fruit & asstd. milk **19**

Sloppy joe sandwich, sweet corn, cucumber slices, spinach salad, asstd. fruit & asstd. milk **20**

Chicken jambalaya soup, corn bread, oven roasted green beans, asstd. fruit & asstd. milk **21**

Cheeseburger on a WG bun, french fries, baked beans, oven roasted carrots, asstd. fruit & asstd. milk **22**

Chef's choice pizza, side salad, pepper slices, kiwi, asstd. fruit & asstd. milk **25**

Meatloaf, mashed potatoes & gravy with oven roasted carrots, asstd. fruit & asstd. milk **26**

Elote street corn soup, grilled cheese sandwich, cool bean salad, spinach side salad, asstd. fruit & asstd. milk **27**

Chicken nuggets, baked beans, baby carrots, asstd chip or cookie, asstd. fruit & asstd. milk **28**

NO SCHOOL **29**