

APRIL, 2024

McKinley Colts

5 12th St SW Watertown, SD 57201
Telephone (605) 882-6350



Dear Parents,

The #1 way to help your child at school is to make sure they have great attendance. Please help your child by getting them to school on time every day.

Students at McKinley work in small groups often. These groups work on Math, Reading, Speech, Counseling and many other areas. The staff at McKinley are teaching students the expectations in groups. Group expectations are G-Good Attitude, R-Ready to Learn, O-On Topic, U-Use Time Wisely, and P-Prepared. These expectations are designed to make ensure group time is successful and students are excelling.

During the month of April, many of you will be hearing your child(ren) talk about the Smarter Balanced test (State Test of Educational Progress). This test is based on the Common Core standards and will be administered on the computer. I have listed some tips below to help your child prepare.

Tip #1 Make attendance a priority. Though it's important for your child to be in school as many days as possible, making sure he/she is there when the test is taken helps to ensure he/she won't lose more learning time because he/she has to make up a test during school.

Tip #2 Make a note of test days on the home calendar. That way both you and your child know what's coming and will be prepared.

Tip #3 Avoid pressuring your child and provide them with encouragement. Remember few children want to fail, and most will try their hardest to do well. Your encouragement will foster that growth.

Tip #4 Set a reasonable bedtime and stick to it. Don't underestimate the importance of a rested mind and body. Tired children have difficulty focusing and are easily flustered by challenges.

Tip #5 Make sure your child has enough time to wake up fully before he/she has to go to school. Just as rest is important, so is having enough time to get the brain engaged and in gear.

Tip #6 Make sure your child eats breakfast. Kids learn better on full stomachs.

Tips #7 Talk to your child about how the test went, what they did well and what they would have done differently.

Sincerely,
Mrs. Knopf

April Dates:

1st - Easter Monday
4th & 5th- Kindergarten
screening

19th - Early dismissal
(12:20) for staff
inservice

23rd - 1st/2nd grade
music concert





KINDERGARTEN



ROUND UP

APRIL 4 & 5, 2024

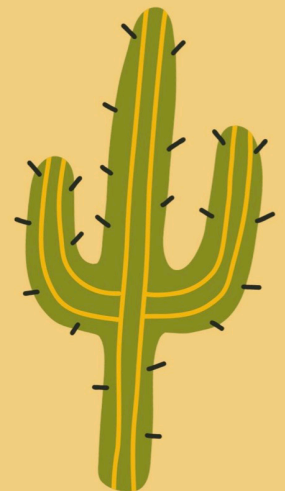


Kindergarten Round-Up is for children in the Watertown School District who will be 5 years of age on or before September 1, 2024. This is the registration process for children going into all-day Kindergarten or Jr. Kindergarten and will include a short screener.

Screenings will take place at Roosevelt Elementary on Thursday, April 4, and Friday, April 5, 2024.

Appointments are required! Scan the QR code to schedule your appointment.

Please bring your child's birth certificate and vaccination records to your appointment.



Call 605-882-6398 if you need assistance or have any questions.

7 WAYS TO HELP YOUR CHILD WITH PERFECTIONISM

1

◆ REDEFINE SUCCESS

Children who have a [growth mindset](#) are more likely to develop their potential. They view their successes as a result of [effort and strategies](#) rather than fixed traits like intelligence or abilities.

2

◆ CHALLENGE THEIR THINKING

In the heat of the moment, use [empathetic](#) comments like "I can see you're angry because you want this to be perfect". Then have your child [reflect](#) on these questions:

"What's the worst thing that could be?"

"What's a more positive way to think about this?"

"What part of my problem could I solve now?"

3

◆ EXPLAIN THE BRAIN MUSCLE

Talk with your child about their brain and its [incredible power](#) to grow and develop. Remind that brains are [constantly changing and learning](#) from new experiences. When we make an error, our brains spark and grow—and we actually learn faster.

4

◆ TALK ABOUT YOUR MISTAKES

A simple way to comfort your child's unrealistic self-expectations is by pointing out your [own mistakes](#). Talk about your mistakes in real-time ("Oops! I just added too much flour to this recipe!") and how you are addressing them.

5

◆ FOCUS ON LEARNING FROM MISTAKES

Rather than ignoring or shying away from addressing errors, give your child the opportunity to [figure out](#) what went wrong. Start with prompts like, "Let's pay attention and figure out what happened" or "Mistakes are opportunities—let's explore this together".

6

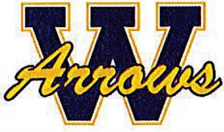
◆ REFRAKE GRADES

Rather than dwelling on grades, encourage your child to [ask questions](#) like, "What would I do differently this time?" or "What can I do to achieve a different score in the future?".

7

◆ ENCOURAGE SELF-COMPASSION

Brainstorm [words we like to hear](#) from friends or parents when we fail or make a mistake. Encourage your child to ask themselves, "What would a good friend tell me about this?" or "What would my mom say?".



WATERTOWN SCHOOL DISTRICT No. 14-4

Office of the Superintendent

P.O. Box 730 Watertown, SD 57201-0730

(605) 882-6312

Dr. Jeff Danielsen

Superintendent

Jeff.Danielsen@k12.sd.us

Dear Staff, Students and Parents of the Watertown Public Schools:

Congress enacted the Asbestos Hazard Emergency Response Act (AHERA) in 1986 that required public and private, secondary and elementary schools to identify asbestos containing building material (ACBM) in their school buildings and take appropriate actions to control the release of asbestos fibers. The US Environmental Protection Agency finalized a regulatory program in 1987 which enforces the AHERA mandate which states that every school building must be inspected for asbestos and it requires that the inspection must be done by an EPA certified inspector. The law also requires that each school building have an "Asbestos Management Plan". The purpose of this plan is to assure occupants that any asbestos contained material that may be present in the building are kept in a "safe, undamaged" condition.

Part of this law requires that each school keep a copy of this Asbestos Management Plan on file and that this plan be available for public viewing. It is the intent of this letter to inform you of the asbestos in the School District and the availability of the management plan.

The asbestos in the District is confined to the following areas:

Senior High School – Pipe insulation, floor tile

Intermediate School – Floor tile

McKinley School – Pipe insulation

Roosevelt School – Floor tile

In general, asbestos containing materials that are hard, such as floor tile are not dangerous. Therefore, the floor tile is of little concern as long as they are maintained intact. The floor tile has been put under an ongoing surveillance and maintenance program which mandates the material be kept intact and free of damage. Pipe insulation that could contain asbestos is located only in the mechanical areas.

It is the intention of the Watertown School District to keep all building occupants and public informed and to be advised that the "Asbestos Management Plan" is available for viewing during normal business hours at the Watertown School District Business Office.

Sincerely yours,

Dr. Jeff Danielsen

Superintendent

April

Menu is subject to change according to availability of product – check online menu for updates

***Fruit and Milk(11g,19g) is offered at ALL Breakfast Meals,**

***Veggie Bar, Fruit Selection and Milk Selection(11g,19g) are offered on ALL Lunch meals!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NO SCHOOL	2 Breakfast: Nutrigrain Bar, Yogurt (19g) Lunch: Waffle Sticks – 36g Sausage Patty Hashbrown Patty -15g	3 Breakfast: Pancake Bites (15g, 20g) Lunch: Cheeseburger – 29g Smile Fries – 20g	4 Breakfast: Caramel Mini (40g), Go-gurt (8g) Lunch: Chicken Cubes w/ gravy - Mashed Potatoes – 25g Dinner Roll – 17g	5 Breakfast: Breakfast Sandwich (27g) Lunch: Hot Ham and Cheese – 29g Baked Beans – 30g Cookie – 34g	6
7	8 Breakfast: Muffin (32g), String Cheese Lunch: Pizza – 29g Lettuce Salad	9 Breakfast: Funnel Cake, Go- gurt Lunch: Lasagna Roll Ups -30g Garlic Toast – 12g Strawberry Cup – 21g	10 Breakfast: Breakfast Bagel Pizza (22g) Lunch: Chicken Nuggets – 16g Baked Beans – 30g Treat – 30g	11 Breakfast: Pancake (13g), Sausage Lunch: Meatballs w/ gravy – 5g Rice – 27g	12 Breakfast: Oatmeal Round, Yogurt (19g) Lunch: Italian Dunkers – 34g, 51g Marinara Sauce – 10g Corn – 17g	13
14	15 Breakfast: Cereal (24g), String Cheese Lunch: Chicken Strips – 12g, 18g Carrots – 5g Chex – 20g	16 Breakfast: BB Waffles (37g), Sausage Lunch: Super Nachos – 21g, 31g Refried Beans – 18g	17 Breakfast: Benefit Bar (47g), Yogurt (19g) Lunch: Orange Chicken – 26g Egg Roll - Stir Fry Veggies	18 Breakfast: Cinnamon Roll (17g, 33g), Egg Lunch: Hamburger – 29g Crinkle Fries – 13g	19 Early Out Breakfast: Muffin (32g), Go-gurt (8g) Lunch: Deli Sandwich – 29g Apple Slices – 19g Chips – 24g	20
21	22 Breakfast: Cereal Bar (28g), String Cheese Lunch: BBQ or Pulled Pork Sandwich – 29g Curly Fries – 18g	23 Breakfast: Mini Donuts (20g, 26g), Egg Lunch: Popcorn Chicken – 14g Mashed Potatoes – 25g Dinner Roll – 17g	24 Breakfast: Waffle (36g), Sausage Lunch: Hot Dog – 24g Baked Beans – 30g	25 Breakfast: Mini Bagels(42g), Yogurt (19g) Lunch: Chicken Alfredo – 19g Breadstick – 17g	26 Breakfast: Banana Bread (45g), String Cheese Lunch: Pizza – 29g Green Beans – 4g Cookie – 32g	27
28	29 Breakfast: Poptart (76g), String Cheese Lunch: Chicken Patty Sandwich – 45g Baked Beans – 30g	30 Breakfast: Mini John (12g, 28g), Yogurt (19g) Lunch: Walking Taco – 20g, 28g Assorted Toppings Fiesta Beans – 22g				