

# Mutual

## Breakfast September 2023

Fri, 9 /1
Cinnamon Roll Or Muffin Fruit Juice Milk
Fri, 9 /8
Pancakes & Toppings or Cereal & Toast Fruit Juice Milk
Fri, 9 /15
<del>Pancakes &amp; Toppings</del> or Cereal & Toast Fruit <i>pancake wrap</i> Juice Milk
Fri, 9 /22
No School
Fri, 9 /29
Cinnamon Toast Scrambled Eggs or Cereal & Toast Fruit Juice Milk

Mon, 9 /4	Tue, 9 /5	Wed, 9 /6	Thu, 9 /7
No School	Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk	Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk
Mon, 9 /11	Tue, 9 /12	Wed, 9 /13	Thu, 9 /14
French Toast Sticks or Cereal & Toast Fruit Juice Milk	Cinnamon Toast Scrambled Eggs or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	Breakfast Pizza or Cereal & Toast Fruit Juice Milk
Mon, 9 /18	Tue, 9 /19	Wed, 9 /20	Thu, 9 /21
Muffin or Cereal & Toast Fruit Juice Milk	Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	Cinnamon Toast Scrambled Eggs or Cereal & Toast Fruit Juice Milk
Mon, 9 /25	Tue, 9 /26	Wed, 9 /27	Thu, 9 /28
Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk	Biscuit & Gravy or Cereal & Toast Fruit Juice Milk	Breakfast Pizza or Cereal & Toast Fruit Juice Milk

\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER