

JUNIOR HIGH LUNCH MENU/MARCH 1 - 29, 2023

MENU SUBJECT TO CHANGE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <p>ORANGE CHICKEN OR GENERAL TSO CHICKEN FRIED RICE ½ c CORN ¼ c PEAS ½ c DICED PEACHES/DICED PEARS ½ c WG COOKIE MILK</p>
<p>4</p> <p>WG CHICKEN TENDERS w/bbq or honey mustard MASHED POTATOES ½ c GRAVY 2 oz GLAZED CARROTS ½ c MANDARIN ORANGES/ PINEAPPLE ½ c ½ WG BREAD SLICE MILK</p>	<p>5</p> <p>SLOPPY JO ON WG BUN w/pickles SCALLOPED POTATOES ½ c PEAS ½ c DICED PEACHES/ DICED PEARS ½ c MILK</p>	<p>6</p> <p>EARLY DISMISSAL NO LUNCH SERVED</p>	<p>7</p> <p>WG CHICKEN PATTY ON WG BUN w/mayo OVEN FRIES ½ c PEAS & CARROTS ¼ c MIXED FRUIT /APPLESAUCE ½ c MILK</p>	<p>8</p> <p>WG CHEESE OR SAUSAGE PIZZA SLICE GREEN BEANS ½ c CORN ¼ c DICED PEACHES/ DICED PEARS ½ c WG CHOCOLATE CHIP COOKIE MILK</p>
<p>11</p> <p>WG CHICKEN NUGGETS w/bbq or sweet & sour MASHED POTATOES ½ c GRAVY 2 oz BROCCOLI FLORETS ½ c w/ff dip PINEAPPLE/ MIXED FRUIT ½ c WG BISCUIT MILK</p>	<p>12</p> <p>HOT DOG ON WG BUN w/catsup/mustard SWEET POTATO FRIES ½ c BAKED BEANS ¼ c DICED PEACHES/ DICED PEARS ½ c MILK</p>	<p>13</p> <p>CHICKEN & NOODLES GLAZED CARROTS ½ c GREEN BEANS ½ c PINEAPPLE/ MANDARIN ORANGES ½ c WG DINNER ROLL MILK</p>	<p>14</p> <p>WG CHEESE OR CHICKEN QUESADILLA w/salsa ½ c CORN ¼ c REFRIED BEANS ¼ c PINAPPLE/ DICED PEACHES ½ c FRUIT SNACKS MILK</p>	<p>15</p> <p>SPAGHETTI w/MEAT SAUCE GREEN BEANS ½ c LETTUCE SALAD 1c w/ dressing WG BREADSTICK APPLESAUCE/MIXED FRUIT ½ c MILK</p>
<p>18</p> <p>WG POPCORN CHICKEN w/bbq or honey mustard MASHED POTATOES ½ c GRAVY 2 oz BROCCOLI FLORETS ½ c w/ff dip DICED PEACHES/ DICED PEARS ½ c ½ WG BREAD SLICE MILK</p>	<p>19</p> <p>BBQ RIBS ON WG BUN w/pickles CHEESY POTATOES ½ c PEAS ½ c MIXED FRUIT/ PINEAPPLE ½ c MILK</p>	<p>20</p> <p>WG CORN DOGS w/catsup/mustard TATER TOTS ½ c BAKED BEANS ½ c DICED PEARS/ DICED PEACHES ½ c MILK</p>	<p>21</p> <p>WG PEPPERONI OR CHEESE PIZZA SLICE GREEN BEANS ½ c CORN ¼ c APPLESAUCE/PINEAPPLE ½ c MILK</p>	<p>22</p> <p>SWEET & SOUR CHICKEN OR GENERAL TSO FRIED RICE ½ c GLAZED CARROTS ½ c CORN ¼ c MANDARIN ORANGES/ MIXED FRUIT ½ c WG SCOOPY SNACK MILK</p>
<p>25</p> <p>WG CHICKEN TENDERS w/bbq or sweet & sour MASHED POTATOES ½ c GRAVY 2 oz PEAS & CARROTS ½ c APPLESAUCE/ MIXED FRUIT½ c WG BISCUIT MILK</p>	<p>26</p> <p>NACHO GRANCE (TACO MEAT/FRITO CHIPS) SHREDDED LETTUCE 1 c CHEESE DICED TOMATOES ¼ c REFRIED BEANS ¼ c MANDARIN ORANGES / PINEAPPLE ½ c MILK</p>	<p>27</p> <p>CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES ½ c BAKED BEANS ¼ c MIXED FRUIT/ DICED PEARS ½ c MILK</p>	<p>27</p> <p>CHILI MAC CORN ¼ c BLACK BEANS ¼ c WG BREADSTICK DICED PEACHES/APPLESAUCE ½ c MILK</p>	<p>29</p> <p>GOOD FRIDAY NO SCHOOL</p>