Watertown Community Resources (2024)
Social-Emotional Supports

Supports In Our Schools
In Middle School and High School, a School Counselor is a good place to start for many questions. School Counselors can answer questions about a learner’s progress in a particular class, behavior or social/emotional concerns, and scheduling needs. Counselors will also act as liaisons between teachers and learners if learners or their guardians are hesitant to contact the teacher themselves.

In all grades, a Social Worker is a good person to contact with questions about matters both inside and outside of the classroom, like social-emotional, community or home concerns. If a learner or their family is experiencing difficulties at home or in the community, the social worker can offer support, conduct a home visit, or provide access to additional community resources.

Likewise, School Psychologists support learners in all grades. However, school psychologists usually support learners whose IEPs mandate their support. If a learner has an IEP that includes the support of a school psychologist, contacting the school psychologist may be a good place to start if the parent or guardian has questions about mental/emotional health, learning, or behavior.

○ John Trumbull Primary School
  ■ School Psychologists
    ● Nicole Murphy- (K-2) 860- 945- 4565/ murphyni@watertownps.org
    ● Amanda Schmaling (Preschool) 860- 945- 5154 /schmalingam@watertownps.org
    ● Carolina Rinaldi (K-2) 860- 945- 4534/ rinaldica@watertownps.org

○ Judson Elementary School
  ■ Social Worker
    ● Kimberly Keil- 860- 945- 4850 ext. 5186 / keilki@watertownps.org
  ■ School Psychologist
    ● Vittoria Albanese - 860-945-4850 ext. 4609 / albanesevi@watertownps.org
Supports In Our Schools continued

- **Polk Elementary School**
  - **Social Worker**
    - Elayna Stein - 860-945-1409 / steinel@watertownps.org
    - Kimberly Keil - 860-945-4840 ext. 5169 / keilki@watertownps.org
  - **School Psychologist**
    - Alyssa DeAngelo- 860-945-5137 / deangeloal@watertownps.org

- **Swift Middle School**
  - **School Counselors**
    - Julie Ayer (Grade 6) - 860-945-4608 / ayerju@watertownps.org
    - Lisa Dorso (Grade 7) - 860-945-4611 / dorsoli@watertownps.org
    - Jenna Barbino (Grade 8) - 860-945-4627 / barbinoje@watertownps.org
  - **Social Worker**
    - Sofia Riddick - 860-945-4678 / RiddickSo@watertownps.org
    - Janessa Smith- 860-945-4635 / smithja@watertownps.org
  - **School Psychologist**
    - Kacey Jarjura- 860-945-4607 / jarjuraka@watertownps.org
    - Shelby Reig- 860-945-1403 / reigsh@watertownps.org

- **Watertown High School**
  - **School Counselors**
    - Kristen Bates (Last Names A-C) - 860-945-5016 / bateskr@watertownps.org
    - Christie Sales (Last Names D-J) - 860-945-5014 / salesch@watertownps.org
    - Meghan Robinson (Last Names K-P) - 860-945-5017 / robinsonme@watertownps.org
    - Megan Chunis (Last Names Q-Z) - 860-945-5013 / chunisme@watertownps.org
  - **Social Worker**
    - Erin O’Neill - 860-945-5091 / o’neiller@watertownps.org
  - **School Psychologist**
    - Kerry Brickle- (860) 945-5015/ brickelke@watertownps.org
    - Catherine Walsh- (860) 945-5077/ walshca@watertownps.org
Social-Emotional Supports

Supports In Our Community

● Below is a list of local social-emotional resources in our local community. Please note that this is not intended to be a comprehensive list of service providers nor does the Watertown School District endorse any particular provider.

● Click on the links below to access providers:

- Child & Adolescent Therapy
- Family Therapy
- Child & Adolescent Psychiatry
- Neuropsychologists
- Intensive Outpatient Providers(IOP)/Partial Hosptilization Programs(PHP)
- School Refusal
- ABA Therapy
- Home/Family Services
Food Resources in Our Community

**Free and Reduced Lunch**
- Click here: [Online Form](#)
  [Paper Form](#)
- Summer Meals for students: Click [here](#)

**Watertown Food Pantry**
- Located in the Old Pin Shop, 20 Main Street, Oakville
  Food is distributed every Thursday with pick-up from 12:30p-1:30p and 5p-6p.
  For information on how to register please call: 860-945-5252 or visit: [2021 Watertown Food Bank](#)

**CT Food Bank**
- [CT Mobile Food Bank Schedule](#)

**Supplemental Nutrition Assistance Program (SNAP)**
- The Connecticut Department of Social Services offers monthly food assistance to qualifying households.
- For more information on qualifications, click [here](#).
- To apply for SNAP food assistance, click [here](#).