




December

Two Rivers Breakfast & Lunch menus grades K-12

Monday	Tuesday	Wednesday	Thursday	Friday
  				<p>1</p> <p>B = pancake sandwich</p> <p>L: hamburger steak mashed potatoes brown gravy black eye peas/roll mandarin oranges</p>
<p>4</p> <p>B: pancake on a stick</p> <p>L: chicken bacon wraps corn salad sherbet cups</p>	<p>5</p> <p>B: k-4 = yogurt & grahams 5-12 = Dutch waffles</p> <p>L: Mexican chicken pinto beans salsa pineapples</p>	<p>6</p> <p>B : strawberry bagels</p> <p>L: taco soup cheese broccoli tortilla chips applesauce cups</p>	<p>7</p> <p>B : French toast sticks</p> <p>L: popcorn chicken cheesy mashed potatoes green peas roll (9-12) peaches</p>	<p>8</p> <p>B: k-4=oatmeal bars 5-12 = eggs & toast</p> <p>L: hamburgers lettuce/tomato/pickles French fries bananas pudding cups</p>
<p>11</p> <p>B: powdered donut</p> <p>L: cheesy pull aparts broccoli w/cheese sauce salad pears</p>	<p>12</p> <p>B : muffins</p> <p>L: Crispito Christmas refried beans Spanish rice salsa fruit salad Christmas cookies</p>	<p>13</p> <p>B : sausage & biscuits</p> <p>L: chicken alfredo green beans steamed carrots breadstick (9-12) fruit cups</p>	<p>14</p> <p>B : mini cinnis</p> <p>L = chicken fried steak fingers mashed potatoes/gravy broccoli roll (9-12) pineapples</p>	<p>15</p> <p>B : poptarts, cereal , or oatmeal bars</p> <p>L: ham & cheese sandwich veggies & ranch baked chips applesauce cups</p>

December 18th - January 5th, no school
CHRISTMAS BREAK
Return to school January 8th



BREAKFAST:

Daily Grab n Go meals available

- Cereal- flavor variety
- Poptarts - flavor variety
- Oatmeal bars- flavor variety

all breakfast meals come with fruit and/or fruit juice and choice of 1% white or fat free chocolate milk

LUNCH:

Daily Grab n Go meals available :

- Chef salad
- Pb&j meal
- Pizza lunchable meal
- Wraps or sandwiches

(Daily breakfast and lunch grab n go options only offered to grades 5-12. K – 4 grades offered main line only)

* All 5-12 grade meals come with daily fresh veggie bar option. Veggie bar offerings may include: salad, cucumber slices, celery sticks, baby carrots, cherry tomatoes, fresh broccoli florets, green pepper strips, fresh seasonal veggies. (options may vary depending on availability)

*All 5-12 grade meals come with daily fresh fruit options. Fresh fruit options may include : apple variety, oranges, bananas, pears, raisins, seasonal fresh fruits (options may vary depending on availability)

*All meals come with choice of chocolate Fat Free milk or 1% white milk.



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. THANK YOU FOR YOUR UNDERSTANDING

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