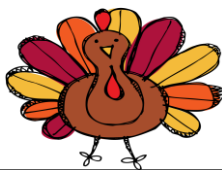




November





Two Rivers breakfast & lunch menus Grades K-12

Monday	Tuesday	Wednesday	Thursday	Friday
		1 B = blueberry mini waffles L = mac n cheese broccoli salad rolls (9-12) applesauce	2 B= breakfast pizza L= veggie beef soup grilled cheese celery & carrots w/ranch pears	3 B= k-4 oatmeal bars & string cheese 5-12 = eggs & toast L = bbq sandwich tater tots salad orange wedges
6 B = super donut L= pizza crunchers corn cucumber slices w/ranch salad spiced apples	7 B=k-4 =yogurt & grahams 5-12=dutch waffle L= beef soft tacos refried beans lettuce/tomatoes salsa/sour cream mandarin oranges	8 B= strawberry bagels L= chicken spaghetti green beans salad breadstick (9-12) fruit cups	9 B= French toast sticks L = chicken fried steak fingers or meatloaf mashed potatoes/gravy broccoli roll (9-12) pineapples	10 B = k-4 = poptarts 5-12= biscuits & gravy L= ham & cheese wraps steamed carrots/salad baked chips bananas gelatin
13 B = pancake on a stick L= orange chicken rice broccoli carrots pears	14 B= chocolate croissants L= corn dogs baked beans baby carrots w/ranch pineapples	15 B= sausage & biscuits L= chicken sandwich French fries lettuce/tomatoes/pickles fruit cocktail	16 B= mini cinnis L= THANKSGIVING FIESTA nachos, beef or chicken nacho fixins refried beans Spanish rice churros/fruit salad 	17 B = pancake sandwich L= chili/cheese corn chips salad/corn apple slices



Thanksgiving Break
No School

NOVEMBER 20-24

NO STUDENTS 27 	28 B=blueberry muffins L= pizza broccoli w/cheese sauce salad pineapples	29 B= maple mini waffles L = fajitas refried beans lettuce/tomatoes salsa/sour cream applesauce	30 B= breakfast pizza L = chicken & noodles green beans steamed carrots breadstick (9-12) pears	
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BREAKFAST:

Daily Grab n Go meals available

- Cereal- flavor variety
- Poptarts - flavor variety
- Oatmeal bars- flavor variety

all breakfast meals come with fruit and/or fruit juice and choice of 1% white or fat free chocolate milk

LUNCH:

Daily Grab n Go meals available :

- Chef salad
- Pb&j meal
- Pizza lunchable meal
- Wraps or sandwiches

(Daily breakfast and lunch grab n go options only offered to grades 5-12. K – 4 grades, offered main line menu only)

* All 5-12 grade meals come with daily fresh veggie bar option. Veggie bar offerings may include: salad, cucumber slices, celery sticks, baby carrots, cherry tomatoes, fresh broccoli florets, green pepper strips, fresh seasonal veggies. (options may vary depending on availability)

*All 5-12 grade meals come with daily fresh fruit options. Fresh fruit options may include : apple variety, oranges, bananas, pears, raisins, seasonal fresh fruits (options may vary depending on availability)

*All meals come with choice of chocolate Fat Free milk or 1% white milk.



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. THANK YOU FOR YOUR UNDERSTANDING

This institution is an Equal Opportunity Provider