

TWO RIVERS BREAKFAST & LUNCH MENUS GRADES K-12

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>B: pancake on a stick</p> <p>L: corn dogs baked beans carrots w/ranch spiced apples</p>	<p>4</p> <p>B: k-4= yogurt & grahams 5-12 = dutch waffles</p> <p>L: fiesta chicken tortilla chips (9-12) pinto beans/salsa mandarin oranges</p>	<p>5</p> <p>B: mini cinnis</p> <p>L: chili/cheese corn chips steamed corn salad/fruit cups</p>	<p>6</p> <p>B: sausage & biscuits</p> <p>L: orange chicken brown rice broccoli/carrots pineapples</p>	<p>7</p> <p>k-4=oatmeal bars 5-12 = eggs & toast</p> <p>L: chicken sandwich French fries lettuce/tomato/pickles orange wedges</p>
<p>9</p> <p>B: powdered donut</p> <p>L: cheesy pull aparts broccoli w/cheese sauce salad pears</p>	<p>10</p> <p>B: ham & cheese croissants</p> <p>L: nachos lettuce/tomato salsa/sour cream refried beans pineapples</p>	<p>11</p> <p>B: mini waffles</p> <p>L: chicken & noodles green beans steamed carrots breadstick (9-12) fruit cups</p>	<p>12</p> <p>B: breakfast pizza</p> <p>L: hamburger steak mashed potatoes brown gravy black eye peas/roll mandarin oranges</p>	<p>13</p> 
<p>16</p> <p>B : muffins</p> <p>L: chicken bacon wraps corn salad sherbet cups</p>	<p>17</p> <p>B: k-4 = yogurt & grahams 5-12 = dutch waffles</p> <p>L: Mexican chicken pinto beans salsa pineapples</p>	<p>18</p> <p>B : strawberry bagels</p> <p>L: taco soup cheese broccoli tortilla chips applesauce cups</p>	<p>19</p> <p>B : french toast sticks</p> <p>L: popcorn chicken cheesy mashed potatoes green peas roll (9-12) pears</p>	<p>20</p> <p>B : k-4 poptarts 5-12 = biscuits & gravy</p> <p>L: hamburgers lettuce/tomato/pickles French fries bananas pudding cups</p>
<p>23</p> <p>NO STUDENTS</p> 	<p>24</p> <p>B : chocolate donut</p> <p>L: pizza corn salad spiced apples</p>	<p>25</p> <p>B : mini cinnis</p> <p>L: walking taco refried beans lettuce/tomato salsa/sour cream mandarin oranges</p>	<p>26</p> <p>B : sausage & biscuits</p> <p>L: spaghetti green beans salad breadstick (9-12) fruit cups</p>	<p>27</p> <p>B : pancake sandwich</p> <p>L: toasted ham & cheese baked beans baked chips orange wedges</p>
<p>30</p> <p>B: pancake on a stick</p> <p>L: burrito corn salad/salsa pears</p>	<p>31</p> <p>B : chocolate croissants</p> <p>L: severed "Frank"enstein fingers on a bun (hot dogs) bat blood & zombie spit (ketchup & mustard) goblin toes (seasoned potatoes) witches warts (baked beans) dragon tongues (pickle spears) frozen witches brew (sherbet)</p>			

BREAKFAST:

Daily Grab n Go meals available

- Cereal- flavor variety
- Poptarts - flavor variety
- Oatmeal bars- flavor variety

all breakfast meals come with fruit and/or fruit juice and choice of 1% white or fat free chocolate milk

LUNCH:

Daily Grab n Go meals available :

- Chef salad
- Pb&j meal
- Pizza lunchable meal
- Wraps or sandwiches

(Daily breakfast and lunch grab n go options only offered to grades 5-12. K - 4 grades, offered main line menu only)

*** All 5-12 grade meals come with daily fresh veggie bar option. Veggie bar offerings may include: salad, cucumber slices, celery sticks, baby carrots, cherry tomatoes, fresh broccoli florets, green pepper strips, fresh seasonal veggies. (options may vary depending on availability)**

***All 5-12 grade meals come with daily fresh fruit options. Fresh fruit options may include : apple variety, oranges, bananas, pears, raisins, seasonal fresh fruits (options may vary depending on availability)**

***All meals come with choice of chocolate Fat Free milk or 1% white milk**



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. THANK YOU FOR YOUR UNDERSTANDING

This institution is an Equal Opportunity Provider