## Jr/Sr High School Lunch

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week 1 | Grilled Chicken Sandwich w/ Bacon and Pepper Jack Cheese or w/ Ghost Pepper Cheese Glazed Carrots Peas Apples | Mac and Cheese Bowls Chicken with Buffalo or BBQ Sauce Steamed Broccoli Onion Rings Grapes | Hamburger or Cheeseburger <br> French Fries <br> Baked Beans <br> Bananas <br> Lettuce, Tomato, Onions, and Pickles <br> Ketchup, Mayo, Mustard | Meatloaf or Pork Roast Mashed Potatoes Green Beans Roll Peaches | Chicken Tenders w/Waffle or Pizza Crunchers Potato Wedges <br> Baby Carrots w/ Ranch Strawberries and Whipped Topping Ketchup, BBQ, Syrup |
| Week 2 | Meatball Sub or Philly Cheese Steak Baked Potato w/Butter and Sour Cream Green Beans Orange <br> Butter, Sour Cream, and Parmesan Cheese | Buffalo Chicken Dip or Walking Taco <br> Lettuce, Tomatoes, Cheese, Sour Cream, Salsa, and Taco Sauce Queso Corn on the Con Apple | Chicken Leg Bar <br> Roll <br> Pinto Beans Seasoned Fries Fruit Cocktail Butter, Ketchup | Chili with or without a <br> Grilled Cheese <br> Baby Carrots <br> Pickle Spears <br> Fruit Cocktail <br> Shredded Cheese <br> Crackers <br> Ranch | Taco Quesadilla or Cheesy <br> Quesadilla <br> Corn <br> Fresh Salad <br> Apple Crisps <br> Fruited Jello |
| Week 3 | Alfredo w/Garlic Knot or Spicy Chicken Patty Sweet Potato Fries Great Northern Beans Peas and Carrots Fruit Sorbet <br> Ketchup ,Mayo, Pickles | Hot Ham and Cheese or Beef and Cheddar Sandwich Coleslaw <br> Curly Fries <br> Fruit Cocktail Apples | Asian Chicken or General Tso Fried Rice California Blend Teriyaki Green Beans Fortune Cookie Pineapple | Taco with Chips or Chicken Fajita Spanish Rice Cucumber and Tomatoes Queso Bananas Lettuce, Tomatoes, Cheese, Sour Cream, and Salsa, Ranch | Cheese Pizza, Pepp Pizza or Buffalo Chicken Pizza <br> Caesar Salad Corn Oranges Cookie |

## Weekly Menu Dates

Week 1: Aug $14^{\text {th }}$, Sept $4^{\text {th }}$, Sept $25^{\text {th }}$, Oct $23^{\text {rd }}$, Nov $13^{\text {th }}$, Dec $4^{\text {th }}$, Jan $1^{\text {st }}, \operatorname{Jan} 22^{\text {nd }}, F$ Feb $12^{\text {th }}$, Mar $4^{\text {th }}$, Mar $25^{\text {th }}$, Apr $22^{\text {nd }}$, May $13^{\text {th }}$
Week 2: Aug $21^{\text {st }}$, Sept $11^{\text {th }}$, Oct $9^{\text {th }}$, Oct $30^{\text {th }}$, Nov $20^{\text {th }}$, Dec $11^{\text {th }}$, Jan $8^{\text {th }}$, Jan $29^{\text {th }}$, Feb $19^{\text {th }}$, March $11^{\text {th }}$, April $8^{\text {th }}$, April $29^{\text {th }}$, May $20^{\text {th }}$
Week 3: Aug $28^{\text {th }}$, Sep $18^{\text {th }}$, Oct $16^{\text {th }}$, Nov $6^{\text {th }}$, Nov $27^{\text {th }}$, Dec $18^{\text {th }}$, Jan $15^{\text {th }}$, Feb $5^{\text {th }}$, Feb $26^{\text {th }}$, Mar $18^{\text {th }}$, Apr $15^{\text {th }}$, May $6^{\text {th }}$, May $27^{\text {th }}$

## Menu is subject to change based on availability, snow days, and holidays.

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[^0]:    ${ }^{1}$ This institution is an equal opportunity provider.

