

RSU 49 School Lunch Menu

Albion/Benton/Clinton/Fairfield Primary/LJHS/HS

March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Harvest of the Month is: Maine Protein We will be offering protein in many ways on our salad bars all month!	Salad bar with fresh vegetables and other options will be available daily in all locations EXCEPT FFP.			1 Ham, Egg and Cheese Croissant Hashbrown Steamed Carrot Applesauce
4 Caprese Chicken On WG Bun Potato Wedges Veggie Sticks w/ Homemade Ranch Pears	5 Chop Suey Garlic & Cheese Breadstick Tossed Salad Warmed Apple Slices	6 Hot Dog on WG Bun Potato Wedges Baked Beans Peaches	7 Chicken Lo Mein WG Egg Roll Steamed Vegetable Blend Pineapple	8 Big Daddy Pizza Potato Wedges Steamed Peas Apple Slices
11 Oven Roasted Teryaki Chicken Mashed Potatoes, Biscuit Garlic Green Beans Cranberry Sauce	12 Shephard's Pie Tossed Salad Corn Bread Fruit Salad	13 WG Vegetable Dumplings Asian Fried Rice, Cucumber Salad Steamed Carrots, Roasted Chickpeas Mango	14 BBQ Pulled Pork Macaroni & Cheese WG Roll, Steamed Corn Pineapple	15 Teacher In-Service
18 Korean Beef Bowl... Korean Seasoned Beef Brown Rice, Carrots, Cucumbers Roasted Carrots, Peaches	19 Orange Chicken on Brown Rice WG Egg Roll, Cucumber Salad Steamed Broccoli Mandarin Oranges	20 Breaded Cheese Sticks w/ Marinara Homemade Chicken Soup Steamed Peas Strawberry Shortcake	21 Salisbury Steak W/ Mushroom Gravy Mashed Potato, Biscuit Steamed Corn Fruit Cocktail	22 Personal Pizza on The Good Crust Potato Wedges, Rice Krispie Treat Veggie Sticks w/ Pizza Hummus Apple
25 Chicken and Broccoli Alfredo Rice Steamed Broccoli WG Cracker Orange Wedges	26 Hot Ham and Cheese on WG Bun Potato Wedges Steamed Peas Grapes	27 Pesto Chicken Pasta Soft Pretzel Bites w/ Cheese Sauce Steamed Baby Carrots Banana	28 Beef Kafta, Naan Basmati Rice, Chana Masala Garlic Green Beans w/ Tomato Fresh Melon Blend	29 Creamy Tuscan Chicken on Pasta Cheesy Garlic Bread Tossed Salad Kiwi Wedges

A Low Fat or Skim Milk Variety is Available With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

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