

# **SHAC January Minutes**

**Date:** Wednesday Jan 24, 2024

**Time:** 5:15 pm

**Location:** JH/HS Library

**Facilitator:** Stephanie Vance

- Sign In
  - Meeting started at 5:20
- Reading/Approval of Minutes
  - Minutes approved
- Employee Wellness Event
  - We discussed who has been contacted and who has agreed to participate so far. We will continue to contact local businesses up until the week of the event. We will continue to plan the event over the next three weeks.
- Coordinated School Health Program
  - We discussed the CATCH Health Ed program. We will continue to look further into pricing of the programs and schedule a demo if possible.
- School Wellness Policy Review
  - We read over the current Quitman ISD School Wellness Policy Assessment Tool and discussed whether each section is fully in place or partially in place. Some questions were not applicable to our district at this time.
- Questions/Concerns
  - No questions or concerns
- Executive Session
  - No executive session
- Adjourn
  - Meeting adjourned at 5:48