

October 2023 - Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Ham & Cheese Pockets- (W/G) Potato Wedges Red Bell Pepper Strips Apple Slices	3 Chicken Tetrazzini W/G Garlic Bread Green Beans Salad, Tomatoes Oranges	4 Popcorn Chicken W/G Roll Smiley Fries Broccoli Grapes	5 Yummy Sloppy Joe W/G Bun Roasted Red Potatoes Carrots Pineapple	6 Turkey & Cheese Sub W/G Bun Lettuce, Tomato Sweet Potato Fries Mandarin Oranges
9 No School	10 Chicken Patty W/G Roll Mashed Potatoes & Gravy Corn Mandarin Oranges	11 Lasagna Cheese Stuffed Breadstick (W/G) W/ Marinara Sauce Salad, Carrots Grapes Chocolate chip Cookie	12 Beef & Bean W/G Burrito Chips & Salsa Lettuce, Tomatoes Cucumbers Oranges	13 Pork Rib on W/G Bun Potato Wedges Red Pepper Strips Apples
16 Pizza Salad Green Beans Steamed Carrots Grapes	17 Hamburger on W/G Bun Lettuce, Tomato, pickles Smiley Fries Corn Oranges	18 Chicken Crisпитos(2) Cheese Stick Salad Carrots Apples	19 BBQ Beef on W/G Bun Baked Beans Red Pepper Strips Pineapple Royal Brownie	20 NO SCHOOL
23 Taco Salad Tortilla Chips w/ cheese Sauce, Salsa Red Pepper Strips Beans, Lettuce Apple Salad	24 Chicken & Cheese Wrap W/G Tortilla Spanish Brown Rice Lettuce, Tomato Pears Oatmeal Cookie	25 Spaghetti w/ meat sauce Cheese stuffed Breadstick(WG) Green Beans Salad Oranges	26 Beef & Noodles Mashed Potatoes W/G Roll Carrots Grapes	27 NO SCHOOL
30 Pigs in a Blanket Broccoli & Cheese Tater tots Grapes	31 Popcorn Chicken Muffin Salad Peas Oranges			

-Milk served with all meals. Salad bar available with lunch. Menu subject to change.

