

October 2023

3	4	5	6
Beef Hot Dog on a Bun	Lasagna	Chicken Potstickers	Grilled Cheese
· ·	Garlic Breadstick	Chicken Fried Rice	Tomato Soup
Whole Grain Dinner Roll	Hot Ham & Cheese	Crispy Chicken Sandwich	Cheese Pizza
Variety of Veggies &	Variety of Veggies &	Variety of Veggies &	Variety of Veggies &
Potato Wedges	Roasted Broccoli	Steamed Peas	Assorted Fruit Selection Mixed Vegetables
Milk Choice	Milk Choice	Milk Choice	Milk Choice
10	11	12 HOM Leeks	13
Macaroni & Cheese	Chicken Bacon Ranch Melt	Chicken, Leek Pasta Bake	Chicken Taquito
Beefy Tacos	Crispy Chicken Sandwich	Cheeseburger on a Bun	Firenze Corn Salad Pepperoni Pizza
Salsa			
Variety of Veggies &	Variety of Veggies &	Variety of Veggies &	Variety of Veggies &
Assorted Fruit Selection Roasted Broccoli	Assorted Fruit Selection Mixed Vegetables	Assorted Fruit Selection Green Beans	Assorted Fruit Selection Black Beans
Milk Choice	Milk Choice	Milk Choice	Milk Choice
17	18	19	20
Beef Hot Dog on a Bun	Quesadilla	Pasta with Meat Sauce	French Toast Sticks
Macho Nachos	Sour Cream	Whole Grain Dinner Roll	Sausage Patty Cheese Pizza
Salsa	Chopy Chlorical Carlamon	2ooobargor on a ban	1
Variety of Veggies &	Variety of Veggies &	Variety of Veggies &	Variety of Veggies &
Assorted Fruit Selection Roasted Corn	Assorted Fruit Selection Refried Beans	Assorted Fruit Selection Roasted Broccoli	Assorted Fruit Selection Glazed Carrots
Milk Choice	Milk Choice	Milk Choice	Milk Choice
24 HOM Apple & Pumpkin	25	26 NO SCHOOL!!	27 NO SCHOOL!!
Corn Dog	Salisbury Steak Whole Grain Dinner Roll Crispy Chicken Sandwich		
Chicken Tacos			
Salsa			
Pumpkin Apple Muffin			
	Variety of Veggies & Assorted Fruit Selection		
Black Beans	Mashed Potatoes		
Milk Choice	Milk Choice		
31			
Breakfast Burrito			
Salsa Beefy Nachos			
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Variety of Veggies &			
Variety of Veggies & Assorted Fruit Selection Refried Beans	**Healthy Foods Create for Wealthy Moods**		
	Beef Hot Dog on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Variety of Veggies & Assorted Fruit Selection Potato Wedges Milk Choice 10 Macaroni & Cheese Whole Grain Dinner Roll Beefy Tacos Salsa Variety of Veggies & Assorted Fruit Selection Roasted Broccoli Milk Choice 17 Beef Hot Dog on a Bun Macho Nachos Salsa Variety of Veggies & Assorted Fruit Selection Roasted Corn Milk Choice 24 HOM Apple & Pumpkin Corn Dog Chicken Tacos Salsa Pumpkin Apple Muffin Variety of Veggies & Assorted Fruit Selection Black Beans Milk Choice 31 Breakfast Burrito Salsa	Beef Hot Dog on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Variety of Veggies & Assorted Fruit Selection Potato Wedges Milk Choice 10 Macaroni & Cheese Whole Grain Dinner Roll Beefy Tacos Salsa Variety of Veggies & Assorted Fruit Selection Roasted Broccoli Milk Choice 11 Macaroni & Cheese Whole Grain Dinner Roll Beefy Tacos Salsa Variety of Veggies & Assorted Fruit Selection Roasted Broccoli Milk Choice 17 18 Beef Hot Dog on a Bun Macho Nachos Salsa Variety of Veggies & Assorted Fruit Selection Mixed Vegetables Milk Choice 18 Quesadilla Sour Cream Crispy Chicken Sandwich Variety of Veggies & Assorted Fruit Selection Roasted Fruit Selection Roasted Fruit Selection Roasted Fruit Selection Roasted Corn Milk Choice 24 HOM Apple & Pumpkin Corn Dog Chicken Tacos Salsa Pumpkin Apple Muffin Variety of Veggies & Assorted Fruit Selection Black Beans Milk Choice Variety of Veggies & Assorted Fruit Selection Black Beans Milk Choice Nasorted Fruit Selection Refried Beans Milk Choice Variety of Veggies & Assorted Fruit Selection Mashed Potatoes Milk Choice Nasorted Fruit Selection Mashed Potatoes Milk Choice Milk Choice	Beef Hot Dog on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Variety of Veggies & Assorted Fruit Selection Potato Wedges Milk Choice 10 11 Macaroni & Cheese Whole Grain Dinner Roll Crispy Chicken Sandwich Crispy Chicken Sandwich Ty ariety of Veggies & Assorted Fruit Selection Milk Choice 17 18 Macho Nachos Salsa Variety of Veggies & Assorted Fruit Selection Milk Choice 18 Macho Nachos Salsa Variety of Veggies & Assorted Fruit Selection Milk Choice 19 18 Macho Nachos Salsa Variety of Veggies & Assorted Fruit Selection Roasted Broccoli Milk Choice 19 18 Macho Nachos Salsa Variety of Veggies & Assorted Fruit Selection Roasted Common Milk Choice 19 10 11 18 Macho Nachos Salsa Variety of Veggies & Assorted Fruit Selection Roasted Common Milk Choice 19 25 Salisbury Steak Whole Grain Dinner Roll Crispy Chicken Sandwich Crispy Chicken Sandwich Crispy Chicken Sandwich 25 Salisbury Steak Whole Grain Dinner Roll Crispy Chicken Sandwich Milk Choice 26 NO SCHOOL!! 26 NO SCHOOL!! 27 Salisbury Steak Whole Grain Dinner Roll Crispy Chicken Sandwich Milk Choice Milk Choice

Lunch Reduced Adult Milk \$3.81

\$0.40

\$4.65

\$0.40

Milk choice of 1% White, Skim or Chocolate are included with Lunch.

For questions or comments, contact Dallas Pena at 262-245-6224 or email dpena@williamsbayschool.org



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