

# Dale Street School Lunch Menu



## October 2023

Monday 2nd	Tuesday 3rd	Wednesday 4th	Thursday 5th	Friday 6th
<b>Breakfast for Lunch</b> Dutch Waffle Served with Sausage Links and Hash Brown  Chilled Strawberries Carrots	<b>Cheese Raviolis</b> Mini Cheese Filled Raviolis tossed in Marinara Sauce Served with a Breadstick and Steamed Green Beans  Peaches Corn	<b>Pizza Day!</b> Tony's French Bread Pizza Served with Italian Style Pasta Salad  Applesauce Garden Salad	<b>Crushed Meatball Sub</b> Chicken Meatballs in Red Sauce Topped with Mozzarella Cheese in a Whole Grain Sub Roll Parmesan Seasoned Potato Wedges  Banana Cucumber	<b>Fun Bag Lunch!</b> Ham + Cheese Sub with Sun Chips Mayo and Mustard on the Side Fruity Jell-O Cup  Grapes Bell Peppers
Monday 9th	Tuesday 10th	Wednesday 11th	Thursday 12th	Friday 13th
<b>No School</b> 	<b>Chicken + Cheese Empanada</b> Albie's Chicken + Cheese Empanada Served with Black Bean and Corn Salad Salsa and Sour Cream on the Side  Sliced Pears Black Bean + Corn Salad	<b>Pizza Day!</b> Homemade Cheese or Pepperoni Pizza Served with Caesar Salad  Raisins Snack Pack Cherry Tomatoes with Ranch	<b>Lucky Tray Day!</b> <b>Teriyaki Chicken Rice Bowl</b> All White Meat Diced Chicken Tossed in Teriyaki Sauce Served over Brown Rice with Mixed Vegetables  Pineapple Broccoli Bites	<b>McMedfield Cheeseburger</b> Beef Patty Topped with American Cheese, Lettuce and Tomato Served on a Hamburger Bun Crispy French Fries  Red Delicious Apple Celery Sticks
Monday 16th	Tuesday 17th	Wednesday 18th	Thursday 19th	Friday 20th
<b>Breakfast for Lunch</b> Blueberry Pancakes Served with a Cheddar Omelet and Fruit Cup  Blueberries + Cream Baby Carrots	<b>BBQ Chicken Drumstick</b> Glazed Drumstick with BBQ Sauce Served with Mashed Potatoes and Sweet Yellow Corn  Mixed Fruit Cup Corn	<b>Pizza Day!</b> Anytimer's Pepperoni Pizza Kit Build-Your-Own Pizza Served with Homemade Hummus + Pretzels  Craisins Snack Pack Hummus + Veggies	<b>Beef Burrito</b> Beef and Cheese Burrito in a Whole Wheat Tortilla Served with Salsa and Baked Tostitos on the Side  Fresh Cut Cantaloupe Snow Peas	<b>Soft Pretzel</b> Whole Grain Soft Pretzel Served with Chocolate Hummus Cheese Cubes and Apple Slices  Apple Slices
Monday Oct 23rd	Tuesday Oct 24th	Wednesday Oct 25th	Thursday 26th	Friday Oct 27th
<b>Breakfast for Lunch</b> Sausage, Egg and Cheese on a Croissant Served with a Mini Yogurt Parfait  Mixed Berry Cup Red Bell Pepper Strips	<b>Mozzarella Sticks</b> Whole Grain Breaded Mozzarella Sticks Marinara Sauce Caesar Salad on the Side  Cinnamon Apple Slices Black Bean Dip with Veggies	<b>Pizza Day!</b> Homemade Cheese Pizza or BBQ Chicken Pizza Garden Salad with Italian Dressing  Dried Cherries Garden Salad	<b>Pasta with Meat sauce</b> Whole Grain Pasta Tossed in a Homemade Italian Style Red Sauce made with Beef Served with a Buttery Garlic Knot and Roasted Vegetables  Clementine Zucchini + Summer Squash Rings	<b>Halloween Shaped Bat Nuggets</b> Whole Grain Breaded Chicken Nuggets Served with Spooky Sidewinder French Fries Halloween Themed Pudding Cup  Fresh Strawberries Parsnip

## Daily Options



### Weekly Cold Sandwich Options

Week 1: Caesar Wrap  
Week 3: Turkey & Cheese Roll Up  
Week 4: Ham & Cheese Sub  
Week 5: Caprese Pesto Sandwich

In addition to the Main Meal, 3 other meal options are available daily including:

- 1) Whole Grain Breaded Chicken Patty on a Bun
- 2) Garden Salad with Sunflower Seeds, Pita Bread & Italian Dressing
- 3) Sun Butter & Jelly Uncrustable with String Cheese, Fruit, Vegetable + Milk

### Questions / Comments

Contact the Foodservice Dept. at  
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508-242-8897

[www.MedfieldSchoolFoodService.com](http://www.MedfieldSchoolFoodService.com)