OFFERED DAILY: BREAKFAST: CEREAL, TOAST, FRUIT, JUICE & MILK		October 2023		OFFERED DAILY: LUNCH:VEGGIES, FRUIT, & MILK
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
B: FRENCH TOAST STIX	B: SAUSAGE OR CHICKEN BISCUIT	B: BREAKFAST BAR	B: BREAKFAST TACO OR BURRITO	B: JH/HS YOGURT PARFAIT ELEM: FRENCH TOAST BITES
L: CORN DOGS	L: TACOS, REFRIED BEANS, CORN	L: SPAGHETTI W/ MEAT SAUCE	L: POPCORN CHICKEN	L: GRILLED CHICKEN PATTY SANDWICH
SWEET POTATO FRIES,	CHIPS & SALSA	SALAD, GREEN BEANS	MASHED POTATOES, GRAVY,ROLL	FRENCH FRIES,
GREEN BEANS, FRUIT	FRUIT	BREADSTICK, FRUIT	CARROTS W/ RANCH, FRUIT	BROCCOLI W/RANCH, FRUIT
9	10	11	12	13
B:MUFFIN & YOGURT	B: BISCUIT & SAUSAGE GRAVY	NO SCHOOL	NO SCHOOL	NO SCHOOL
DELI WRAP	L: CHICKEN FAJITAS	FALL BREAK	FALL BREAK	FALL BREAK
SUN CHIPS, TATER TOTS	REFRIED BEANS, CORN, CHIPS & SALSA			
CAULIFLOWER W/RANCH	FRUIT			
FRUIT			_	
16	17	18	19	20
B: FRENCH TOAST STIX	B: SAUSAGE OR CHICKEN BISCUIT	B: BREAKFAST BAR	B: BREAKFAST TACO OR BURRITO	B: JH/HS YOGURT PARFAIT ELEM: PANCAKE W/SAUSAGE LINK
L: CHICKEN STRIPS, MASHED POTATOES	L: NACHOS - BEEF, BROWN RICE	L: MAC & CHEESE, COOKED CARROTS	L: HOT HAMBURGER STEAK W/BR GRAVY	L: CHEESEBURGER
BABY CARROTS W/RANCH, ROLL	MEXICAN BEANS, CORN	BROCCOLI W/RANCH	MASHED POTATOES, GARLIC TOAST	POTATO SMILES
FRUIT	FRUIT	FRUIT	CORN, FRUIT	CUCUMBER SLICES & CELERY
23	24	25	26	27
B:MUFFIN & YOGURT	B: BISCUIT & SAUSAGE GRAVY	B:CINNAMON ROLLS	B: SAUS,EGG&CH BISCUIT	B: DONUT OR DONUT HOLES
L: HOT DOGS	L:BURRITO BOWLS (BEEF,	L: LASAGNA ROLLS	L: BBQ CHICKEN SANDWICH	L: PULLED PORK SANDWICH
FRENCH FRIES, SALAD	RICE, SHREDDED CHEESE) CHILI BEANS	COOKED CARROTS, CAESAR SALAD	BAKED BEANS,SWEET POTATO WEDGES	FRENCH FRIES, PORK n BEANS
FRUIT	CHIPS & SALSA, FRUIT	FRUIT	FRUIT	FRUIT
30	31	Industrial Communication 1	2	3
B: FRENCH TOAST STIX	B: SAUSAGE OR CHICKEN BISCUIT		B: BREAKFAST TACO OR BURRITO	B: JH/HS YOGURT PARFAIT ELEM: PANCAKE W/SAUSAGE LINK
L: PIG IN A BLANKET	L: CHICKEN TACOS,	VIRTUAL DAY	NATIONAL SANDWICH DAY!	L: STUFFED CRUST PIZZA
TATER TOTS	REFRIED BEANS	PLEASE LOG IN TO YOUR GOOGLE ACCOUNT	L:HOT HAM & CHEESE	CORN, SALAD, FRUIT
COOKED CARROTS	CORN, CHIPS & SALSA, FRUIT		SWEET POTATO FRIES	
FRUIT	HAPPY HALLOWEEN!		BROCCOLI W/RANCH, FRUIT	ILAL OPPOPILINITY PROVIDER

Menu subject to change due to availability of products.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER