



School Information: Menu is subject to change.



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows. Fish are friends, not food.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**April Fool's Day
NO SCHOOL**

1

Chicken Nuggets(12g)
Macaroni and Cheese(28g)
Green Beans(4g)
Fruit(18g)
Milk(11g/20g)

2

Pancakes(15g) and
Sausage(0g)
Tri-Tator(12g)
Dragon Juice(14g)
Fruit(18g)
Milk(11g/20g)

3

Baked Potato Bar(37g)
Cheese Sauce(8g)/Diced
Ham(3g)
Steamed Broccoli(6g)
Muffin(25g)
Fruit(18g)
Milk(11g/20g)

4

Toasted Ravioli(21g)
Meat Sauce(10g)
Salad(2g)
Fruit(18g)
Milk(11g/20g)

5

Hamburger on Bun(23g)
Tater Tots(16g)
Peas(21g)
Fruit(18g)
Milk(11g/20g)

8

Au Graten Potatoes w/
Ham(30g)
Bread and Butter(14g)
Corn(53g)
Fruit(18g)
Milk(11g/20g)

9

Breaded Tenderloin(79g)
Potato Wedges(19g)
Steamed Broccoli(6g)
Fruit(18g)
Milk(11g/20g)

10

Nachos Supreme
Spicy Pinto Beans(45g)
Cookie(16g)
Fruit(18g)
Milk(11g/20g)

11

Deli Turkey and
Cheese(19g)
Chips(19g)
Veggie Bowl(1g)
Fruit(18g)
Milk(11g/20g)

12

Corn Dog(56g)
French Fries(18g)
Green Beans(4g)
Fruit(18g)
Milk(11g/20g)

15

Lasagna(15g)
Breadstick(17g)
Salad(2g)
Fruit(18g)
Milk(11g/20g)

16

Chicken Tenders(13g)
Baked Beans(26g)
Tri-Tator(12g)
Fruit(18g)
Milk(11g/20g)

17

Pizza(35g)
Salad(2g)
Pudding(24g)
Fruit(18g)
Milk(11g/20g)

18

Uncrustable(32g)
Cheez-its
Celery Sticks(1g)
Fruit(18g)
Milk(11g/20g)

19

Chicken Alfredo(32g)
Breadstick(17g)
Steamed Carrots(4g)
Fruit(18g)
Milk(11g/20g)

22

Poppin Chicken Bowl(79g)
Corn(included)
Cookie(16g)
Fruit(18g)
Milk(11g/20g)

23

Hot Dog on Bun(30g)
Potato Wedges(19g)
Baked Beans(26g)
Fruit(18g)
Milk(11g/20g)

24

Goulash(35g)
Garlic Bread(17g)
Green Beans(4g)
Fruit(18g)
Milk(11g/20g)

25

Hot Ham and Cheese
Croissant(27g)
Chips(19g)
Steamed Broccoli(6g)
Fruit(18g)
Milk(11g/20g)

26

Chicken Patty on Bun(41g)
Baked Beans(26g)
French Fries(18g)
Fruit(18g)
Milk(11g/20g)

29

Spaghetti(50g)
Garlic Bread(17g)
Corn(53g)
Fruit(18g)
Milk(11g/20g)

30

