

## LARGE FRESH SALAD BAR, FRUIT, NF CHOCOLATE, 1\% WHITE MILK SERVED DAILY <br> "This institution is an equal opportunity provider"

$\sim$ Menu is subject to change~

Breakfast Served Daily Before School @ 7:45

Mon~ Pancakes Sausage Wrap

Tues~ BK Sandwich
Wed~ French Toast
Thur ~ Biscuits \&

## Gravy

## Served Daily

Cereal, Fruit, Juice, Bagels and yogurts

NF Chocolate \& 1\% White Research shows that most babies and young children need to try something new seven to ten times before they like it. So don't be afraid to introduce children to new or more exotic tastes.

A good tactic to get kids to eat a wide variety of foods is to tell them that tasting new things is a sign they're growing up. Or, take them shopping and let them choose a new, healthy food to serve at home with something they already like.

