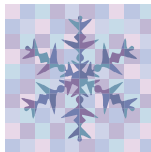


McKenzie

JANUARY



Monday	Tuesday	Wednesday	Thursday
	2 Nacho Bar Tacos	3 <u>Donut Day</u> Baked Potato Bar (Ham, Broccoli & Cheese) Chicken Nuggets Bread Sticks	4 Spaghetti Cheese Burger ----- 5 PIZZA DAY
8 Mac & Cheese Mini Corn Dogs Yum Bowl	9 Nacho Bar Taco Soup w/corn chips	10 Cheese Stuff Manicotti Bread Sticks Chicken Nuggets	11 PIZZA DAY
15 <u>Martin Luther King Jr Day</u> <u>No School</u>	16 Fish & Fries Cheese Burgers & Fries	17 Nacho Bar Cheese Quesadillas	18 Lasagna/Bread Sticks Chicken Nuggets ----- 19 PIZZA DAY
22 Orange Chicken & Rice Yum Bowl	23 Nacho Bar Tacos	24 Spaghetti & Bread Sticks Chicken nugget & Bread Sticks	25 PIZZA DAY
29 Chili & Corn Bread McKenzie Pups	30 Nacho Bar Burritos	31 Chicken Alfredo w/Bread Sticks Chicken Nuggets	



Vegetarian options available daily



Breakfast Served Daily Before School @ 7:45

Mon ~ Pancake and sausage Wrap

Tues ~ Breakfast Sandwich

Wed ~ French Toast

Thur ~ Biscuits & Gravy

Served Daily

Cereal, Fruit, & Juice

NF Chocolate & 1% White Milk

All the vibrant colors in fruit and vegetables come from natural plant chemicals that have healthy effects on our bodies. Different colors have different effects, so it's good to eat a variety of different colors each day.

Offer your kids a colorful snack of different fruits and berries, or chop vegetables into interesting shapes to make them seem more fun and exciting.

LARGE FRESH SALAD BAR, FRUIT, NF CHOCOLATE, 1% WHITE MILK SERVED DAILY

"This institution is an equal opportunity provider"