

2023-2024 BPS COVID-19 PROTOCOLS

Based on CDC guidance
Updated: 9/19/2023

Situation 1 - Sickness

Illness Symptoms:
cough, fever, sore throat,
vomiting or diarrhea

***FEVER=
Temperature
of 100.4° or
greater**

As far as I know, I have **no exposure** to anyone who tested positive for COVID

I was **exposed** to a COVID positive individual

Testing for COVID is encouraged

If **NEGATIVE** and **no fever**, you are encouraged to stay home while exhibiting illness symptoms.

If **NEGATIVE** and you have a **FEVER**, stay home until fever-free for 24 hours without the use of fever reducing medication and your symptoms improve. Contact your healthcare provider, consider testing for flu, rsv.

***IF POSITIVE**, follow the directions for positive COVID cases **Situation 3**

If **NEGATIVE** and no fever, you are encouraged to stay home while exhibiting illness symptoms.

If **NEGATIVE** and you have a **FEVER**, stay home until fever-free for 24 hours without the use of fever reducing medication and your symptoms improve. You may return to work/school and are encouraged to wear a mask for 10 days from the date of exposure which is considered Day Zero. Contact your healthcare provider, consider testing for flu, rsv.

***IF POSITIVE**, follow the directions for positive COVID cases **Situation 3**

Situation 2 - Wellness

I feel fine but was exposed to someone COVID positive

TEST for COVID **five days** after your exposure or sooner if you develop symptoms. Wear a mask for 10 days. Repeat testing is recommended.

If **NEGATIVE**, may attend school/work if feeling well **and** you are encouraged to wear a mask for 10 full days from the date of exposure

***IF POSITIVE**, follow the directions for positive COVID cases **Situation 3**

**Situation 3
Tested positive for COVID**

Contact your private health care provider and discuss antiviral prescription medication.

Students-contact your school nurse
BPS Staff-contact your administrator

Follow CDC guidance:

Isolate and stay home for **5 full days** from Day Zero (onset of symptoms or, if asymptomatic, your test date)
AND
Until you are feeling well, at least 24 hours fever-free and other symptoms significantly improve
Return to school/work on Day 6
Wear a mask for Days 6 to 10