





Columbus High School

Winter Sports Parent Meeting

November 16, 2023



“Discover Something Greater Than Yourself”



WINTER HEAD COACHES

Head Coaches:

Adam Keiswetter

Eric Bice

Scott Schaefer

Joe Krepel

Nathan Sliva

Bob Jaster

Jackie Eickhoff

Kortney Riedmiller

Head Boys Wrestling

Head Girls Wrestling

Head Girls Basketball

Head Boys/Girls Swim/Dive

Head Boys Basketball

Head Boys/Girls Bowling

Head Boys/Girls Unified Bowling

Head Boys/Girls Powerlifting (Club)



Introductions & Agenda

Activities Staff

Tim Kwapnioski, Director of Athletics/Activities

Austin Carmichael, Assistant Athletics/Activities Director

Brooke Hughes, Athletic Trainer

Andrew Spencer, Athletic Trainer

Lamont Braithwait, Sports Booster Club President

Agenda

Activity Handbook Review

Athletic Training Protocol

CHS Sports Booster Club Review

Event Pictures

Individual Sport/Activity Parent Meetings



WordWare - Mr. Austin Carmichael



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Password

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Columbus High School Activity Handbook

- ✓ Please read the CHS Activities Handbook (on CHS website).
- ✓ Physicals/Consent Form should be completed
- ✓ Athletic/Activities Handbook/NSAA/Drug Testing



Columbus High School Activity Handbook Review

Code of Conduct and the district's policies, procedures, and rules.

- ❑ Attendance - day of contest/performance
- ❑ Attendance - day following contest/performance
- ❑ Students in ISS - not permitted to compete/perform
- ❑ 21 Conducts that constitute a possible suspension/restrictions (please be familiar with)
- ❑ Drug/Alcohol/Tobacco violations
- ❑ Academic Standards - two failing grades
- ❑ Passing a minimum of 20 credits the previous semester



Jon Beck

ATHLETES...playing time isn't your decision. It's out of your control. You can control doing what it takes to become a better player/teammate. If you want to play more, then do more. Attack obstacles. Practice more. Perfect your role. Be better! You're the only person responsible for what you control!

Columbus High School Activity Handbook Review

Decisions on team selection, playing time, or position being played are the responsibility of the individual coach, the coaching staff, or sponsor of the activity.



Columbus High School Activity Handbook Review

Parents/Guardians - The right to know expectations placed on them and their children. If a coach has a concern, they will share it at the appropriate time/place.

Coaches - The right to know if parents have a concern and that they will discuss it with the coach at the appropriate time/place.

Appropriate concerns to discuss with coaches:

- ☐ Treatment of your child
- ☐ Ways to help your child improve
- ☐ Concerns about behaviors (practice, school, during contests, bus trips)
- ☐ Injuries

Not Open For Discussion - Playing Time, Strategy, other athletes



Columbus High School Activity Handbook Review

If you want to meet with a coach...

- ☐ Set up an appointment and inform the coach/sponsor what you would like to discuss.

What should a parent do if the meeting with the coach/sponsor did not provide a satisfactory resolution?

- ☐ Set up an appointment with the Director of Athletics/Activities, share concerns
- ☐ Potential meeting w/ Director of Activities, coach, parent, and, athlete



Unpopular Opinion

One of the most damaging habits a parent can form is to engage in or allow frequent negative conversations with their kid about other players on the team, the coaches, refs.... This teaches them it's ok to focus on, judge, and compare with everyone else. This destroys their mental game on and off the field. It may feel like bonding, it may feel like building their confidence, but as it becomes a habit it comes at a terrible price.

This is not support...

“How much did you play today? What? Well, how much did so and so play? Are you kidding me? They aren’t even good. Did the coach talk to them more? I knew it, their parents donate money! Who got recruited? That’s cray, you’re ten times better than them. They told the team they got recruited? Their just bragging, they’ll be off the team in a week from partying...”

Columbus High School Activity Handbook Review

Team/Group members are to travel to and from out-of-town events as a unit.

- ❑ A student may be allowed to ride (with a parent) with a signed note/email from a parent/guardian. The note/email (from parent/guardian) should be received by the Activities Office 24 hours before the event.



Columbus High School Activity Handbook Review

Drug Testing

- ❑ Students who participate in school sponsored competitive extracurricular activities are subject to random drug testing.
- ❑ Screening for the 2023-2024 school year started in September and runs through May
- ❑ This includes all CO-OP athletes
- ❑ Enforced as a 12-month policy



Columbus High School Activity Handbook Review

Winter Cooperative Sports

- ❑ Swim/Dive

Co-op policy is in the Activity Handbook

- ❑ \$35 C-Stamp - for ALL athletes - can be paid at CHS - good for admission to all CHS home events.
- ❑ \$275 for Scotus/Lakeview athletes who live outside of CPS boundaries.
This fee, along with the C-Stamp fee, will be charged once final rosters are in place (Policy #506.015 and #506.015R)



Representing CHS at Contests

- ❑ CHS activities are crucial to the education students receive at CHS.
- ❑ “The other half of education”
- ❑ Life/Behavior lessons

- ❑ Parents are an integral part of the process.
 - ➔ Display proper behavior
 - ➔ Cheer for CHS athletes
 - ➔ Parents are representatives of CHS at events
 - ➔ Appropriate conversations w/ your child (culture of teams start in the home)



Mandy Green

“Culture doesn’t change when a coach tells a player or parent he/she is mistaken. IT changes when players or parents tell other players/parents: No that’s not how we do things here.”

Nebraska Schools Activities Association NSAA

- ❑ www.nsaahome.org
- ❑ NSAA - governing body over all high school sports/activities.
- ❑ State/District Contests
- ❑ Rules for each NSAA Sport
- ❑ Athletic Eligibility



Activity Passes

- ❑ All Season Pass - \$100
- ❑ Student Pass - \$35 (“C” Stamp)
- ❑ Punch Pass - 10 events - \$50

2023-2024 Admission Costs: \$7 Adults
\$5 Students





Rob Marshall/Brooke Hughes

Columbus Community Hospital

Brooke
(402) 276-5037

Andrew
(308) 850-7766



Columbus Sports Booster Club

“Helping to build tomorrow’s leaders today, in the classroom, and on the field”

Lamont Braithwait - CHS Sports Booster President

- ❑ 28 years in existence
- ❑ Has donated more than \$900,000+ to CHS athletic projects and programs over the years
- ❑ Relies on Corporate and Family memberships, advertising and fundraising events
- ❑ Provides team support to approx. 700-800 CHS athletes



Columbus Sports Booster Club

“Helping to build tomorrow’s leaders today, in the classroom and on the field”

- ❑ Supports: VB, CC, Softball, Tennis, FB, BB, Wrestling, Swimming, Soccer, BSB, Track, Golf, Cheerleading, and Diamond Dancers
- ❑ Funds: Discretionary Student Support (\$12.00 per student), Fall/Winter/Spring Programs, Equipment, Spirit/Publicity, Variety of Projects and Purchases

Membership

- ❑ Open to anyone - multiple sponsorship levels - \$25-\$150
- ❑ Booster Club Golf Tournament - August 3, 2024
- ❑ CHS Foundation Partners w/ CHS Activities & Sports Booster
- ❑ CHS Spirit Signs (\$25)



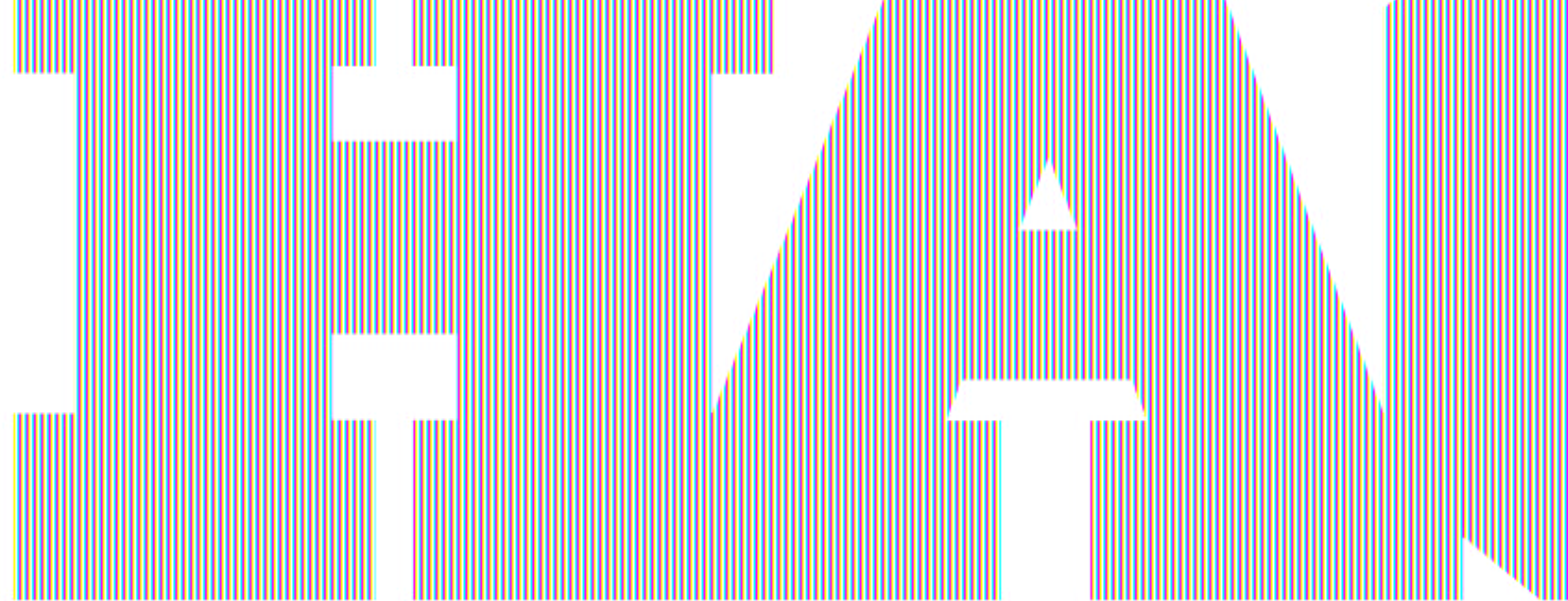


Columbus Sports Booster Club

Facebook: Columbus Discoverers Sports Boosters

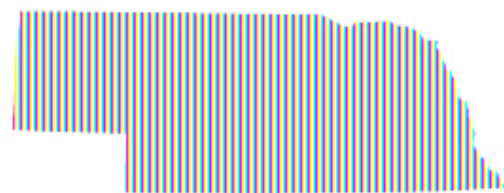
**Twitter: @DiscovererBoost
@tkwapnioski**





H.A.A.

HEARTLAND ATHLETIC CONFERENCE



Activity Pictures

CPS photographers will again be taking pictures of students who participate in activities.

- Questions? Contact Nicole Anderson at andersonn@discoverers.org or 402-563-7100

November 22: MEDIA DAY/TEAM PICS/SENIOR SPORTS PICTURE (cover of program)

Senior Picture - 7:45 AM @CHS Gym

Media Day and Team Pictures - Starts at 8 AM



Winter Activity Breakout Session Locations

Boys Basketball

Concert Hall

Boys/Girls Wrestling

Cafeteria (south end)

Boys/Girls Swim and Dive

F171 (Mr. Pedersen)

Girls Basketball

F173 (Coach Bill's Classroom)

Boys/Girls Bowling Bowling

Counseling Classroom

Powerlifting

IMC

