Menus

School: Unity West Academic Year: 2023-24

Meal: All

Month: January 2024

Month: January 2024				
January				
М	Tu	W	Th	F
1	2	3	4	5
		Breakfast:	Breakfast:	Breakfast:
		Cereal or	Cereal or	Cereal or
		French Toast	Breakfast Pizza	Muffin
		Fruit	Fruit	Fruit
		Juice Milk	Juice Milk	Juice Milk
		Filik	THIR	PHIK
		Lunch:	Lunch:	Lunch:
		Mini Corn Dogs	Hamburger/Bun	Cheese Quesadilla
		Tater Tots Pears	Carrots Applesauce	Salad Oranges
		Milk	Milk	Milk
8	9	10	11	12
Breakfast:	Breakfast:	Breakfast:	Breakfast: Cereal or	Breakfast: Cereal or
Cereal or Pancake on stick	Cereal or Danish	Cereal or Waffles	Biscuit/Gravy	Glazed Donut
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Pasta/Meat Sauce	Chicken Patty/Bun	Chicken Alfredo	Chicken Nuggets	Pizza
Corn	Mashed Potatoes	Green Beans	Green Beans	Salad
Mandarin Oranges	Pears	Peaches	Fruit Cocktail	Oranges
Milk 15	Milk 16	Milk	Milk	Milk
15	10	17	16	19
	Breakfast:	Breakfast:	Breakfast:	Breakfast:
	Cereal or	Cereal or	Cereal or	Cereal or
	Cheese Omelet Toast	French Toast Fruit	Breakfast Pizza Fruit	Muffin Fruit
	Fruit	Juice	Juice	Juice
	Juice	Milk	Milk	Milk
	Milk	Lunch:	Lunch:	Lunch:
	Lunch:	Mini Corn Dogs	Sausage/Egg/Cheese	Cheese Quesadilla
	Cheese Ravioli	Green Beans	Biscuit	Salad
	Carrots	Fruit	Hashbrown	Oranges
	Peaches	Milk	Banana	Milk
22	Milk 23	24	Milk 25	26
22	23	24	23	20
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal or Pancake on stick	Cereal or Danish	Cereal or Waffles	Cereal or Biscuit/Gravy	Cereal or Glazed Donut
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Chicken Patty/Bun	Corn Dog	Sliced Turkey/Bun	Taco Meat/Fritos	Pizza
Green Beans	Corn	Chips	Lettuce	Salad
Pineapple Milk	Fruit Cocktail Milk	Carrot Sticks Apple Slices	Cheese Applesauce	Oranges Milk
LIIIK	PHIK	Milk	Milk	1.IIIK
29	30	31	1	2
Breakfast:	Breakfast:	Breakfast:		
Cereal or	Cereal or	Cereal or		
Bagel & Cream Cheese	Cheese Omelet	French Toast		
Fruit Juice	Toast Fruit	Fruit Juice		
Milk	Juice	Milk		
	Milk			
Lunch:		Lunch:		

Bosco Stick/Marinara Carrots Apple Slices Milk

Lunch: Chicken/Dumplings Mashed Potatoes Fruit Cocktail Milk Chicken Drumstick Mashed Potatoes Peaches Bread/Butter Milk