Menus

School: Unity West
Meal: All
Month: November 2023

| November |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| M | Tu | W | Th | F |
| 30 | 31 | 1 | 2 | 3 |
| Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| Cereal or | Cereal or | Cereal or | Cereal or | Cereal or |
| Pancake on a stick | Sausage/egg/cheese biscuit | Waffles | Breakfast Pizza | Muffin |
| fruit | fruit | Fruit | Fruit | Fruit |
| milk | milk | Milk | Milk | Milk |
| juice | juice | Juice | Juice | Juice |
| Lunch: | Lunch: | Lunch: | Lunch: | Lunch: |
| Rib Patty/Bun | Bosco Sticks | Chicken Patty Sandwich | Corn Dog | Cheese Quesadilla |
| Broccoli | Marinara | Mashed Potatoes | Corn | Salad |
| Applesauce | Carrots | Pineapple | Fruit Cocktail | Oranges |
| Chips | Fruit Cocktail | Milk | Milk | Milk |
| Milk | Milk |  |  |  |
| 6 | 7 | 8 | 9 | 10 |
| Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| Cereal or | Cereal or | Cereal or | Cereal or | Cereal or |
| Bagel/Cream Cheese | Cheese Omelet | French Toast | Biscuits/Gravy | Glazed Donut |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Milk | Milk | Milk | Milk | Milk |
| Juice | Juice | Juice | Juice | Juice |
| Lunch: | Lunch: | Lunch: | Lunch: | Lunch: |
| Taco Meat | Cheeseburger/Bun | BBQ Pork/Bun | Chicken Nuggets | Pizza |
| Lettuce | Baked Beans | Potato Salad | Green Beans | Salad |
| Cheese | Pears | Applesauce | Fruit Cocktail | Oranges |
| Fritos | Milk | Milk | Milk | Milk |
| Applesauce Milk |  |  |  |  |
| 13 | 14 | 15 | 16 | 17 |
| Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| Cereal or | Cereal or | Cereal or | Cereal or | Cereal or |
| Pancake on a stick | Sausage/egg/cheese Biscuit | Waffles | Breakfast Pizza | Muffin |
| fruit | Fruit | Fruit | Fruit | Fruit |
| milk | Milk | Milk | Milk | Milk |
| juice | Juice | Juice | Juice | Juice |
| Lunch: | Lunch: | Lunch: | Lunch: | Lunch: |
| Sloppy Joes/Bun | Pasta/Meat Sauce | Mini Corn Dogs | Fish Shapes | Cheese Quesadilla |
| Carrots | Corn | Green Beans | Tater Tots | Salad |
| Pears | Mandarin Oranges | Fruit | Pineapple | Oranges |
| Chips <br> Milk | Milk | Milk | Milk | Milk |
| 20 | 21 | 22 | 23 | 24 |
| Breakfast: | Breakfast: |  |  |  |
| Cereal or | Cereal or |  |  |  |
| Bagel/Cream Cheese | Cheese Omelet |  |  |  |
| Fruit | Fruit |  |  |  |
| Milk | Milk |  |  |  |
| Juice | Juice |  |  |  |
| Lunch: | Lunch: |  |  |  |
| Chicken Patty Sandwich | Corn Dog |  |  |  |
| Green Beans | Corn |  |  |  |
| Pineapple | Fruit Cocktail |  |  |  |
| Milk | Milk |  |  |  |
| 27 | 28 | 29 | 30 | 1 |
| Breakfast: | Breakfast: | Breakfast: | Breakfast: |  |
| Cereal or | Cereal or | Cereal or | Cereal or |  |
| Pancake on a stick | Sausage/egg/cheese Biscuit | Waffles | Breakfast Pizza |  |
| fruit | Fruit | Fruit | Fruit |  |
| milk | Milk | Milk | Milk |  |
| juice | Juice | Juice | Juice |  |


|  |  |  |  |
| :--- | :--- | :--- | :--- |
| Lunch: | Lunch: | Lunch: | Lunch: |
| Rib Patty/Bun | Bosco Stick | Chicken Strips | Chicken Alfredo |
| Broccoli | Marinara | Mashed Potatoes | Corn |
| Applesauce | Carrots | Peaches | Applesauce |
| Chips | Fruit Cocktail | Milk | Milk |
| Milk | Milk |  |  |

