Menus

School: Unity West **Academic Year:** 2023-24

Meal: All

November				
М	Tu	w	Th	F
30	31	1	2	3
Breakfast: Cereal or	Breakfast:	Breakfast: Cereal or	Breakfast: Cereal or	Breakfast: Cereal or
Pancake on a stick	Cereal or Sausage/egg/cheese biscuit	Waffles	Breakfast Pizza	Muffin
ruit	fruit	Fruit	Fruit	Fruit
milk Juice	milk juice	Milk Juice	Milk Juice	Milk Juice
uice	Juice	Juice	Juice	Juice
L unch: Rib Patty/Bun	Lunch: Bosco Sticks	Lunch: Chicken Patty Sandwich	Lunch: Corn Dog	Lunch: Cheese Quesadilla
Broccoli	Marinara	Mashed Potatoes	Corn	Salad
Applesauce	Carrots	Pineapple	Fruit Cocktail	Oranges
Chips	Fruit Cocktail	Milk	Milk	Milk
Milk	Milk			
5	7	8	9	10
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal or	Cereal or	Cereal or	Cereal or	Cereal or
Bagel/Cream Cheese	Cheese Omelet	French Toast	Biscuits/Gravy	Glazed Donut
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
luice	Juice	Juice	Juice	Juice
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Taco Meat	Cheeseburger/Bun	BBQ Pork/Bun	Chicken Nuggets	Pizza
_ettuce	Baked Beans	Potato Salad	Green Beans	Salad
Cheese	Pears	Applesauce	Fruit Cocktail	Oranges
Fritos	Milk	Milk	Milk	Milk
Applesauce				
Milk 13	14	15	16	17
13	14			17
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal or	Cereal or	Cereal or	Cereal or	Cereal or
Pancake on a stick	Sausage/egg/cheese Biscuit	Waffles	Breakfast Pizza	Muffin
ruit	Fruit	Fruit	Fruit	Fruit
nilk	Milk	Milk	Milk	Milk
uice	Juice	Juice	Juice	Juice
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Sloppy Joes/Bun	Pasta/Meat Sauce	Mini Corn Dogs	Fish Shapes	Cheese Quesadilla
Carrots	Corn	Green Beans	Tater Tots	Salad
Pears	Mandarin Oranges	Fruit	Pineapple	Oranges
Chips Milk	Milk	Milk	Milk	Milk
20	21	22	23	24
Breakfast:	Breakfast:			
Cereal or	Cereal or			
Bagel/Cream Cheese	Cheese Omelet			
ruit	Fruit			
Milk	Milk			
uice	Juice			
Lunch:	Lunch:			
Chicken Patty Sandwich				
Green Beans	Corn			
Pineapple	Fruit Cocktail			
4ilk	Milk	20	20	
27	28	29	30	1
Breakfast:	Breakfast:	Breakfast:	Breakfast:	
Cereal or	Cereal or	Cereal or Waffles	Cereal or	
Pancake on a stick	Sausage/egg/cheese Biscuit Fruit	warries Fruit	Breakfast Pizza Fruit	
ruit			I I UIL	
milk	Milk	Milk	Milk	

Lunch: Rib Patty/Bun Broccoli Applesauce Chips Milk Lunch: Bosco Stick Marinara Carrots Fruit Cocktail Milk **Lunch:** Chicken Strips Mashed Potatoes Peaches Milk **Lunch:** Chicken Alfredo Corn Applesauce Milk