Menus

School: Unity West Academic Year: 2023-24

Meal: All

Month: October 2023

Month: October 2023								
October								
M	Tu	W	Th	F				
Breakfast: Cereal or Pancake on a stick fruit milk juice Lunch: Taco Meat Lettuce Cheese Applesauce	Breakfast: Cereal or Sausage/egg/cheese biscuit fruit milk juice Lunch: Chicken Strips Mashed Potatoes Peaches Milk	Breakfast: Cereal or Waffles Fruit Milk Juice Lunch: Ham/Cheese Sandwich Carrots Apple Slices Chips Milk	Breakfast: Cereal or Breakfast Pizza Fruit Milk Juice Lunch: Pasta/Meat Sauce Corn Fruit Cocktail Milk	6				
Fritos Milk								
9	10	11	12	13				
	Breakfast: Cereal or Cheese Omelet Fruit Milk Juice Lunch: Cheeseburger Baked Beans Pears Milk	Breakfast: Cereal or French Toast Fruit Milk Juice Lunch: BBQ Pork/Bun Potato Salad Applesauce Milk	Breakfast: Cereal or Biscuits/Gravy Fruit Milk Juice Lunch: Chicken Nuggets Green Beans Fruit Cocktail Milk	Breakfast: Cereal or Glazed Donut Fruit Milk Juice Lunch: Pizza Salad Oranges Milk				
16	17	18	19	20				
Breakfast: Cereal or Pancake on a stick fruit milk juice Lunch: Grilled Chicken/Bun Baked Beans Pears Milk	Breakfast: Cereal or Sausage/egg/cheese biscuit fruit milk juice Lunch: Mini Corn Dogs Tater Tots Fruit Milk	Breakfast: Cereal or Waffles Fruit Milk Juice Lunch: Chicken Alfredo Cooked Broccoli Applesauce Milk	Breakfast: Cereal or Breakfast Pizza Fruit Milk Juice Lunch: Breakfast Only Early Dismissal 11:15					
23	24	25	26	27				
Breakfast: Cereal or Bagel/cream cheese Fruit milk juice Lunch: Chicken Patty Sandwich Green Beans Pineapple Milk	Breakfast: Cereal or Cheese Omelet Fruit Milk Juice Lunch: Corn Dog Cooked Broccoli Fruit Cocktail Milk	Breakfast: Cereal or French Toast Fruit Milk Juice Lunch: Turkey/Cheese Baby Carrots Apple Slices Chips	Breakfast: Cereal or Biscuits/Gravy Fruit Milk Juice Lunch: Cheeseburger Baked Beans Pears Milk	Breakfast: Cereal or Glazed Donut Fruit Milk Juice Lunch: Pizza Salad Oranges Milk				
		Milk						
Breakfast: Cereal or Pancake on a stick fruit milk	Breakfast: Cereal or Sausage/egg/cheese biscuit fruit milk	1	2	3				

juice	juice		
Lunch:	Lunch:		
Rib Patty/Bun	Bosco Sticks		
Broccoli	Marinara		
Applesauce	Carrots		
Chips	Fruit Cocktail		
Milk	Milk		