

Sanford School Department

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Individual Health Care Plan (IHCP) for Allergies, Asthma, Diabetes and/or Seizures

CONFIDENTIAL

You indicated on the school's annual health record that your child had an allergy, asthma, diabetes and/or seizures. This plan will identify your student's medical needs and precautions to be taken in emergency.

Individual Health Care Plan (IHCP) for (student) _____

Allergen(s)/Asthma/Diabetes/Seizures: _____

GOAL: Prevent allergic reactions, asthma attacks, diabetic crisis and/or seizures from occurring and ensure student's safety at school.

PROBLEM: _____
 (Describe type of reaction: i.e., risk for anaphylaxis, hives, asthma attack, diabetic crisis, type of seizure)

PRECAUTIONS TO BE TAKEN: See Below

Parent/Guardian Questionnaire	Yes	No	N/A
1. My child will have medication(s) available at school for their allergy/asthma/diabetes/seizures. List medication used at home and/or at school specific to above: _____ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. My child's EpiPen(s), Inhaler, Insulin, Seizure Meds will be kept:			
a. In the nurse's office.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. In my child's possession.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. In both the nurse's office and in my child's possession.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. If my child is responsible for their own medication it will be kept with my child at all times. <div style="text-align: right;">Parent/Guardian Initials _____</div>			

Parent/Guardian Responsibilities

- Inform teachers and nurse of my child's allergies/asthma/diabetes/seizures prior to the beginning of the school year or as soon as possible after a diagnosis.
- Complete and return the Emergency Action Plan (Allergy Action Plan, Asthma Action Plan, Seizure Action Plan and/or Insulin Road Map) to nurse.
- Provide the school with up-to-date medications as needed.

CONTINUED ON BACK

Parent/Guardian Responsibilities (continued)

- Periodically teach and review with my child the following:
 - To recognize the first symptoms of an allergic/anaphylactic/diabetic/seizure.
 - To communicate as soon as they feel a reaction is starting.
 - To carry their own EpiPen/inhaler/insulin when appropriate (class, lunch, field trips, sports).
- Will notify extracurricular/club advisors of participating students health condition.
- If student takes a bus and/or attends after school activities, will notify bus driver/staff member/coach of condition and emergency meds. Will provide them with Emergency Action Plan. Will inform them to call 911 if a properly trained person is not there to administer medication.

Student Responsibilities

- Recognize the first symptoms of an allergic/anaphylactic reaction, asthma attack, blood sugar crisis, seizure.
- Know where their emergency meds are kept.
- Inform an adult as soon as accidental exposure or symptoms appear.
- Carry own emergency meds when and if appropriate.
- If food allergy, will wash hands before and after eating and avoid sharing or trading snacks/lunch.

School Nurse Responsibilities

- Educate all staff that interacts with students about allergy, asthma, diabetic and seizure signs and symptoms.
- Educate staff on steps required to implement the Emergency Action Plan. Review emergency procedures with teacher(s) prior to field trips as needed.
- Develop a plan for access to emergency medication when developing plans for fire drills, lockdowns, etc.
- Keep a copy of the student's Emergency Action Plan and IHCP in nurse's office as well as provide to teachers a flag on Infinite Campus to notify them.
- Provide annual training to staff on proper use of emergency meds.

Teacher Responsibilities

- Monitor Infinite Campus Health Conditions to be aware of which students have medical needs and follow the instructions/accommodations listed.
- Will encourage students to wash their hands upon arrival to school and before and after lunch.
- A student with a suspected allergic reaction, asthma attack, diabetic crisis, or seizure will be accompanied to the health office or the nurse will be called to the location.
- List students who have an Emergency Action Plan and/or IHCP in the classroom sub folder with instructions to send to nurse if needed.
- Inform parents of the student in advance of any in-class/in-school events where food or allergens will be present.
- Notify parents when food or products are used for class projects or science experiments and develop plans to prevent exposure.
- Plan for the following on field trips:
 - Review Health Conditions and instructions/accommodations before the field trip.
 - Notify school nurse of field trip with list of students attending minimum of 24 hours before trip.
 - Carry a cell phone to call nurse/911 if needed.
- Follow District procedures for medication administration and emergency situation management including contacting of 911 if necessary.

Principal Responsibilities

- Provide walkie-talkies/cell phones to playground and PE staff.
- Delegate proper cleaning of the lunchroom and designated food areas to prevent allergen exposure.

The Individual Health Care Plan has been reviewed and signed by:

Parent/Guardian Signature

Date

School Nurse Signature

Date