

SANFORD SPOTLIGHT

Sanford High School Marching Band Finals



Congratulations to the Sanford High School Marching Band on their 5-star Gold Medal performance at the Maine Band Directors Association (MBDA) State Marching Band Finals at Alumni Stadium on Saturday, November 4th. Sanford's show was "The Toxic City," performing songs with Toxic themes, which included Industrial Loops by Brian Balmages and Radiotoxic, featuring selections from Radioactive by Imagine Dragons and Toxic by Britney Spears.

They concluded their performance with The Other Side of Paradise by Glass Animals. The Sanford Music Boosters would like to thank all the volunteers who made hosting the finals successful. Hailey Francoeur is the Director of Bands at Sanford High School. Terry White arranged the music, Bryan MacDonald is the Assistant Director and Visual Designer. If you missed their performance on Saturday, you can watch it on WSSRTV's YouTube page [here](#).

JMG's Haunted Woods



Sanford Middle School's JMG Program held its annual Haunted Woods event on Wednesday, November 1st. The event is student-led and organized, with JMG teacher Tara Houle as their guide. The event began in 2012 when students needed to raise funds to attend a volunteering trip they wanted to go to.

The students thought of the idea of a Haunted Walk, and after navigating red tape and a presentation to the school committee, the event was born.

Read more [here](#)

Weather At Your School Visits Carl J. Lamb



In case you missed it, WMTW Meteorologist Ted McNerney visited Carl J. Lamb for Weather At Your School on Wednesday, October 25th.

Students arrived around 6 a.m. to be included in his weather broadcast. Check out the video of the broadcast on WMTW's website [here](#).

Red Ribbon Week



Every year, communities across the United States join together during the last week of October to observe Red Ribbon Week. This event serves as a symbol of unity and commitment to combating substance abuse and its effects on individuals, families, and communities.

Sanford Middle School and High School participated in Red Ribbon Week, offering various activities, resources, and opportunities for students to engage in promoting a drug-free lifestyle.

Read more [here](#)

Kiwanis Donates to SRTC's Building Trades Program



Kiwanis in Sanford made a donation to the SRTC Building Trades Program, recognizing the program's dedication to revitalizing Cobb Stadium.

Kiwanis took the initiative to organize a comprehensive effort aimed at revitalizing Cobb Stadium.

They scheduled four days of work to be carried out by their members and the SRTC Building Trades Program. The specific task was to strip and reside the existing storage garage situated in the lower back corner of Cobb.

Read more [here](#)

Sights Around Our Schools

Margaret Chase Smith



Mrs. Abell's first grade class learned that shadows can move because the sun's position in the sky changes during science. They experimented with making a gnomes shadow move. Click [here](#) for the school's newsletter.

Carl J. Lamb



Carl J. Lamb had its Veterans Day Celebration. It included performances from all grades, artistic exhibitions, and more. Veterans also visited classrooms to talk about their service. Click [here](#) for the school's newsletter.

Sanford Middle School



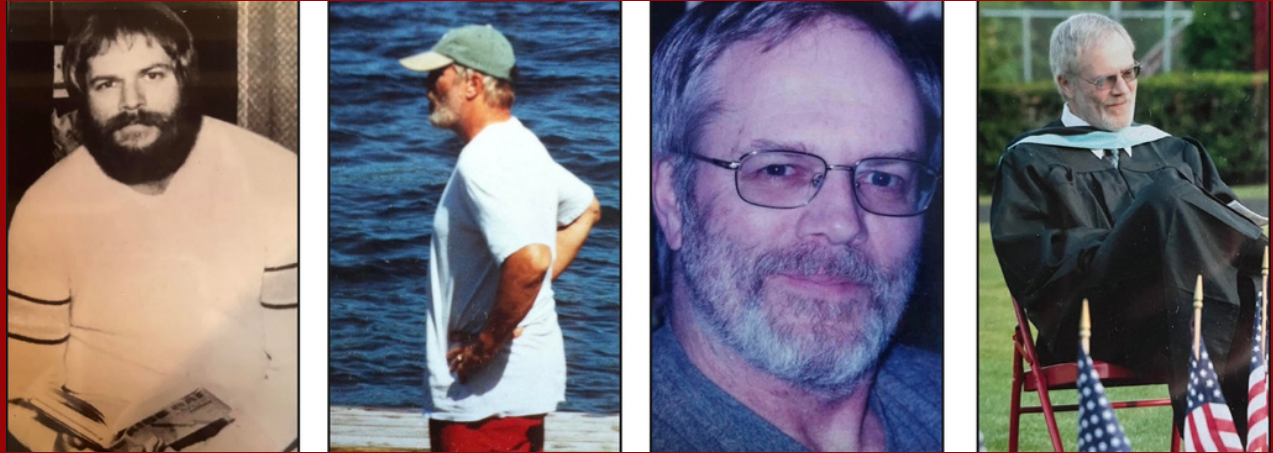
8th Grade Peer Leaders planted tulip bulbs in front of the school as part of a mental health awareness campaign called The Yellow Tulip Project. Student Gianna Garneau brought the idea to Mrs. Avery last spring. Click [here](#) for the school's newsletter.

Sanford Pride



Sanford Pride and the School Counseling Department hosted a parenting event on Thursday, November 2nd, and it was a big success. The event offered different techniques for dealing with different behaviors. Click [here](#) for the school's newsletter.

Sanford Schools Legacy Foundation: Helping kids find their worth



Bill Ferguson's teaching legacy lives on in dedicated classrooms

Sitting on the desk in front of his English class, Mr. Ferguson would look out over a sea of blank stares. As he would weave personal stories into the lesson, he would literally watch faces light up throughout the room.

“He didn’t teach out of a book; he taught out of his mind, and his heart,” said his wife of 42 years,

Laurie Ferguson. “He wasn’t just putting in the hours, he wanted kids to be the best they could be.”

For 37 years as an English teacher at Sanford High School, Ferguson was known for his love of Ernest Hemingway and a red pen.

“He would put a big red X through entire paragraphs. You would think the kids would be devastated,” recalled English teaching colleague Lauren

Sonneborn. “But he managed to get his students to embrace it and instill in them a growth mindset. Kids very quickly got over themselves.”

Since retired, Bill Ferguson, 75, of Springvale died June 23, 2023. In his memory, thanks to donations from friends and family to the Sanford Schools Legacy Foundation, two classrooms and a library conference room will be named for the high school Honors English teacher; his old classroom that has since become Sanford Middle School, an English classroom at the new high school, and a literary conference room in the SHS library.

This dedication honors Ferg’s tremendous sense of humor in the classroom. Through the years, Ferg kept a folder of students’ “best” bloopers – typos, mistaken words, phrases and memorable mishaps in student assignments.

Read more [here](#)

SRTC Program Highlight

We are highlighting all of the programs at Sanford Regional Technical Center. Read more about the Cosmetology Program below.

SANFORD REGIONAL TECHNICAL CENTER



COSMETOLOGY

Beginning with basic theory and advancing to practical skills, students explore hair, skin, and nail applications. Students will practice their craft in a live salon environment where they will be responsible for day to day business operations and inventory control systems. Professional ethics are a vital expectation of the program.

Areas of Focus

- Hair sculpture, color and design
- Long hair design
- Trichology
- Skin Care and procedures
- Nail Care and procedures
- Texture design
- Sanitation and disinfection
- Infection control



Licensing and Partnerships

- Earn approximately 650 hours of the 1500 hours needed for a Maine Cosmetology License
- Beauty School Partnerships with
 - Spa-Tech
 - Empire Education Group
 - Paul Mitchell Systems
 - Empire Beauty Schools of New Hampshire



Brittany Eaton - Instructor

207-324-2942
www.sanford.org/o/sanfordregional-technical-center

What are the main objectives of the program?

To give students a head start on their Beauty School hours while learning key aspects of the Cosmetology curriculum that the State Board of Barbering, Cosmetology, and Esthetics mandates. In Maine and New Hampshire, an individual must receive 1,500 clock hours of instruction and hands-on learning before they can take the State-level licensure exam to become a professional within the industry.

Read more [here](#)

The SpartanTimes

The Spartan Times is the high school's online newspaper. The writing staff is composed of reporters in grades 9-12 who are enrolled in or have completed the CCP Journalism Elective course or the School Newspaper Enrichment class.



On Sunday, Oct. 29, the annual Powder Puff Football Game was held at Alumni Stadium.

In this competition, girls from the junior and senior classes compete in a flag football game and junior and senior boys cheer them on. The Senior girls defeated the Juniors 25-6.

Read more [here](#)

Employee Spotlight

The Sanford School Department is spotlighting employees at all of our schools. If you know an employee who you feel should be highlighted, please email Sam Bonsey at sbonsey@sanford.org. This spotlight is on Danielle Goad, who is a 3rd Grade Teacher at Margaret Chase Smith.



How long have you worked in the Sanford School Department?

This is my 11th year in the Sanford School Department.

What's your favorite part about working in Sanford?

Sanford is such a student-centered community. It's wonderful to see so many opportunities for ALL students to shine.

Read more [here](#)

What Parents and Students Need to Know About Vaping



Vaping among students has become a pressing issue in many schools, and the Sanford School Department has taken proactive measures to tackle this concern head-on.

During the 2022-2023 school year, there were over 100 vaping violations at Sanford High School and Middle School combined.

Last spring, the department established a committee comprised of school administration, counselors, outreach staff, health teachers, representatives from Southern Maine Health Care, and the school committee.

Read more [here](#)

Announcements



The Sanford School Department is hiring! Scan the QR code on the left to check out all of our openings.




Click this [link](#) for a list of announcements in the Sanford Community.

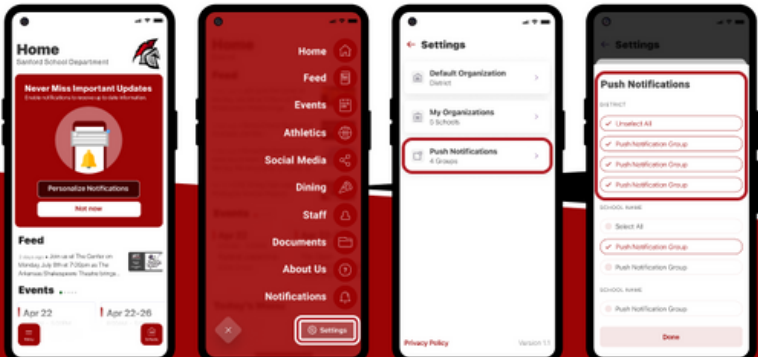


Do you have a story idea that you think should be in a future newsletter? We want to hear from you! Contact Communications Coordinator Sam Bonsey at sbonsey@sanford.org.

Download the Sanford Spartan App!

Don't miss any updates from Sanford! 

1. Search **Sanford School Department, ME** in your phone's app store and download the app
2. Select **'Personalize Notifications'** when prompted on initial download to ensure you receive notifications
3. Open the app and navigate to the bottom menu then tap **'SETTINGS'**
4. Access Push Notifications to select preferred group(s)



Main Street Memo



A Sanford tree was named state champion, Extra Mile Day Proclamation, a safe street grant and much more is included in the latest Main Street Memo. Click [here](#) to read it.

Additional links to stay up to date with the Sanford Community

- [City of Sanford](#)
- [WSSR-TV](#)
- [Sanford Athletics Instagram](#)
- [Spartan Times Online Newspaper](#)
- [Sanford Springvale News](#)